

Breakout Wellness Team-Building Lockbox

Subject: Health & Human Services	Unit: Introduction/Wellness	Grade: 12
Curriculum Outcomes: 5.1.5 Demonstrate an understanding for the need to work as a team to provide support.		
Driving Question: Can I work with a team to complete a goal even if we have different ideas on how solve a problem?		
Learning Goal: Working with a team to complete a goal despite different opinions and personalities.		
Success Criteria: I can work with a team to complete a goal.		
Assessment: Self- and peer-assessment, anecdotal in journal		
Screencast Link(s) and Online Resources: Links and instructions for this lesson (including a screencast) can be found here: https://goo.gl/48hRsx Group Debrief & Journal Questions: https://goo.gl/9KtBrC		
Expected Duration: 1 x 75 minute period		
21C Taxonomy <div style="display: flex; justify-content: space-between;"> <div> <input checked="" type="checkbox"/> find and validate <input checked="" type="checkbox"/> analyze and synthesize <input type="checkbox"/> create and publish </div> <div> <input checked="" type="checkbox"/> apply and understand <input checked="" type="checkbox"/> evaluate and leverage </div> </div>		
21st Century Skills <div style="display: flex; justify-content: space-between;"> <div> <input checked="" type="checkbox"/> critical thinking <input checked="" type="checkbox"/> work collaboratively <input type="checkbox"/> develop creativity </div> <div> <input checked="" type="checkbox"/> communicate clearly <input type="checkbox"/> embrace culture <input checked="" type="checkbox"/> utilize connectivity </div> </div>		
Lesson Procedure (Including Differentiation)		
Tools and Tech Required Instructions: https://goo.gl/IHFv3t Hint cards: https://goo.gl/C2lKbJ Timer: http://www.online-stopwatch.com/timer/30minutes/	I do: (10 minutes) Split the class into two groups. Each group is working concurrently to solve the puzzle. Read the story to the class. Before they begin, each group must pick up two hint cards, and the first clue. Start the timer! Differentiation: If you only have one set of Breakout boxes, get each group to do half the challenges, bearing in mind that this will change how long it take to complete the challenge. For larger classes, divide into 4 groups and have	

	each group complete half the challenges (only possible with two Breakout box sets).
Tools and Tech Required See Instructions: https://goo.gl/IHFv3t	You do: (30 minutes) Students work together to solve the clues and try to open the Breakout Box before the timer runs out. Some clues will be fairly easy and straightforward, others will require some thought and collaboration to solve. Groups have two Hint cards they can use. Otherwise they have to complete the task relying only on their group members for help.
Tools and Tech Required Group Debrief Qs: https://goo.gl/9KtBrC Computer w/ LCD	We share: (15 minutes) Discuss the Debrief Questions together with the group. Get feedback from students on how easy/hard the tasks were.
Tools and Tech Required Group Debrief Qs: https://goo.gl/9KtBrC Computer w/ LCD Word Processors for students.	You do: (20 minutes) Students will answer the journal questions in a Doc file and submit their responses to the Journal/Portfolio Google Classroom. Differentiation: Students who struggle to write can arrange a private conference with the teacher to discuss answers, or use Voice Typing in Google Docs.
Wrap Up/Reminders: Different group will experience different levels of ease and success, depending on their willingness to work together.	