

## Occupational Therapy Activities

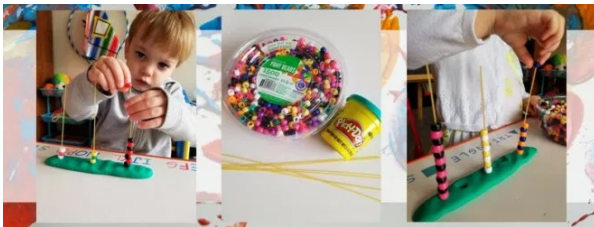
### Week of May 18-22

#### Fine Motor Activities

(please watch video with fine motor activities)

Spaghetti fine motor activity.

- Place spaghetti in play doh sticking up
- Place pony beads or pasta onto the spaghetti
- You can sort by color, count or make patterns



#### Gross Motor Fun

Practice your throwing skills!

1. Hang a hula hoop from a branch. Practice throwing a nerf football, koosh ball, tennis ball or bean bag overhand through the hoop.
2. Place a laundry basket outside or in a safe place in the house. Toss bean bags, koosh ball or tennis ball into the basket.
3. Draw bugs on chalkboard, dry erase board or driveway. Have your child throw bean bags to "squash the bugs"

Use your overhand Toss!

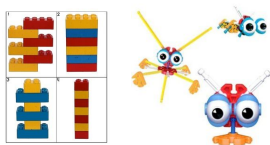


\*remember you can make bean bags out of rolled up socks!

#### Visual Perceptual fun

Use connecting toys to make designs.

1. Use Duplo Legos to copy designs (cards sent with email)
2. You can also build something and have your child copy what you have built
3. Use any building toys to create a bug design



#### Writing Practice

1. Color in the worksheet sent by coloring in the circles with a circular stroke (video with email demonstrating)
2. Complete the maze worksheets sent.

\*if you do not have a printer, you can create your own mazes at home on paper, a chalk board or a dry erase board.

