

Orientation and Mobility Distance Learning Resources

(Parts taken from California School for the Blind, [Parent Resources for Distance Learning](#))

Subject	Name/Sponsor	Topics	Web/Zoom Link
Home Bound for Adventure	Tracy Spohn Orientation and Mobility Specialist	A weekly podcast for helping O&M students stay connected and engaged while quarantined. Made by Tracy Spohn, O&M Specialist in Washington State. Tune in every Wednesday morning (during the COVID-19 school closure) for a new episode.	Home Bound for Adventure
Escape Room	Mr. Jacobson & Ms. Enache	Path to Literacy Seminar	Escape Room
Parent Resources for Virtual and At-Home Learning	California School for the Blind	Online Classes and Webinars, Resources for the Expanded Core Curriculum	CA School for the Blind Resource List
Insight 2 Minute Tips for O&M	Insight	2 minute audio clips about O&M concepts	2 Minutes O&M Audio Tips
Community Connections: Intro to Restaurants	Paths to Literacy	Past Seminar from ExCEL Academy	Community Connections: Intro to Restaurants
Body Awareness Activities	Integrated Learning Strategies	Integrated Learning Strategies	Body Awareness Activities
Problem Solving	Paths to Literacy	Past Seminar from ExCEL Academy	Problem Solving Skills
Travel, Recreation and Leisure	Hadley School for the Blind	Past seminars about travel, recreation and leisure	Travel, Recreation and Leisure Past Seminars
Orientation and Mobility Resources for Families	Parent Mobility Website	Videos on cane techniques, activity calendars, O&M skills summary for age groups	Parent Mobility
Expanded Core Curriculum	Paths to Literacy	Monday-Friday	ExCEL Academy Homepage Register for Zoom Webinars ExCEL Academy Playlist of Past Sessions Class Schedule

Blind On the Move	O&M Website	O&M Resources, Reviews and Tutorials	Blind On the Move
Blindsquare GPS App	Blindsquare	Beginner's guide and videos to using Blindsquare for O&M	Beginner's Guide to Blindsquare BlindSquare GPS Video Tutorial
Objective Ed	O&M Concept Development Games	Need ios device to participate, ask your O&M teacher for your username and password	Objective Ed Login ObjectiveEd Games App Link
Noisy by Nature	ABC Kids Listen	Podcast with different animal sounds, discover the weird and wonderful sounds that nature makes	Noisy By Nature
A Guide to Outdoor Play for Children with Visual Impairments by the Royal National Institute for Blind People (UK)	RNIB	Messy and Muddy: A guide to outdoor play for children with visual impairments (PDF)	Messy and Muddy
Explore the Universe with NASA	Hadley School for the Blind	Past seminars about NASA, Careers, Exploring the Solar System	Explore the Universe with NASA