

## I Can Keep My Promises!

### Week #4 - 23rd Nov 2025

**The Big Point:** I Can Keep My Promises!

**Character:** Consistency

**God's Word:** Keeping Promises (Matthew 5:33-37) + The Story of the Two Sons (Matthew 21:28-31)

**Memory Verse:** Don't just listen to the word. You fool yourselves if you do that. You must do what it says. James 1:22 (NIRV)

**Application:** I can keep my promises!

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**Series Aim:** To teach kids to do what the Bible says and have the right attitudes to love God and others.

### Primary Huddle Guide

**Duration:** 20-25 mins

#### Before Sunday:

- Pray and prepare yourself by reading through this Huddle Guide and the Word Write-Up (scroll down to the right week) found on the [HopeKids Service Plan Blogspot](#).
- All Huddle Leaders are to prepare your own "script" and things to say. Feel free to inject your own questions or discussion points whenever necessary to suit the needs of your children.
- **Please note that there is no items for primary huddle this week. However, as usual, please really take time to read, prepare and pray for the kids in your huddle group. As we are talking about the Bible, please bring your own physical Bible.**

#### Before Service on Sunday Morning:

- Prepare all the items that are needed for Huddle Time. For this week:
  - Physical Bibles

- HopeKids Notebooks
- Writing Materials

**During Huddle Time:**

- Have the children sit in a circle, making sure you can have eye contact with each kid.
- Welcome and ease the children into Huddle Time by:
  - Introducing yourself and the kids to one another
  - Remember the names of newer kids and help them feel welcomed and know they belong to the group!
  - Air high-fives, fist bumps
  - Playing small ice breaker games
- Remind the kids that the BEST rules still apply during Huddle Time.
- \*Choose **ANY** of the activities that best suit your age group, needs of kids and as per time permits - you do not need to go through every activity/everything!

**Activity #1: Ice Breaker Game - Truth or Trick?**

**Purpose:** To open the time together with the kids and lead in to the discussions

**No Materials Needed**

**Welcome:**

- Introduce yourself and welcome the kids to Huddle Time (small group time).

**Ice Breaker Game: Truth or Trick?**

- Alright HopeKids, I'm going to read out statements.
- If you think the statement is **true**, you put up two thumbs up.
- If you think the statement is not true and it's **a trick** you do a cross with your hands.
- Say any of the following true or trick statements (or come up with you own and get the kids to respond accordingly. Mix silly, surprising, and funny facts!
  1. Cats can't taste sweetness. (True - they lack the gene to be able to taste sweetness).

2. A giraffe can lick its own ear. (True - a giraffe's tongue is really long.)
3. Your nose gets bigger when you lie. (Trick.)
4. Bananas grow on trees. (Trick - a banana plant is actually a huge plant / herb, not a tree! A banana plant has no trunk!)
5. Sharks have eyelids. (True - but their eyelids are not like ours and don't blink. It's actually called a nictitating membrane to protect their eyes!)
6. You can hum while holding your nose closed. (Trick! You can't hum without having air pass through your nose - try it!)
7. Octopuses have three hearts. (True - two hearts to pump blood to the gills to get oxygen and one heart that pumps blood with oxygen to the rest of the body.)
8. Goldfish can remember things for months—not 3 seconds. (True - Scientists found that goldfishes have better memory than we think!)

**Talk about it:** Alright, that was pretty fun and pretty funny isn't it? Don't you realise that sometimes, it's so easy to believe something that *sounds* true...and sometimes we make choices or say things without checking if they're really true.

**Ask:** In real life, how important is it to say things that are true — and to mean what we say?

- *Allow kids to respond.*

### **Activity #2: Discussion and Reflection**

**Objective:** To get the kids thinking about what they have learnt and link it to what they can do in their lives

**Materials Needed:**

- Writing Materials
- HopeKids Journal
- Physical Bible

Well, it is important for us to say things that are true, and for us to mean what we say. In Jesus' words, it's to simply say yes or no. To let our yes really mean yes and our no to really mean no.

It's never fun when people go back on their word and their promises right? *[Give an example kids in your huddle group relate to.]*

- *E.g. Your friend promised to lend you their game when they are done, but they went back on their word.*

- *E.g. Your parents promised to bring you to \_\_\_ but they didn't.*
- *E.g. Your older sibling promised to play with you but they didn't...*

And just like how you don't like it when people go back on their word/promise, people would not like it when you don't mean what you say and go back on your word / promise. *[Give an example.]*

- *E.g. Maybe you are the friend who said you will lend your game, but you decided you want to keep it to yourself... then you shouldn't have promised in the first place.*
- *E.g. You promised to do your homework after 2 YouTube videos but you didn't...*

It's so important to mean what you say, and also to **keep your promises. Keep to your word.** Or maybe for you, you may think, "why must I keep my promise? Others didn't keep their promise to me..." I can understand how annoying it feels and how unfair. But if we follow Jesus' way of life, we cannot let our actions and attitude be affected / decided by other's actions/ attitude. We simply need to do what is right as taught to us in the Bible by Jesus.

So as much as it's hard, even if others did not keep their promises to you, you should keep your promise and that shows that you are truly strong in your character! And that will please God too. God always keeps His promises to us, even when we sometimes do not follow and obey Him all the time. Let's be people who mean what we say, and keep our promises.

Remember the two brothers in the story? One had the wrong word, but the right actions. The other had the right words but the wrong actions. Even though the one with the right actions pleases God more, let's be people who have both the right words and right actions. Let's let our words and actions match. Let's let our yes mean yes and our no to mean no.

**Now, I want you to think:**

***(Huddle leaders don't have to go through all the questions.)***

**For younger kids (P1-P3, Ages 7-9)**

1. When someone breaks a promise to you, how does it make you feel?
2. What is one promise you want to get better at keeping — at home, in school, or with friends?

**For older kids (P4-P6, Ages 10-12)**

1. What is one situation where you find it hard to keep your word? Why is it hard?
2. How can you make sure your words and actions match — like saying

3. What does it mean for *you* to let your “yes” mean “yes” and your “no” mean “no”?

“yes” and actually doing it?

3. Even if others don’t keep their promises to you, what helps you choose to still do what is right?

### Prayer

Let’s pray together, HopeKids.

Dear God,

Thank you for creating me and loving me. Thank you for giving us many truths and life hacks in the Bible, including keeping our promises. Help me to know You more and love you more and want to follow after your life example. Help me to choose to **keep my promise**, even when others don’t. Help me choose my attitudes and actions based on You and what You teach rather than others.

In Jesus’ name, amen.

### Memory Verse

**Objective:** To hide God’s Word in the children’s hearts.

#### Materials needed:

- *According to how you are deciding to test the kids!*

**Memory Verse:** Don’t just listen to the word. You fool yourselves if you do that. You must do what it says. James 1:22 (NIRV)

#### Activity:

1. Either have your kids think of individual actions and show it to the rest of the kids in the group or
2. Decide on an action together as a group and do it together once decided!

*Huddle leaders can do this in various ways.*

*If using small strips of paper/post-its:*

- *You can give each kid one of the strips of paper for them to write on like a dictation.*
- *You can make it a game by having each kid in your huddle group write one word and have the kids put the memory verse together using their word.*

*If using verbal means:*

- *You can say the verse out word by word, and ask each kid to fill in the next word after you.*
- *Each kid can take turns to say out one word at a time, completing the memory verse together.*