

K-5 PE Resources

Dance	Fitness	Yoga	Jump Rope
SPARK PE Dance Playlist K-5 K-2 Dance Favorites 3-5 Dance Favorites	Fitness Bingo #1 Fitness Bingo #2 Fitness Bingo #3 Flip-A-Coin Fitness Cap'n Pete's Home Activity Packet Deck of Cards Fitness 1 minute Fitness Challenge March Drop Everything and Move Calendar Family Scavenger Hunt #1 Special Area Digital Bingo Kahoot-It! Challenge! Tabata Workouts 2 Week Fitness Log	Cosmic Kids Yoga Yoga Adventures For Older Kids Brain Breaks	Rope Skills Video
Basketball			
Ball Skills Video			