



WISHES - Workplace Intervention for Sustainable Health and Employment Support

Join our Lived Experience Group

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[Click here to register your interest in joining the Lived Experience Group](#) **The deadline to register is the 19th of May.** See below for alternative ways of applying.

The WISHES research project is carrying out research on employment, health and disability. It will investigate how job crafting could improve employment experiences, especially for disabled people. We are looking for disabled people to join a Lived Experience Group to shape and advise on this research. WISHES is led by the University of Strathclyde and funded by the National Institute for Health Research.

What is the research about?

Job crafting can involve changes to tasks, goals and relationships at work. The aim of job crafting is about making a better fit between a job and the interests and abilities of the employee. It can also help to protect their health and energy. In our project, employees and managers will receive training and support on job crafting and we will evaluate the impact of this support on the individuals who take part, as well as on the organisations involved in the research.

Coproduction

The WISHES project team is very committed to involving those who we hope will benefit in the research. The Lived Experience Group (LEG) is one of the groups involved in the coproduction team. This team will be responsible for advising on the design of the job crafting sessions, the analysis and evaluation of the research, and creating and sharing guidance on job crafting.

What's the commitment?

The WISHES project started in April 2025 and lasts for three years. The Lived Experience Group will meet 4-6 times per year. Meetings will be held online and we commit to ensuring participation is accessible for all members. This could include information in alternative formats for information, or providing alternative ways of contributing outside of meetings.

Participants will receive compensation in vouchers of £25 per hour, including time to prepare for meetings.

How can I apply to join the Lived Experience Group (LEG)?

You can become a member by telling us why you think you have the knowledge and experience needed to do this work.

You can tell us about your experiences of being in work or looking for work, and why you are interested in this research.

You can do this by **Filling in this online form**

<https://forms.office.com/e/jwjydfarZr>

If the online form is not accessible for you, contact us at

wishes@sheffield.ac.uk

You can

- Request the form in MS Word format

- Write to us in your own words by email
- Send us a short voice recording (5 minutes)
- Let us know if you have any other accessibility requirements for applying

The deadline for applying to join is the **19th May 2025**.

How will we choose members for the LEG?

We are seeking disabled people with diverse experiences of employment, barriers to work and people who are often excluded from research.

If we receive too many applications to join the LEG, members of the WISHES team will select members who contribute to ensuring a diverse range of experiences are represented in the LEG.

If you disagree with our decision please contact the Principal Investigator adam.whitworth@strath.ac.uk

If you have any questions contact us at wishes@sheffield.ac.uk