

- “28 Days To A Client” -




The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. ✓	1 ▾	Review fellow student copy
2. ✓	1 ▾	Breakdown a piece of copy from your swipe file
3. ✓	1 ▾	Morning Powerup Call
4. ✓	1 ▾	100 pushups
5. ✓	1 ▾	Mind resetting walk
6. ✓	1 ▾	Come up with hyper original ideas for your prospects
7. ✓	1 ▾	OODA Loop and Improve your Skills
8. ✓	1 ▾	Review the current day + plan the next one
9. ✓	1 ▾	Do what's on your notebook + watching some of the remaining videos on “Courses”
10. ✓	2 ▾	Create spec work for some of your prospects
11. ✓	2 ▾	Reach out to your prospects
12. ✓/✗	2 ▾	
13. ✓/✗	2 ▾	
14. ✓/✗	3 ▾	
15. ✓/✗	3 ▾	
16. ✓/✗	3 ▾	
17. ✓/✗	3 ▾	
18. ✓/✗	3 ▾	
19. ✓/✗	3 ▾	
20. ✓/✗	3 ▾	

Day Number: 5







Date: 18/03/2023

Start Of The Day - Time: 7:30

	 3 Things That I Am Excited To Have In The Future? 
1.	Lovely Relationship
2.	A stronger relationship with my siblings
3.	Freedom

Hour-By-Hour **Tracking:**

[Track+Measure=Improve]

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

1. I Am Acting With No Limits To My Abilities!

2. I Am Being All That I Can Be, Every Hour And Every Day!

3. Every Word I Am Saying And Thought I Am Thinking Is Positive!

4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

**(Delete Any Boxes Below That Are Before
The Time That You Start Your Day In Your
Own Copy)**







\$ 7 am: Task \$	Wake up + breakfast + personal care (7:30 - 7:50) / copy review
🔔 Intention 🔔	I start my day by taking care of my personal health, then I start reviewing students' copy
✍️ Reflection ✍️	DONE







\$ 8 am: Task \$	Copy review/breakdown
🔔 Intention 🔔	I continue breaking down copy (students'/swipe file)
✍️ Reflection ✍️	DONE







\$ 9 am: Task \$	Come up with hyper original ideas for your prospects
🔔 Intention 🔔	I want to hyper tailor my outreach for the prospects
✍️ Reflection ✍️	DONE







\$ 10 am: Task \$	Come up with hyper original ideas for your prospects
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 Intention 	I want to hyper tailor my outreach for the prospects
 Reflection 	DONE

 11 am: Task 	Come up with hyper original ideas for your prospects
 Intention 	I want to hyper tailor my outreach for the prospects
 Reflection 	DONE + received highly positive compliments by other students

 12 am: Task 	Lunch + Quick Nap
 Intention 	I regain some energies and I do a quick Nap because IM DEAD
 Reflection 	DONE (No nap, continued with ideas for prospects)

 1 pm: Task 	Outreach
 Intention 	Sending hyper tailored outreach with FVs for some prospects too
 Reflection 	DONE

 2 pm: Task 	Outreach
 Intention 	Sending hyper tailored outreach with FVs for some prospects too
 Reflection 	DONE

\$ 3 pm: Task \$	Outreach
🔔 Intention 🔔	Sending hyper tailored outreach with FVs for some prospects too
✍️ Reflection ✍️	DONE

\$ 4 pm: Task \$	MPUC - Mind resetting walk - pushups
🔔 Intention 🔔	Watching the MPUC - Clearing my mind - pushups
✍️ Reflection ✍️	DONE

\$ 5 pm: Task \$	Homework - pushups
🔔 Intention 🔔	Finishing this shit - pushups
✍️ Reflection ✍️	DONE

\$ 6 pm: Task \$	CHECK NOTEBOOK - Watch remaining videos on "Courses" - Shower break (18:30 - 18:45)
🔔 Intention 🔔	Doing the things listed on my notebook
✍️ Reflection ✍️	DONE

\$ 7 pm: Task \$	CHECK NOTEBOOK - Watch remaining videos on "Courses"
🔔 Intention 🔔	Doing the things listed on my notebook
✍ Reflection ✍	Spend too much time OODA Looping, could watch the video on courses

\$ 8 pm: Task \$	Dinner (till 20:20 - CHECK NOTEBOOK - Watch remaining videos on "Courses"
🔔 Intention 🔔	Doing the things listed on my notebook
✍ Reflection ✍	Spend too much time OODA Looping, could watch the video on courses

\$ 9 pm: Task \$	CHECK NOTEBOOK - Watch remaining videos on "Courses"
🔔 Intention 🔔	Doing the things listed on my notebook
✍ Reflection ✍	Spend too much time OODA Looping, could watch the video on courses

\$ 10 pm: Task \$	CHECK NOTEBOOK - Watch remaining videos on "Courses"
🔔 Intention 🔔	Doing the things listed on my notebook
✍ Reflection ✍	Spend too much time OODA Looping, could watch the video on courses

\$ 11 pm: Task \$	Plan / Review Day
🔔 Intention 🔔	//
✍️ Reflection ✍️	DONE

\$ 12 pm: Task \$	Copy breakdown
🔔 Intention 🔔	Breaking down students' copy
✍️ Reflection ✍️	DONE



End-Of-The-Day Report:



🧠 What Did I Learn Today? 🧠
<ul style="list-style-type: none"> - My outreach works and is fantastic (according to the other students) - Mind shifting question: “How are my prospects trying to get people from their YT (or whatever) to their website?” - A lot of insightful new ideas/consideration while rewatching MPUC: #141, #143, #144, #147, #148, #162, #165, #167 - I came up with new ideas for my prospects

NEW What Do I Plan To Do Differently Tomorrow? NEW
I’m going to reach out to more people

NEW What Do I Plan To Do The Same Tomorrow? NEW
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Almost everything, I was able to do A LOT and had the time to spend some time with my old and alone grandpa.

 Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 

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 What Tasks Were Left Undone? 

I wasn't able to watch some other videos inside "courses" because I spent too much time OODA Looping

Brain Dump:

ALWAYS THE SAME THING: BE FASTER