

Sonoma County Grief Counseling

Resources below are free, community-based grief services.

Consider counseling available through your health insurance (bit.ly/FindASoCoTherapist), or contact your school administration, counselor or psychologist about other local supports.

Sutter Care at Home

[Bereavement and Grief Support](#)

110 Stony Point Road Suite 110, Santa Rosa

(707) 535-5780

Open to the public, grief support for adults, young adults and children.

Individual counseling, community education and training. Groups include:

- Adult and Young Adult Programs
- Children Programs (A pre-attendance interview is required for children and teen groups)
- Service of Remembrance: Annual gathering to honor the memory of loved ones who have died.

St. Joseph Health

[Hospice Grief Services](#): **(707) 568-1094 x140**

Memorial Hospice (Santa Rosa) **(707) 568-1094**

Hospice of Petaluma **(707) 778-6242**

North County Hospice **(707) 431-1135**

Individual and group support. Education training and support to schools and businesses.

- Individual Grief Support
- For Children and Teens
- Workshops & Drop-in Groups

Hanna Center

[Bereavement Program](#)

(707) 933-4482

Grief groups, individual peer support, and specialized workshops.

Buckelew Grief Supports

Grief Counseling Hotline

24/7 support, free and confidential.

Resources for you or your loved ones, and best practices for professionals.

(415) 499-1195

[SOS: Allies For Hope](#)

Survivors of Suicide Bereavement Support Group (SOS) is a virtual group that meets the 2nd and 4th Weds monthly from 7-8:30pm.

Call (415) 444.6000 for the zoom link or email SOSinfo@Buckelew.org.

[SOS: Teen Support](#)

Virtual group for teens and young adults 14-24 coping with suicide loss that meets the 2nd and 4th Tuesday of every month, 4:30pm - 5:30pm.

Call (415) 726-4685 or email sbalestreri@felton.org to register.