

Becoming A Superhero

Overview: Dr. Riffle explains that there are 10 rules of behavior and concrete ways to intervene when undesired behaviors are present. Among other things, applicants will learn about behavior specific praise, equal choices, building rapport, and Jen Ratio.

Quiz

[Here is the Powerpoint](#)

[Here is the Video](#)

1. What are the 10 things you should know about behavior?
2. Explain 3 concrete ways to track YOUR behavior specific praise shared by Dr. Riffle.
3. Give 3 examples of equal choices.
4. Why give choices/directions on the right side? What would the barrier of this strategy be for children with hearing loss?
5. What is the most common reason for students to avoid other students/peers?
6. What does CAPE stand for in regard to teacher/student rapport and behavioral influence? Give an example of how you can meet each of the components.
C
A
P
E
7. In the first TED talk who/which group did he say are the biggest superheroes based on their (more than 400 per day) smiles?

8. In the second TED talk the speaker mentioned he believed creativity should be held at the same level as _____. What is your opinion on that? Support it.
9. What is the ancient Chinese Philosophy known as a Jen Ratio?
10. Dr. Riffle states that, "There is a definition of education in the dictionary, but it is so much more than a definition out of the dictionary. In the classroom education really means: C A P E." What does CAPE stand for?
C
A
P
E
11. Explain the three stars and a wish strategy for grading papers.
12. Explain why the ZAP "zeros are not accepted" policy is beneficial to supporting student learning and how it works.
13. What does TUMS stand for?
T
U
M
S
14. What does TIPP stand for?
T
I
P
P

Becoming a Superhero in the Classroom – Application Activities

You must choose and submit the following 2 activities to earn CPDU credit. Click on the blue hyperlinks to access supporting documents.

- **Love notes: Develop a template for “love notes” in your room. Include a basic message that can be updated with specific praise and some graphic or design. Attach the template with your submission.**

Love Notes. Every single day, every single student. Every year we taught I used Love Notes. Every night I would fill out a love note for each student using little post-it notes. The Love Notes would look like this:



For older students Dr. Riffle recommends choosing 5 students per day to give notes

Dr. Laura Riffle <http://behaviordoctor.org/materialdownload/Booklets/2015becomingasuperhero.pdf> pg 5
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- **Home/School Communication: Develop a newsletter template you can fill in and send home to your families weekly that will inform them of upcoming events, topics/units, tests/projects, reminders, photos, etc. Attach the template with your submission.**

Communication. Send home a newsletter every Friday with your lesson plans for the following week. Condense it to a front and back page piece of paper and send with students. Be sure to put in reminders for supplies and permission slips. Remind parents of “A” week or “B” week and give highlights or pictures from the previous week. I liked to hide notes in the newsletter for extra credit. Bring in an empty toilet paper roll for 2 points in Art (Little things like that).

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