Student Government Association
Health, Safety, and Sustainability Committee | 2018-2019
Co-Chairs: Sen. Mollin, Sen. Paulet, Sen. Patel

Chair Responsibilities

- Convene meeting with members of the HSS committee
- Foster an environment where members are able to pursue their passions and initiatives
- Delegate tasks appropriately. Ask if committee members (depending on their interests) would be interested in helping out with certain initiatives.
- Communicate marketing materials to SGA Executive Secretary, Executive Vice-President, Executive President, and Class Presidents so that committee events and other programming can be advertised through emails, Facebook, Instagram, and Twitter in order to maximize attendance.
- Update committee website with initiatives, efforts, and membership
- Represent SGA in institutional committees
    - Provost's Advisory Team on Healthcare
        - Although these meetings are very, very long and topics typically discussed are not centered on the undergraduate experience, maintaining a relationship with the Chair/Executive Vice Provost for Academic Affairs, Dr. Stephen Gange and checking in with him on initiatives does seem to help move along progress as a result.
    - Homewood Campus Tobacco Policy Working Group (see SGA Impact Report blurb for more details)
    - Although HSS has not had members on these committees, other relevant committees to pursue would be (given members' availability and interests)...
        - Diversity Leadership Council
        - Sexual Violence Advisory Committee
        - Student Advisory Committee for Security
- Be in touch with relevant student groups for partnerships and to support their work. Given the relatively small number of members on the committee for the workload, it is a good idea to coordinate efforts with groups doing similar work. Examples of this include working with the Interfraternity Council, Intercultural Greek Council, and Panhellenic Association at Johns Hopkins to bring bubble soccer to Spring Fair, as well as working with A Place to Talk and Art Gives to organize the Student Mental Health Summit.

Mental Health Summit



This past February 2019 marked one year since the Johns Hopkins University's Task Force on Student Mental Health and Wellbeing released its report with recommendations on ways to improve students' mental health on campus. SGA, in partnership with Art Gives, A Place to Talk, the Counseling Center, and the Office of Diversity & Inclusion, hoped to promote their recommendations on fostering a climate of mental health awareness and overall wellness among students, staff, and faculty. The event's keynote speaker, Charles Xavier Kilborn, and group discussions presented participants with an opportunity to learn about ways that you may reach out for various resources and practice self-care —as well as an opportunity to reflect on progress made thus far.

To see more information regarding our mental health initiatives, please see here.

Wellness Wednesdays

A joint collaboration of the Mental Health Student Group Coalition, Wellness Wednesdays are casual de-stress events, often involving free giveaways held every Wednesday from about 12-4 PM on the Brody Terrace. Groups that have hosted Wellness Wednesdays include the SGA's HSS Committee, APTT, SAAC, Phi Mu, and the French Club.

To see more information regarding our mental health initiatives, please see here.

Healthy Hopkins Initiative

This Initiative is designed to be a holistic approach to students' wellbeing. By partnering with the Ralph S. O'Connor Recreation Center, the Student Center for Health & Wellness, and Health Guardians of America at JHU, this Initiative will offer students two personal training sessions (FREE!) and access to nutritional counseling sessions.
For more information and to sign-up, click here.
Note: Sign-ups are now closed. Please check back soon for a Committee report on data regarding the efficiency and efficacy of this pilot program.

Menstrual Products Initiative
Recognizing that menstrual products are a necessity and not a luxury item, SGA has partnered with WINGS, a student organization that aims to raise awareness and provide a sustainable change around the issue of menstrual health and hygiene in Baltimore, to provide menstrual products in conveniently accessible locations across campus at no charge.

Residential Composting
SGA has partnered with JHU Housing Operations to offer students living in Homewood Apartments, Charles Commons, or Bradford, a free compost bin.
Compost Plan/Timeline from Spring 2019

Click for more information or to sign up.

Homewood Campus Tobacco Policy
SGA is working with the University to convene stakeholders on the Homewood campus to review its tobacco policy, following the recommendation of the complete banning of smoke, tobacco, and nicotine products on the Homewood and Peabody campuses in a December 2015 report by the Smoking Committee for the Homewood and Peabody campuses.

Under the guidance of Ms. Meredith Stewart (HR Executive) and Dean of Student Life, Dr. Smita Ruzicka, a working group will be formed with University stakeholders to reexamine the Homewood Tobacco Policy. This effort is being carried out in coordination with Hopkins Kicks Butts. Efforts are being made to bring GRO on board as well.

Bubble Soccer at Spring Fair
Working in partnership with the Interfraternity Council, Intercultural Greek Council, and Panhellenic Association at Johns Hopkins, SGA will be bringing bubble soccer to Spring Fair on Sunday of SF Weekend at 3pm on Shriver Quad.

Engine Idling Resolution
Next Year's committee will be responsible for working with the executive board and the PRDC to implement the resolution.

Committee Co-Chairs
Sam Mollin
Lauren Paulet
Pavan Patel

Committee Members

Ash Panakam
Gianni Thomas
Nathan Mudrak
Dean Chien
Pritika Parmar
Chanel Lee
Kylie Sharron
Akshay Bhamidipati

Helpful Admin To Know
Leana Houser - lhouser@jhu.edu - Homewood Recycling Manager
Jason Mathias - jmathias@jhu.edu - Office of Sustainability Contact
Jacqueline Lebeau - Jackie.Lebeau@jhu.edu - Fitness Coordinator, Rec Center

Impact paragraph

This year, HSS was incredibly impactful on campus. We started the year off strong with the healthy Hopkins initiative, which succeeded in piloting an innovative program in which we gave people free 1-1 training sessions, and then gathered survey data on how they liked the program for future use. Next, we finally passed a anti-tobacco resolution on campus along with smoking cessation, kicking off a critical smoking cessation working group. We also convened a mental health student working group, and succeeded in pulling off a mental health summit with an amazing speaker.
Along with all these health initiatives, on the sustainability front we started an official in-room composting program for residents of Charles commons, Homewood, and Bradford, which will hopefully he expanded in future years. We also passed an engine idling bill to combat pollution and toxic engine idling on campus. Lastly, we helped fund many amazing events, including planet runway by SEA, SaveOhno by SHIP, and bubble soccer for wellness Wednesday. Looking forward to doing more next year!