

AGOGE NEW IDENTITY TEMPLATE

Ideal Version of Yourself 3-6 Months From Now

Power Phrases (2-3)

- I am Nika Tatikishvili and I smile in the face of a challenge
- I am Nika Tatikishvili and there is nothing I'm not able to overcome
- I am Nika Tatikishvili and there is no difficulty that I'm scared of
- I am Nika Tatikishvili and what someone else can do I can do better
- I am Nika Tatikishvili and I can do hard things
- I am Nika Tatikishvili and I am valuable
- I am Nika Tatikishvili and I make everyone's life around me better

Core Values (2-3)

- Pride
- Strength
- Virtue
- Loyalty
- Bravery
- Perseverance
- Discipline
- Perspicacity

Daily Non-Negotiables (2-3)

- Read swipe file
- Improve copy skills
- Meditation for at least 3 minutes
- Exercise (Gym or 100 push-ups)
- Read at least 1 page of a book

Goals Achieved

- Received 2000 USD
- Charismatic
- 73 KG

- LVL 45

Rewards Earned

- \$2000
- Respect from my social circle
- Stronger body
- Stronger mind

Appearance And How Others Perceive Him

- Nika looks sharp and always on top of his game. His personality is magnetic and wherever he walks in all eyes are on him. Others respect him and want to be associated with him. Girls want to be with him. He can speak fluently and each word is charged with surreal energy that makes him dominate any social situation he is put in. He's clothes fit ideally on his body, he has worked painfully hard to get the body that commands respect and admiration in others.

Day In The Life

Make it as vivid as possible. What does he FEEL like as he goes through each part of his day? Add images vision board style. Use the first person and present tense, i.e. "I walk through the streets..."

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Nika wakes up at 6 A.M and begins his day with 10 push-ups, a small win to start off his day. He goes to the bathroom brushes his teeth and washes his face. When he is done Nika starts by meditating for 15 minutes to make sure his mind is quiet and without distractions. After finishing he goes to the office arriving there at 7 A.M and starts reaching out to prospects, he continues to work like that until noon.

After 12 P.M he goes on a quick lunch break where he eats foods that will not cloud his mind.

1 P.M he starts working on the project for his client and invests 4 hours of his time to complete the task, after which he starts looking for more potential prospects.

As the end of the working day nears, around 6 P.M he starts working on his copywriting skills to further improve and make himself valuable to the market. He has a copy split that he follows every day.

At 8 P.M he goes to the gym where he pushes through a lot of hard and painful exercises, as the day nears the end he plans out the next day to be as efficient as possible.

11 P.M is when he sleeps.

The night before Nika set the time to wake up at 6 A.M. he is waking up at this time since the best time to start your day and stay ahead of competition, to ensure that Nika has the most productive day, he begins by waking up at 6 A.M.

6 A.M - The alarm rings as Nika starts to come back to consciousness and opens his eyes. There is a small temptation that is telling Nika to shut off the alarm and continue to sleeping for extra 1 hour, it's still early isn't it? Nika recognizes this weak voice inside his head and realises that the enemy has began his attack and wants Nika to stay in bed doing nothing but sleeping. Nika quickly roots out this voice and gets up immediately to start doing 20 push-ups. As he is done with the pushups, he turns on the light and starts putting on his clothes. After he is ready he starts making bed and goes to the bathroom. As soon as he comes back he drinks one glass of water to get hydrated. Nika meditates for 5-15 minutes before venturing into the unknown. Nika grabs his laptop and turns it on. He starts by watching The Morning Power Up Call for the day.

7 A.M. - After finishing The Morning Power Up Call, Nika looks for a good copy to read and analyze. As Nika is analyzing the copy he asks 4 questions to himself 1) What is this copy trying to get me to do? 2) What is it using to make me do that? 3) What are it's strengths and weaknesses? 4) How can I make it better?

8 A.M. - After getting a quick momentum boost from previous tasks, Nika moves on to writing his outreach, which is the essential part to getting the client and making the money. He pulls up his lead list and starts analyzing his potential clients, every outreach message he crafts is toward providing value and offering to increase the results for the clients.

9 A.M., - Nika Finishe up doing his outreach as he gets ready to drive to the office.

10 A.M. - Nika arrives at the office and pours himself and coffe to start off his day. He pulls up his laptop and starts working on the client work. He is focused on providing the value of 20 000 USD to get paid 2000 USD in return.

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9 P,M - Gym

10 P.M - Gym

