SL: Hey Chris, My name is also Chris!

It's sort of a joke, but a coincidence nonetheless.

I was scrolling through instagram, when I stumbled upon your page. I immediately noticed that you do a phenomenal job teaching athletes how to take care of their body.

As an athlete myself I appreciate the untraditional (but effective) approach that you use to educate and train your clients.

I am a Freelance Growth Consultant and Copywriter, and I noticed a few different ways that I could help increase your conversion rates and grow your audience all together.

I took this opportunity and put together a couple of ideas that I would love to share with you if you're interested.

If this does sound appealing to you, please send me an email back and we could establish a time to discuss this further and in much more detail.

Best regards,

Chris