

Domains of Reflection: Example Reflection Questions

Cognitive (knowledge, facts, patterns, research, theory)

- What model/concept/theory/research/practice/content do you see applying to your experience (individual or team activity or assignment, other academic experience, etc.)?
- What model/concept/theory/research/practice/content was reinforced or deepened for you?
- How does the experience make you think about content differently?
- What connections in the experience do you see to the content?

Personal/Affective (developmental, attitudes and feelings)

- How does this change your feelings about the content or your understanding of the material?
- How does this experience change your attitudes toward the content?
- How did this experience affect you personally?
- Did you learn anything about yourself in this experience?
- What will it take for you, personally, to grow and deepen your learning in this content area?

Civic (democratic and social)

- How does the experience affect your role as a citizen?
- How does the experience affect your sense of responsibility to the problem/question/experience?
- What do you believe is the role of society/community in solving the problems raised in the experience?
- How can law, policy, culture impact problems addressed in this experience?

Professional (organizational, skills-based)

- How does the experience affect your understanding of the field/discipline?
- How do you see this experience changing how you might do your job?
- How do you see this experience preparing you for the field/career/discipline?
- How do you think this experience affected your ability to work in a professional environment?

Psychomotor (emphasis on action--brain/body, health, being able to do)

- How did sensing (the seeing/touching/hearing...) something in the experience alter your understanding of the content?

- How does this experience affect your understanding of what people *do* in the field, and how they do it?
- How did the physical situation of the experience change your understanding, values or attitudes around the content/profession/discipline?
- Many disciplines rely on step-by-step procedures, instruction, etc. What was it like to carry out the procedures?
- How will you need to grow and develop in this space as it regards the *doing* of the work?