Pharmacy Care Plan Worksheet

MEDICAL CONDITIONS & MED- RELATED NEEDS: List and prioritize each medical condition first, followed by any DRPs identified for a given condition. Although some medical conditions may not have a DRP, a care plan is still necessary for ongoing patient monitoring.
DRP Categories: unnecessary drug● drug therapy required● ineffective drug● dose too low● adverse drug reaction/interaction ●dose too high ●nonadherence

GOALS OF THERAPY: For each medical condition and/or DRP state desired goals of therapy/timeframe.
Goals: cure, prevent, slow/stop progression, reduce/eliminate symptoms, normalize a lab value.
Consider realistic goals determined through patient discussion. Goals of therapy are measurable or observable parameters that are used to evaluate the efficacy and safety of therapy.

ALTERNATIVES: Compare relevant drug and non-drug therapies that will produce desired goals. List the _pros_ and _cons_ of each therapy as well as rationale for each being included.
Consider: Indication ● Efficacy ● Safety ● Adherence ● Cost/coverage

RECOMMENDATIONS/ PLAN: In collaboration with the patient and other health care providers, select the best alternative and implement the plan. Provide a rationale for the chosen plan relative to the other alternatives considered.
Consider: Drugs: correct drug, formulation, route, dose, frequency, schedule, duration, medication management. _Non-drug_: non-drug measures, education, patient referral.

MONITORING PARAMETERS: Determine the parameters for monitoring _efficacy_ and _safety_ for each therapy. Provide rationale for including this and how you expect the parameter to change.
Consider: Clinical & laboratory parameters ● The degree of change ● The time frame

FOLLOW-UP: Determine _who_, _how_ and _when_ follow-up will occur.

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