

Byrnwyck Blue Dolphins Summer Swim 2025

Head Coaches

- Sarah Warner
- John Monnin
- byrnwyckswimteam@gmail.com

Parent Committee

- Ali White- Team Manager
- TBD- Concessions
- TBD- Volunteer Coordinator
- Amy Sery- Sponsorships
- Mac White – Technology

Swim Lessons

- The coaches are available for private or semi-private lessons for swimmers of all ages and abilities. Please speak with them to check availability. Any Coach listed below can be contacted.
 - Prices are \$30 for 30 minutes for Head Coaches, \$20 for Sr. Coaches for 30 minutes and \$15 for Jr. Coaches for 30 minutes.

Head Coaches \$30	Senior Coaches \$20	Junior Coaches \$15
Sarah Warner 404-625-5090	Mabry Dixon 404-852-4032	James Sery 470-597-6758
John Monnin 770-714-9003	Catherine Hasell 404-316-0034	Hudson Billings 678-221-8745
	Liam Dixon 470-955-5830	Drew Marshall 404-747-6696
	Janie Tomana 470-965-1497	Cohen Jackson 404-295-4446
	Mia Winokur 678-430-2554	Griffin herring 678-348-6275

Website

<https://byrnwyckbluedolphins.swimtopia.com/>

The website will be where you RSVP for swim meets, volunteer for swim meets (required shift if your swimmer is swimming in the meet), subscribe to the calendar, sign up for miscellaneous events, and you can view the handbook and other documents. Please log in and look around. Most of your questions can be answered on the swim team website.

Communication

All routine communication will be done via e-mail and Facebook. Please check your e-mail frequently for swim team updates.

Calendar

Please subscribe to the swim team calendar from Swimtopia. All practices, meets and events are on this calendar.

http://byrnwyckbluedolphins.swimtopia.com/calendar_events.ics

The screenshot shows the Byrnwyck Dolphins Swim Team website. A modal window titled "Subscribe to Calendar" is open, providing instructions to select a calendar app or use a subscription URL. The URL provided is https://byrnwyckbluedolphins.swimtopia.com/calendar_events.ics. Below the modal, the website displays a calendar for May. The 8th of May is highlighted as a "Dryland Practice" at Byrnwyck Pool, with a description for swimmers and a tentative evening practice schedule. The 9th of May is also highlighted as a "Dryland Practice" at Byrnwyck Pool, with a similar description.

Subscribe to Calendar

Select your calendar app/service or use the subscription URL to add this calendar to your device.

- Apple Calendar
- Google (Online)
- Outlook.com (Online)
- Yahoo! (Online)
- Desktop/Other (Should work with most desktop/phone apps)
- Subscription URL

https://byrnwyckbluedolphins.swimtopia.com/calendar_events.ics

Copy this URL to subscribe using the calendar of your choice.

Swim Meets

SAT APR 27

Dryland Practice
Byrnwyck Pool

Swimmers can arrive in athletic clothes and tennis shoes. No need for bathing suits. We will play get-to-know-you games and do some conditioning in the area outside of the pool. We will also hold our new parent meetings during your child's practice time.

Tentative Evening Practice Schedule May 8th

4:30pm-5:10pm 6 and under
5:10pm-5:50pm 7 and 8
5:50pm-6:30pm 9 and up

THU MAY 9

Dryland Practice
Byrnwyck Pool

Swimmers can arrive in athletic clothes and tennis shoes. No need for bathing suits. We will play get-to-know-you games and do some conditioning in the area outside of the pool. We will also hold our new parent meetings during your child's practice time.

2025 Swim Meets

Date	Swim	Location	Start Time
May 28, Wednesday	Hampton Hall	Hampton Hall	5:30 PM
June 3, Tuesday	Zaban Sharks	Byrnwyck	5:30 PM
June 10, Tuesday	Murphey Chandler	Byrnwyck	5:30 PM
June 17, Tuesday	Dunwoody N Fins	Dunwoody N Fins	5:30 PM
June 23, Monday	Mill Glen Marlins	Byrnwyck	5:30 PM
June 26, THURSDAY- additional fee required	2025 ASA Championship - Session 3	Georgia Tech Aquatic Center	9:30 AM

Sponsors

- Byrnwyck Swim Team relies on sponsors to help with our season. Please show them support.
- 2024 Swim Team Sponsors:
 - Atlanta Business Chronicle
 - Sotheby

- Timber Tech
- GA Estate Planning and Probate
- Smartflyer
- Spindle and Oak
- J. Queen
- Total Nutrition
- The Suits Team- Realty Group
- The Jones-McCloskey Family
- The Cope Family
- The Heather/Quibbel Family

Swim Team Practices

• Schedule

- Evening Practice Schedule May 8-May 22rd (Monday-Thursday)
 - 4:30pm-5:10pm 6 and under and Junior Dolphins
 - 5:10pm-5:50pm 7 and 8
 - 5:50pm-6:30pm 9 and up
- Summer Morning Practice Schedule (Monday-Friday)
 - 9:00am - 9:40am 9 and up
 - 9:40am - 10:20am 8 and under
 - 10:20am - 10:50am Junior Dolphins
- Summer Evening Practice Schedule (Monday-Thursday) *No evening practices on Swim Meet days
 - 5:00pm-5:40pm 6 and under and Junior Dolphins
 - 5:40pm-6:20pm 7 and 8
 - 6:20pm-7:00pm 9 and up
- Practices following swim meets are typically “fun” practices. Donuts are provided for morning practices and popsicles for the evening practices. We will try and have all ribbons for swimmers at these practices.

What to bring

- Great Attitude
- Swimsuit on
- Towel
- Goggles
- Swim Cap
- Sunscreen applied if needed

Suits

We have 2 options for swim suits this year.

1- You can order the navy suit with no logo but you can exchange it if you need a different size. They have them locally so they will be delivered before the first meet.

2- You can order the navy suit with the logo and it may take 10 business days so it may not be here for the first swim meet. These suits can not be exchanged since they are customized.

You can also wear any navy bathing suit and not purchase through the link.

<https://reddiset.com/collections/byrnwyck-swim-team>

<https://reddiset.com/collections/byrnwyck-swim-team>

Attendance

- There are NO requirements for the number of practices/meets your child has to attend. Missing a meet is only a problem if you tell us you will be there. Will they get better if they come to all 8 practices that are offered each week? Yes. Will anyone be judging you or them if they don't? Absolutely not. Summer swim priorities are for kids to have fun, get better, get exercise, make friends, and learn a life skill! You can attend as many practices as you would like or as few as you would like. Please use the sign-up on the website so we can staff coaches correctly. We understand last-minute changes, but please try and update your attendance 24 hours in advance.
- Behavior Expectations- Since our coaches are focused on our swimmers, please make sure that your swimmer knows that they are expected to listen to the coaches and not disrupt the practice. All swimmers will be given a warning if this occurs, and parents will be notified. If the behavior continues, parents will be expected to attend all practices their swimmer attends and monitor their swimmer.

No Lifeguard on Duty

- Because the pool is not open for general swimming during morning practices, there is no lifeguard on duty. To ensure safety, non-practicing swimmers must vacate the pool during these times. Please do not allow non-swim team swimmers to play on the steps during practices since there are no lifeguards on duty. During regular pool hours, there will be a lifeguard on duty.

SWIM MEETS

Volunteers

For a swim meet to run smoothly and successfully, it is vital to have helpful and knowledgeable volunteers. Please refer to the job descriptions below to familiarize yourself with the various volunteer positions. If you have further questions, please contact our volunteer coordinators. Kim Hoipkemier or Ali White. If you do not sign up to volunteer at a meet when your swimmer is swimming, they will assign you a job. It's easier to sign up when you RSVP for the meet so that you can help with a job you enjoy.

At the meet, please check in with the volunteer coordinators (tent near the bullpens for home meets) and pick up any supplies (paperwork, clipboard, stopwatch, etc.) that your job requires. Make sure you know the specific duties of your job. If you're not sure, ASK!

RSVP for swim Meets

- o Please RSVP for meets as soon as possible. RSVPs will close 24 hours before the meet. You can let the coaches know when you RSVP what events you would like to swim in for that meet. You can also let the coaches know if you are available for replays. All stroke requests cannot be met.
- o Coaches will determine the lineup for each meet. The coaches need to balance individual talents while organizing a lineup to maximize our chances of winning the meet. Sometimes your child may swim an event that is not their favorite/best stroke or may be asked to swim up in a relay so we can have a team in a selected age group. Our coaches are very dedicated to our kids and carefully put together the lineup.

What time to arrive?

Meets begin promptly at 5:30. Swimmers need to arrive for home meets at 4:00 and away meets by 4:30. You'll be emailed directions to each meet, but maps can be found at the NASA website at www.atlantaswimming.com.

- **Weather**

We are still required to show up for a meet, regardless of the weather! No decision to delay or postpone the meet will be made until **after** the 5:30 pm start time.

- **Meet Check In**

When you arrive at the pool, all swimmers need to check in with the assistant coaches who will be located near the pool gates of each club.

- **Bullpen**

Swimmers **MUST** stay in the bullpen before their events. For bullpen workers to get the kids to the blocks for their events, the swimmers must stay in the designated team area. Kids can go to the concession stand or restroom, but they must return promptly to the bullpen area.

- **Leaving the Meet**

Please do not leave the meet until you first check with a coach to make sure your child has not been added to a relay.

- **What To Bring To A Meet**

- o Swim Cap
- o Extra goggles
- o Several towels
- o Warm clothes for cold, wet swimmers
- o Money for concessions
- o Snacks and water
- o Chairs

- **BEFORE YOU ARRIVE-**

- o If possible, write your child's name and age on the upper back with a Sharpie marker. Also, write your child's events on his/her arm (see example below). Doing so beforehand will decrease pre-meet stress! Before the first meet, the coaches will go over how a swimmer's arm gets "marked up."
- o **The line-up will be sent via email on the day of the meet.** Otherwise, you can find the events for your child from a heat sheet from a bullpen parent at the meet. **Assistant coaches will inform swimmers of any changes to relays or additional events before the meet.**

E	H	L	Stroke
6	2	3	Med. R (Fr 4)
28	3	1	50 Free
50	1	3	100 IM
70	5	3	25 Fly

- E= Event, H=Heat, L=Lane, St=Stroke/Relay Leg

#3 Girls 9-10 100 Medley Relay (2)

#35 Girls 9-10 100 IM

#59 Girls 9-10 100 Free Relay (2)

NT 1/2

NT 1/5

NT 1/4

#19 Girls 9-10 50 Free

#43 Girls 9-10 25 Breast

NT 1/4

29.94 1/5

E	H	L	S
3	1	2	BRST/2
19	1	4	FREE
35	1	5	IM
43	1	5	BRST
59	1	4	FR/2

Individual Medley (IM) Stroke Order:

Butterfly

Back

Breast

Free

Medley RELAY Stroke Order:

Back

Breast

Butterfly

Free

Stroke Abbreviations:

Butterfly—FLY

Back—BK

Butterfly—FLY

Freestyle—FREE

Volunteer Descriptions

Age Group Bullpen Parents

(# needed is up to each team) Age Group Bullpen Parents are responsible for sending (8 & under, 10 & under) or taking (6 & under) swimmers in their assigned group to the main bullpen, the area where the swimmers are lined up for their event. Swimmers report to the Age Group Bullpen Parents 4 events ahead of their scheduled event. Bullpen Parents send the swimmers to the Bullpen Coordinator 3 events ahead of their event. Age Group Bullpen Parents are not babysitters. Parents need to supervise their younger children at the swim meets.

Timers

At all meets times shall be taken on each lane. Each team shall provide two timers for each of their team's lanes. In a five lane pool the home team will provide two timers for the fifth lane. One of the timers will operate the watch and the other will record the times on the lane timer worksheet, only one watch per lane is needed. In all events, at all times, the timer must have a clear view of the race and finish line. The timer shall look at the starter's gun and start the watch at the instant of the starting signal. The timer shall stop the watch immediately when any part of the swimmer's body touches the solid end of the pool as defined by the USS rulebook. The second timer shall record times on the timer's worksheet and communicate these times to the master recorder who shall record them on the score sheet. Teams using automatic timing systems for their meets should have one timer from each team timing in each lane, instead of 2 timers from the same team.

Judges Recorder

The home team will supply a judge's recorder. This person will place himself/herself behind the place judges with their own copy of the UK Judges Placing Form. When the race is finished and the judges and starter/referee have ruled on the place finishes, he/she will record the places in the appropriate block on the UK Judges Placing Form. For swimmers who have been disqualified by the starter/referee the judge's recorder will write "DQ" in the place block for that swimmer. The judge's recorder then passes the completed UK Judges Placing Form to the master recorder. The Judges Recorder has no say in the order of finish and should not attempt to influence the place judges.

Master Recorder

Each team will provide a Master Recorder. The master recorder collects the UK Judges Placing Form from the Judge's Recorder when the event is complete and all places have been recorded. The master recorder will then go to each lane and record each swimmer's time in the Time Column of the UK Judges Placing Form as noted by the recording timer. With all places and times recorded, the master recorder will deliver the completed UK Judges Placing Form to the scoring table either directly or via the runner. Each team can alternate this job for each race.

Runners

The home team shall provide a minimum of one runner at all times during the meet. Runners will be responsible for collecting the UK Judges Placing Sheet from the Master Recorder. Taking these promptly to the scorer's table. This position can be eliminated if the scoring table is in close enough proximity that the master recorders can deliver the scoresheet without slowing the meet.

Place Judges

Each team shall provide a place judge. The judges must in all events and, at all times command a clear view of the race and finish line. Judges shall not serve as timers in the same race. The judges are to judge the place finishes as they see them. The judges are to write the place finish on their updated copy of the meet program. The judge's recorder at the end of the race will copy that order of finish on the UK Judges Placing Form. The place judges override the times and the starter/referee overrides the place judges if there is a dispute. In an 8 lane pool a third finish judge will be used to cover all non scoring places. The first 2 judges will be responsible for all scoring places plus one place. The third judge will be responsible for the remaining non-scoring places. To avoid confusion it is advised that only 6 lanes be swum in an 8 lane pool during the scoring heat. The home team should provide the third place judge.

Announcer

The host team will arrange for someone to act as announcer. In addition they shall provide him with equipment to perform his duty. This equipment includes loudspeaker or bullhorn and an order of events. Announcing for each meet must be loud enough to be understood by participants, officials and spectators.

Example of correct commands:

- First call, event number and event description (i.e. "Event number 1, 6 & under girls free relay. Please report to the blocks")
- After a short interval repeat the above for the second call.
- At the end of second call, wait a short interval and give final call for the event.
- The announcer should follow this procedure for all remaining events.
- Try to stay 3 events ahead of the event in the water.

At all times the announcer should know what is going on. The event number, number of heats per event etc. so the calls can be made without haste. This keeps the meet running smoothly. At all times the next event should be on the deck. Working closely and communicating with the deck manager is vitally important in this position. The announcer should avoid talking while the starter is giving commands the swimmers.

Deck Manager

Each team will provide a deck manager. This person is in charge of the ready area and shall line up all swimmers on the deck for their event. He/she shall be provided with the heat sheet listing names of all swimmers in all events. He/she shall notify each swimmer to wait behind the starting block until the starter takes over control of the race. The visiting team shall arrange for someone to work in the ready area to assist the deck manager in identifying swimmers. These people should be strong natured. Getting the swimmers and making sure that they are in place is difficult yet critical to the smooth running of the meet. Each team is

responsible for making sure that their swimmers report to the ready area from the team area in time to be checked in by the deck manager.

Computer Operator

One computer operator shall be provided from each team. They shall work together at the table provided. They will input the results from each event as reflected on the completed UK Judges Placing Form into the computer immediately after each event. A running score shall be kept at all times. Upon completion of the meet each team shall receive a copy of the final meet results. It is suggested that teams alternate this job every group of events: i.e. one operator does the short free then the other operator does the long free. The person who is not currently working on the computer should assist the computer operator with checking the input of times and places.

Ribbon Writers

Ribbon writers shall be responsible for placing the completed ribbon labels on the appropriate award and placing them into a box for the appropriate team. Ribbons should be placed in two separate boxes and given to each team at the end of the meet.