

Psychedelic Service Details

My sessions happen over Zoom on Mondays and Wednesdays, and in person on Saturdays.

The best way to contact me is to email: stonefuththerapy@gmail.com

My psychedelic harm reduction website is

<https://sites.google.com/view/psychedelictherapyontario/home>

Psychotherapy

Non-psychedelic, traditional talk therapy, walk-and-talk is \$160 / 50 min session.

Additional therapy outside of the journey protocol (e.g., ongoing integration) is also \$160 / 50 min session, or \$50 / 15 min phone call.

There's no tax for psychotherapy services. Psychotherapy is covered by most private insurance plans.

Psychedelic Journey Protocol

First-Time Clients	Returning Clients / Subsequent Journeys
A typical journey protocol includes • intake/screening (1 hr) - more than 4 weeks before the journey • preparation (2 one-hour sessions) - roughly 4 weeks and 2 weeks before the journey • Medicine session (6 hr in total) ◦ 2 hr therapy ◦ 4 hr harm reduction • Integration (1 hr) - 24-48 hours after the journey • Integration (1 hr) - 2 weeks after the journey	You would only need one preparation session and one integration session: • preparation (1 hr) - around 2 weeks before the journey • Medicine session (6 hr in total) ◦ 2 hr therapy ◦ 4 hr harm reduction • Integration (1 hr) - 24-48 hour after the journey More integration sessions are recommended but not required.

Location

There's no charge for me to go to your place within 1 hr of driving.

Alternatively, I can rent a clinic space for you in Hamilton that I have a partnership with. This is only available on Friday, Saturday, and Sunday. The space rental is \$200. We each pay half, which means \$100 additional cost to you.

You can also choose your own Airbnb. It must be detached houses and the entire place. Hotels are terrible for journeys due to a lack of privacy and higher noise levels during the day.

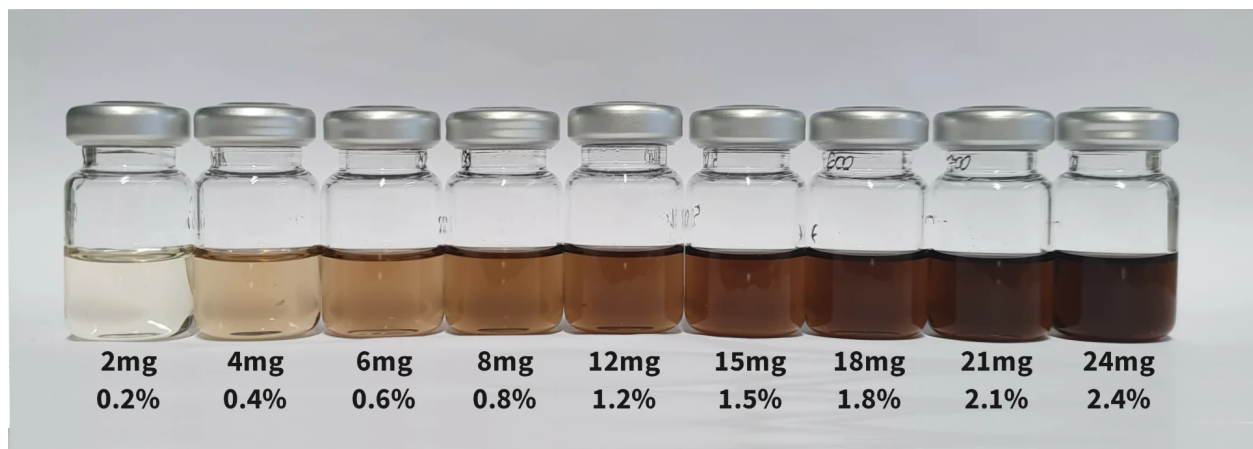
Potency Testing

I offer psilocybin and LSD potency testing to accurately calculate dosing. 99% of the practice site skip this step. Here's the reasoning:

The differences in potency of psilocybin mushrooms range from 0.5-2.5%, occasionally up to 5%. This means one batch can be 10 times more potent than another. In research studies, the dosage of synthetic psilocybin is 5-25mg. This equals to 0.5-2.5g of dried mushrooms with 1% average potency. However, with potency being an unpredictable factor, actual dosage can be all over the place. If you dose too little, the journey will be underwhelming and not effective. If you dose too much, the journey will be overwhelming and sometimes even cause a blackout. Therefore, accurate dosage is so important but often neglected for risk reduction and therapeutic effectiveness of psilocybin use.

To conduct the testing, the cost of 1 hour of labour is \$100 and the material is \$30. This also include the use QTest photometer (\$450 value) for accurate reading.

You can also choose to perform this test yourself ahead of time to save money. However, a photometer is way more accurate because eyesight is influenced by lighting and background.





Pricing

The following benefits are all complimentary without additional charge:

- driving up to 1 hour to your own place
- lab testing for synthetic substances
- preparation readings, instructions, and integration documents after each session
- email questions and answers along the process
- a high-quality headphone (\$400 value) and speaker (\$1000 value) for an immersive, crystal-clear audio experience.

A limited number of subsidies are available for people who demonstrate financial challenges.

If your insurance has a limit on each session, or if you don't have insurance, I'm happy to work with you to make it more affordable.

First-Time Clients	Returning Clients / Subsequent Journeys
The first step to get the ball rolling is to do an intake/screening session. A stand-alone screening session is \$160 (50 min). This is billed as psychotherapy. The total investment for a 10-hour journey protocol is \$1650 -1950, which includes: • \$1400 for all therapy sessions: prep, integration, and therapy on the day of the journey. They are billed as 6 psychotherapy sessions. If you have extended health benefits that cover psychotherapy, these sessions are covered. • \$250-550 sliding scale for the harm reduction service (non-psychotherapy).	The total investment for a 8-hour subsequent journey is \$1150-1450, which includes • \$900 for preparation, integration, and therapy on the day of the journey (psychotherapy). They are billed as 4 psychotherapy sessions. If you have extended health benefits that cover psychotherapy, these sessions are covered. • \$250-550 sliding scale fee for the harm reduction service (non-psychotherapy)

All numbers are in Canadian dollars.

Payment Schedule

Timing	First-Time Clients	Returning Clients / Subsequent Journeys
When reserving the time and space for a journey	Deposit of \$400 + \$100 clinic rental fee (if applicable), and the harm reduction agreement needs to be signed.	Deposit of \$400 + \$100 clinic rental fee (if applicable), and the harm reduction agreement needs to be signed.
Prep session 1	\$500 installments are due after each of the two preparation sessions.	\$500 installment are due after the preparation session.
Prep session 2	\$500 installments are due after each of the two preparation sessions.	N/A
Day of the journey	The harm reduction fee (\$250-550 sliding scale, cash preferred) is paid on the day of your journey.	The harm reduction fee (\$250-550 sliding scale, cash preferred) is paid on the day of your journey.
Total	\$160 for initial screening + \$1650 -1950	\$1150-1450

Any portion paid in cash can receive a discount.

I do my best to make the service more accessible, so let me know what you need!

Cancellation policy

A **\$50 administration fee** is applied for rescheduling/cancellation for any reason after the trip is reserved.

When one person reschedules or cancels a journey with short notice, it takes away the spot for someone else to receive service. It's hard to fill a spot with only 1-2 week notice to people. Please try to avoid this, planning ahead as much as possible.

Except in case of emergency, our rescheduling/cancellation policy is as follows for medicine sessions. (The word "deposit" refers to the \$400 paid to reserve the day.)

- Full refund of deposit if medicine session is cancelled/rescheduled more than 3 weeks prior
- 75% refund if medicine session is cancelled/rescheduled between 2-3 weeks prior
- 50% refund if medicine session is cancelled/rescheduled between 1-2 weeks prior
- 25% refund if medicine session is cancelled/rescheduled less than 1 week to 48 hours prior
- No refund if medicine session is cancelled/rescheduled less than 48 hours prior.

If a journey program is paid, some preparation sessions happened, then the journey is cancelled, each session is billed at \$160 / hour, and the remaining balanced is refunded after the above mentioned deduction.

Clinic rental fee is not refundable if the journey is cancelled in less than 5 days.

\$150 payment is required for renting the room again on a different date after a late cancellation.

Therapy sessions: \$75 if rescheduled/cancelled within 24 hours, except in case of emergency. No charge for over 24 hours. However, I appreciate as much notice as possible.

Medicine Groups

I lead medicine groups every 4-6 weeks. The cost is about 50% of working one-on-one. Please keep an eye out for information in my newsletters. If you have contacted me, you would usually be automatically enrolled in my newsletter unless you clicked “no” to community events. You can also sign up for Hamilton Conscious Collective’s newsletter. My events are cross-posted there <https://linktr.ee/hamiltonpsychedelic>

Why is psychedelic service so expensive?

I understand that psychedelic work may sound expensive and inflation is affecting everyone. As a reference, licensed psilocybin centers in Oregon charge \$2000 USD - \$3000 USD (not CAD!) per journey for an *individual*, senior-level facilitator, plus the cost of travelling and staying there. Here, you pay only half of that price. Even one session of Ketamine-Assisted Psychotherapy in Canada (typically last 2 hours) costs 800-1400 CAD. A complete Ketamine program usually costs \$6000+ CAD.

With your investment, you're getting my 2 years of master-level psychotherapy education, 3000+ hours of psychotherapy experience, specialized 1-year psychedelic therapy education (cost \$10K), my 30+ personal psychedelic journeys, my continuing self-education, clinical consultation with other practitioners, and most importantly, **my invaluable experience of supporting 100+ clients through journeys.**

My therapeutic approach

Please see my website

<https://sites.google.com/view/psychedelictherapyontario/home?authuser=0>

If you are interested in a 15-minute phone consultation or ready to book a 50-min screening session, please click the link below:

<https://stonefu.noterro.com/>

I'm glad you're embarking on this healing journey, and I'm excited to witness your transformation!

With Love,

Stone