PLAN YOUR SUMMER!

Looking to gain career related experiences this summer? Check-out the opportunities below for camps (excluding sports camps), volunteer, and academic pursuits. LHS does not endorse any specific program and many opportunities are fee-based, some offer scholarships or sliding scale.



Seize THE SUMMER!

Oregon-based Summer Programs

- American Camp Association is a consortium of camps located all over the US that have summer camp positions. See their Jobs tab for more information
- <u>Bodecker Foundation</u> offers free creative workshops taught by professional artists, writers, musicians and educators
- Business Week at OSU on-campus, one-week experiential learning
- <u>BodyVox</u> workshops and intensives for dancers (beginner-advanced)
- <u>Catlin Gabel Summer Programs</u> including a workshop on college essay writing
- <u>Camp Fire Columbia</u> Hires both Day Camp Staff for Portland area and Residential Camp Counselors for Camp Namanu
- <u>Clay Street Table</u> has a meals program and food pantry, serving as a major source of food for those in the SW neighborhood of downtown
- NW Cyber Camps offer a week of hands-on projects related to the growing field of cybersecurity, coed and a girls only options
- Fire Fighter Camp for Girls
- Free Geek's volunteers bring home a computer after 24 hours of volunteering
- Four Winds Westward Ho Camp on Orcas Island open to 9th and 10th graders
- <u>Girlhood Academy</u> focuses on emotional education for high school girls (focuses include stress, perfectionism, youth empowerment, transitions, leadership, and well-being
- Girls Who Code offers free virtual summer programs for 9th-12th grade students who identify as girls or non-binary. All experience levels are welcome!
- <u>Grammy Camp</u>: Grades 9-12, a 5-day nonresidential summer music industry program for high school students interested in a career in music, held at University of Southern California.

- High School Journalism Institute in Corvallis offers opportunities for student journalists to produce articles, photos and multimedia to be published online
- <u>iDTech.</u> a national tech education company, offers STEM education on the Lewis & Clark campus
- <u>Leadership Initiatives Summer Internships Programs</u> (Please note the tuition costs)
- Lewis & Clark Fir Acres Creative Writing Workshop
- Multnomah County Library, join <u>Summer Reads</u> or <u>volunteer</u> at the library
- My Voice Music offers <u>music lessons</u>, <u>classes</u>, <u>Hip Hop Lab and an Artist Mentorship Program</u>
- <u>Pam Cut</u> (Portland Art Museum), offers workshops (animation, green screen, media arts)
- NW Youth Corps offer work environmental work experience (overnight camping) and a community service focused day program for 15-18 year olds.
- NOLS global wilderness school offers summer First Responder Courses and Expeditions that range in amount of time and minimum age requirements.
- Oregon Episcopal School Summer Programs (including writing, geometry and visual arts): <u>OES Summer Offerings</u>
- OMSI's Youth Volunteer Program: <u>Teen Youth Alliance Thinkineers</u>
- OMSI's OMSI 9-12th Grade Summer Camps
- Open Signal offers media arts opportunities for teens
- Oregon Department of Transportation's <u>Driver Education Teen Parent Resources</u>
- Oregon Humane Society Youth Volunteers (short-term & long-term opportunities)
- Get certified to be a soccer referee through <u>Oregon Soccer Referee Association</u>
- Oregon Society of Artists (OSA) offers art classes over the summer (membership is free to students, and classes are offered at reasonable rates)
- Oregon State University's <u>pre-college summer programs</u> See also OSU Stem Academy High School Summer Camps <u>HERE</u>
- Oregon State University's Extension Service <u>4-H Wagon Train</u> offers camps to experience the real-life Oregon trail, learn principles of wilderness survival & more!
- Oregon Zoo has many volunteer opportunities for youth.

- Outward Bound wilderness adventures (some Oregon rafting/mountain trips, most programs in other states)
- <u>Pacific Northwest College of Art</u> Pre-college summer programs
- Portland Audubon Counselor in Training paid summer jobs for 10th-12th graders
- <u>Portland Backpack</u> is a nonprofit that provides weekend meals to school children over the summer. Volunteers are needed at park sites June-Aug to distribute food.
- <u>Portland Brand Camp</u> Portland Gear and University of Oregon offer this for students interested in business, branding, and entrepreneurship.(*not happening Summer 2025)
- Portland Center Stage, <u>Summer Intensives</u>
- Portland Community College, <u>Summer Teen Program</u>
- Portland Parks & Rec, Teen Force
- Portland State University's Invention Bootcamp free, four week program for historically underserved and underrepresented students to learn basic skills to develop a prototype and then apply those skills in creating your own invention.
- Portland State University School of Music & Theater and Sonic Arts & Music Production (SAMP) presents <u>SAMP Summer Academy</u>
- Portland State University's <u>Transportation Research and Education Center</u> free, week-long camps for those curious about urban planning, STEM, or transportation policy careers. (Not happening summer 2025)
- Portland Oregon Women's Film Festival (POWFest) offers workshops for girls
- <u>Portland Tennis & Education</u>: Volunteers lead games, play tennis with youth in the St. Johns community
- Process Work Institute's <u>Summer Youth Leadership Intensive</u> Leadership & Conflict Resolution Camp
- Red Cross <u>Summer Youth Corps</u> Volunteering
- Rock 'n' Roll Camp for Girls_is now a part of <u>Friends of Noise</u>
- <u>Sail2Change</u> Program's mission is to change the lives of historically under-served and under-represented youth through sailing, mentorship, and tutoring.
- <u>Saturday Academy</u>, offers a wide variety of hands-on classes and camps
- Stanford University's Artificial Intelligence (AI) Camp (some offered remote)
- Strangeland Family Youth Choral Academy

- Trackers Portland offers <u>teen adventure camps</u> and <u>Junior Leader-In-Training</u>
 Program
- <u>Travel For Teens</u> Provides youth with travel around the globe, and hands-on experiences
- <u>Tryon Creek State Natural Area</u>, Volunteer Program
- University of Oregon Summer Music Camps
- Willowbrook Arts Camp <u>High School Apprenticeship Program</u>

Summer Jobs



Need to earn some money this summer? Family and friends can be a great source for job leads--get the word out that you are looking! Stop by Room 153 for job leads, help with your resume, or interview prep. Start applying to businesses/organizations near your home. Consider applying to restaurants (bussing tables, dish washer, hostess, food prep); fast food; grocery stores; retail stores, movie theaters, Portland Parks and Recreation, Tualatin Hills Parks & Recreation, MJCC, Portland Audubon Talon Program, Check- Indeed.com teen jobs



Volunteer Opportunities

Youth and adults can find one-time and extended volunteer opportunities at the **Hands-On Portland** website. Type in your zip code or a keyword like <code>computers</code> or <code>animals</code> to find non-profits that need your time and talent:

http://www.handsonportland.org. Volunteer Match is another great online resource for finding a cause or non-profit who needs your passion and talent: http://www.volunteermatch.org.

Considering a gap year? Check out the "Ultimate Guide to Gap Year Volunteering" - https://www.publicservicedegrees.org/volunteering/for-a-gap-year/



Out-of-state Opportunities College/Academic Summer Programs

Pre-College Enrichment

• University of Chicago Pre-college Enrichment Programs

Science Programs

- Boston U High School Program
- Beaver Works Summer Institute
- Clark Scholar Program
- Carleton Computer Science Institute
- Carleton Summer Science Institute
- Garcia Summer Scholars at Stonybrook
- LaunchX at MIT
- LLRISE: MIT Lincoln Laboratory Radar Introduction for Student Engineers
- Stanford Institutes of Medicine Summer Research Program (SIMR)
- SSP (Summer Science Program)
- Science & Engineering for Minority Students at MIT MITES
- RSI (Research Science Institute) at MIT
- Women in Technology (MIT)
- WPI Stem Programs

Math Summer Programs

- Awesome Math
- Canada/USA Mathcamp
- Carleton Quantitative Reasoning Institute
- Hampshire College Summer Studies in Mathematics (HCSSiM)
- MathlLy
- Mathworks at Texas State University
- Program in Mathematics for Young Scientists (PROMYS)
- Ross Mathematics Institute
- Texas State Mathworks Honors Summer Math Camp

Music Summer Programs

- Camp Interlochen
- Boston University Tanglewood Music Institute

Programs in Liberal Arts/Humanities

- Carleton College Summer Programs
- Duke Summer College
- Economics for Leaders
- Global Youth Village
- John's College Great Books
- National Security Language Initiative for Youth through the Department of State
- School of the Arts Summer Institute
- Telluride Association Summer Programs
- US Department of State Student Internships
- World Affairs Seminar

Scholarship Programs

- Bank of America Student Leaders
- Girls on Ice

- Gettysburg Civil War Institute
- American Youth Leadership Programs through the Department of State

Visual Art Programs

- Cooper Union Summer Art Intensive
- Emerson College Summer Academy (Acting/ Theatre/Design, Animation, Journalism, TV, Film, Writing)
- RISD's Summer Teen Art Institute in Shanghai
- Skidmore College Summer Studio Art

Programs Abroad

- Abby Road Programs Abroad
- Carpe Diem
- Broadreach College
- InvestIN (London, Manchester & Dubai Career programs)
- National Geographic Student Expeditions
- Putney Student Travel
- Rustic Pathways
- Where There Be Dragons