

**** AVOCADO HUMMUS ****

Ingredients

- * 1 large avocado, pitted & diced
- * 1 (15 oz.) can chick peas
- * ¼ cup liquid from the can of chick peas
- * 1 lemon, zested & juiced
- * 2 tablespoons Tahini paste
- * 2 garlic cloves
- * Salt, to taste
- * Garnish ideas: olive oil, paprika, cayenne, cilantro, lime, jalapeno

Directions

- * Blend everything in a food processor until smooth. (*A blender may work, although I'm worried the hummus may be too thick.*)
- * And that's it -- just garnish to your desire!