

Parent Support Resources

For a daily update on the Town of Brookline's response to COVID19, go to
<https://brooklinecovid19.com/>

Brookline Community Mental Health Center

The Brookline Center provides affordable mental health care to students and families.

- Website: Brooklinecenter.org
- Phone number: 617-277-8107
- Email: info@brooklinecenter.org

Parents Helping Parents of Massachusetts

- Parental Stress Line **1-800-632-8188**
- Has online support groups, lists Coronavirus Resources for Parents
- *FREE & CONFIDENTIAL 24/7 (all languages available)*

Family Resource Massachusetts 2-1-1 HelpSteps

- A site to help connect families with appropriate social services.

Brookline SafetyNet

- **617-277-8107** | safetynet@brooklinecenter.org
- Safety Net is an emergency financial assistance fund in partnership with the Brookline Community Foundation.

Family Resource Mutual Aid Brookline

- **617-651-1468** | MutualAidBrookline@gmail.com
- Mutual Aid Brookline is a community-generated initiative to help connect residents to a variety of needed resources, including childcare, supply delivery, financial aid, and virtual companionship.

Brookline Volunteer Action Network

- Hotline **617-396-4123**
- Neighbors volunteering to help neighbors.

Brookline Parent Education Network (B-PEN)

- B-PEN's [Parenting Through the Pandemic](#) page is a new digest of helpful articles discovered via parent bloggers and insightful journalists
- [Subscribe here](#) to receive B-PEN Updates
- [Follow B-PEN on Facebook](#) for the most up-to-date parenting articles.

InnoPsych

- Innopsych is a resource to help individuals find a therapist of color.

[The Massachusetts Behavioral Health Access \(MABHA\)](#)

- This website helps both providers and individuals locate openings in mental health and substance use disorder services.
- One can search for services that they can access directly from their community.

[Justice Resource Institute \(JRI\)](#)

- JRI has over 100 diverse programs meeting the needs of underserved individuals, families, and communities. Their services include case management and in-home therapy. More information can be found at JRI.org.