

HEALTH POLICY AT FIS

Health policies and hygiene procedures have been implemented for all faculty, staff and students of Frankfurt International School to ensure the highest standards of health and safety for our community members.

Please help keep our community safe by adhering to the following health guidelines:

I NEED TO STAY HOME IF						
I have a fever	I'm vomiting	I have diarrhea	I have a rash	I have Head Lice	I have an eye	I've been in the Hospital
()			00			⊕
Temperature of 37.5C or above	within the past 24 hours	within the past 24 hours	body rash with itching or fever	active head lice detected	redness, itchy and crusty drainage from eye	Hospital stay and/or ER visit
I AM READY TO GO BACK TO SCHOOL WHEN I AM						
Fever-free for at least 24 hours without use of fever-reducing medications (eg. Paracetamol, Ibuprofen)	Free from vomiting for at least 24 hours	Free for diarrhea for at least 24 hours	Free from rash, itching and fever, or have been evaluated by my Doctor and cleared to return to school.	Treated with appropriate head lice treatment medications at home	Evaluated by my Doctor and cleared to return to school.	Cleared by my Doctor to return to school.

REMINDER - STUDENTS ARE NOT PERMITTED TO CARRY PERSONAL MEDICATIONS (EXCEPT FOR INHALERS AND EMERGENCY MEDICATIONS).

PLEASE STORE ALL OTHER MEDICATIONS IN THE HEALTH OFFICE.

REMINDER: Students are not permitted to carry personal medication (except for inhalers or emergency medication). Please store all other medications in the Health Office. If your child needs to take medication while at school, please complete this Permission to Medicate Form, and deliver it to the Health Office.

Return to School After Illness / Fever

- Parents must check the temperature of returning students before leaving home on the day of return to school. This also applies to faculty and staff.
- Children returning to school must be fit enough to participate in all activities. Exception to the
 rule: If there is a restriction from some activity (recess or PE) there must be a doctor's note
 explaining why and for how long. (For example, exclusion from PE because of a broken
 limb.)

Medications

By signing the permission to medicate clause on your child's medical record you are giving your consent to the nurse to administer OTC medications. No student should carry medication with them during the school day. If prescription medication must be given during the school day, the Permission to Medicate form should be completed and given to the school nurse. Medication should be in the original package and will be kept in the nurse's office. You can <u>download the Permission to Medicate form here</u>, or obtain a hard copy from the nurse's office.

Contagious Illnesses

To help protect the health of our community, we would appreciate it if parents report to the nurse's office if their child has been diagnosed with a contagious illness (such as, but not limited to, head lice, chickenpox, mononucleosis, scarlet fever). An informational email will then be sent to parents and teachers of the affected grade level to raise awareness of possible symptoms to check for in their own children. Only the illness and grade level will be reported. The affected student will not be identified.

Emergency Medical Care

In the event of an accident or sudden illness the nurse will notify the parents. In case of an emergency, an ambulance will be called. In the case of smaller injuries, parents will be called to take the student for medical care. For this reason, please make sure that all medical information is current and contact numbers are available.

What to do in Case of a School Accident / Accident Insurance Information for Parents

During school activities (e.g. sports, trips, and excursions), students are covered by the mandatory state student accident insurance, Unfallkasse Hessen, Leonardo da Vinci Alle 20, 60486

Frankfurt. If the student needs to see a doctor because of a school accident, they must go to a specific doctor called an *Unfallarzt* or "D-Arzt" (*Durchgangsarzt*) or the emergency room at a hospital.

You must tell the doctor, clinic, or hospital that your student has had a school accident. As soon as possible, tell the school nurse about the doctor's visit and the outcome. The school has to report both the accident and the doctor's visit to the accident insurance.

Clinics with an Unfallarzt or D-Arzt that are closest to FIS:

Humanmedicum Oberursel, +49 (0) 6171-56690 - Google Maps

Humanmedicum Königstein, +49 (0) 6174-9552-500 - Google Maps

Bad Homburg - Chirurgisch-Orthopädischen Zentrum, +49 (0) 6172-23800 - Google Maps

Bad Soden - Facharztpraxis Chirurgie Maintaunus +49 (0)6196 - 651610 - Google Maps

Emergency Dentist: Zahnklinik Carolinum, +49 (0) 6301 5887 - Google Maps

Nearest hospitals to FIS (with Google Maps links):

<u>Bad Homburg - Hochtaunus Kliniken</u> - closest to the school, 8.3km or approximately 9 minutes

Frankfurt - BG Unfallklinik - directly off the A661, 20km or approximately 15 minutes

Krankenhaus Bad Soden - 10.9 km or approximately 15 minutes

Wiesbaden - HSK - for families who live near to Wiesbaden

Please note:

- The accident insurance will not cover costs from private doctors. Seeing a private doctor is the choice of the student's family but costs will not be covered by the school's accident insurance. A private doctor should also be informed it was a school accident.
- The accident insurance only covers accidents. Sickness is not covered; sickness is only covered by the student's health insurance.
- If any payments are required (for example, if the school trip is outside of Germany), keep all receipts and submit them to the Head of School's office.

 Any student who is injured during school time, coming directly to or from school, or on a school/sports trip, will be provided with the appropriate treatment and will be covered by the Unfallkasse Hessen, however, any incidents outside these stipulations are NOT covered.

Important School Contacts

Head Nurse: Karen McEwan, karen mcewan@fis.edu, 06171-2024-242

FISW Nurse: Evelyn Torrealba, evelyn torrealba@fis.edu, 06127 - 99400-714

Admin Assistant to Head of School: Linda Westcott, linda westcott@fis.edu, 06171-2024-470

Athletic Trainer: Scott McNeil, scott mcneil@fis.edu 06171-2024-401

Athletic Director: Will Moncrief, william moncrief@fis.edu, 06171-2024-406 / 01512-4163890

Health Testing During the School Year

All students in Grades Primary, 1, 3, 5 and 7 will receive health screening, including height, weight, vision and hearing. All new students will also be screened upon entry to school. The German school health authority conducts physical examinations for students in Grade 1. Students in Grades 5 and 7, plus all new students in Grade 5 and above, will also be screened for scoliosis.