

October is...

Bullying Prevention Month

Here are some resources for anyone who is experiencing bullying, trying to eliminate bullying or helping others who have experienced bullying. If you or someone you know is being bullied, please talk to a trusted adult such as a parent, school counselor, school psychologist or teacher immediately.

- <https://www.stopbullying.gov/resources/external>
- <https://www.edutopia.org/article/bullying-prevention-resources>
 - <https://www.pacer.org/bullying/resources/>
- <https://internetsafety101.org/cyberbullyingresources>

