

PRAGYA

Diabetes type -1, Celiac Disease

Pragya is a **10-year-7-month-old girl from Bhiwani** who was diagnosed with **Type 1 Diabetes** and Celiac Disease on **6 April 2026**. Before the diagnosis, she was experiencing **excessive thirst, frequent urination** and **vaginal itching**.

She was admitted to **Chugh Hospital, Bhiwani**, with **Diabetic Ketoacidosis (DKA)** and was discharged on insulin therapy consisting of **Human Insulin (6-6-6 units)** and **Lantus (12 units at bedtime)** **Total 30 units insulin a day**.

Later, her family consulted specialists at **Medanta Hospital, Gurugram**, where they were advised that although the insulin dosage might increase or decrease over time, insulin therapy would be required for life.

Despite trying various conventional treatments and other approaches, her condition did not show the desired improvement.

In April 2026, Pragya's father came across several videos by **Dr. Biswaroop Roy Chowdhury (Dr. BRC)** and contacted the Dr. BRC helpline. The family attended **3-day health camp on 29,30,31 may 2026**, where Dr. BRC reviewed Pragya's blood glucose readings and recommended a structured protocol. She then began following the **DIP Diet** along with the other prescribed lifestyle protocols.

According to her family's account, Pragya's health improved significantly over the following month. They report that she discontinued insulin, her symptoms resolved, and she is now healthy, active, **and insulin -free life**.

	Before 6 April 2026 -29 may 2026	After 29 MAY 2026- 23 JULY 2026
Medical condition	Diabetes Type-1	Recovered 100 % (INSULIN FREE)
Hospital name	• Chugh Hospital (Bhiwani) • Medanta Gurugram (Gurugram)	• CURE @ 72 HOURS CAMP (MAY 2026 Ex. Name -Dt-Lalita Bhardwaj
Medications Taken	6-6-6 Human insulin and 12 Lantus Total 30 units	• DIP Diet - 100% (Zero Grain) • Sunlight • Zero Volt Therapy
Physical Discomforts	Frequent urination, Frequent thirst, vaginal itching	Nil
Investigations	Random blood sugar 530 mg/dl HBA1C - 17.2 % (11/4/26)	Fasting blood sugar: 126 HBA1C - 7.1% (2/7/26)