

EMAIL WELCOME SEQUENCE - 4 EMAILS

Topic Stress/ Discipline

Free Gift is a Ebook on how to cure stress

Email 1

Welcome To StressFreeLife Also Here's your Gift

Hey (reader)

Welcome to StressFreeLife Newsletter

This is the place where stress is non-existent in our mind.

Everybody hates dealing with stress, but in this newsletter that will no longer be a thing.

We'll teach you how...

Upon joining you will also receive a guide on X(free gift)

Stay tuned for future emails.

Email 2

HSO HOOK GREEN STORY BLACK OFFER BLUE

SL

I wasn't living before I knew this...

You have to know this.

5 years ago I was stressed all the time.

It was unbearable, I couldn't enjoy anything.

So...

Something needed to change.

I was trying to figure out a way to fix this "problem"

That's when it hit me.

Fast forward now I will never live a life of stress EVER AGAIN!

Thanks to what I have learned. Now I want to help you.

If you're in this situation constantly stressed and have no clue how to fix it.

Here's your chance to finally break free of this trap and actually live again.

The choice is yours.

Click the link below to find out this secret.

EMAIL 3

DIC DISRUPT BLUE INTRIGUE BLACK CLICK GREEN

How to generate AMAZING IDEAS

Have you ever felt you couldn't think clearly, or your brain simply ran out of ideas.

If you want to always generate amazing ideas, keep reading.

Your brain is ULTRA POWERFUL!

It's a machine.

As an example, say you're writing a birthday card and you can't think of what to write.

Your brain thinks of something and you think "That's Dumb" or "This doesn't sound right"

And instantly cutting the idea of being unable to build above it and expand.

So the more you keep doing this thinking and cutting off your thoughts.

Your brain eventually just stops trying to create new ideas leaving you empty minded and unable to think.

So what I want you to take from this is...

Whenever you have an idea, it might not be the best.

Keep it, and try to expand on your idea and by doing this you will generate many more ideas.

PS: If you haven't downloaded the (X) Guide yet [download here](#).

EMAIL 4 - NOTE Im trying to make them buy the EXPANDED MIND BOOK COURSE

DIC Disrupt Green Intrigue Blue Click Red

Expand Your Mind

You must learn to expand your mind.

Gain more knowledge, take / implement feedback

Sharpen Your Skills and Learn New Ones.

This all comes down to your mind. The only thing you can truly control, so why not use it to its fullest potential or make an enemy of it?

It's your ally.

And you must take control of it.

TODAY!

I as well as many others who have learned to take control of this powerful machine can use it to benefit us.

And do amazing things.

That's why you need to take control of your own mind.

If you're ready to take control of the power that resides within you.

CLICK THE LINK TO TAKE CONTROL OF YOUR MIND!