

A few resources for learning:

- [How to talk about race.](#)
- [How to talk about race part two.](#)
- [Understanding the context for George Floyd's death.](#)
- [Understanding and dismantling racism, a book list for white readers.](#)
- [30+ ways Asians perpetuate anti-Black racism everyday.](#)

A few resources for healing:

- [Rice Wellbeing and Counseling Center.](#)
- [Radical self care.](#)
- [Building resilience to trauma.](#)
- [Coping with anxiety and racism.](#)
- [National Alliance on Mental Illness](#)

A few opportunities for action:

- Join the [Rice for Black Life Coalition](#), a student-led effort to mobilize Rice students, alumni, and affiliates to canvas their respective networks with the express purpose of raising funds to support local longstanding grassroots organizations.
- [Action Items for Allies](#)
- [Report instances of anti-Black prejudice/violence on our campus.](#)
- [75 things that white people can do for racial justice.](#)
- [20+ allyship actions for Asians to show up for the Black community right now](#)
- If you're financially able, please donate to...
 - Campaign Zero (<https://www.joincampaignzero.org/solutions#solutionsoverview>)
 - Reclaim the Block (<https://www.reclaimtheblock.org/home/#about>)
 - George Floyd's Memorial Fund (<https://www.gofundme.com/f/georgefloyd>)
 - The Bail Project (<https://bailproject.org/>)
 - NAACP Legal Defense and Educational Fund (<https://www.naacpldf.org/about-us/>)
 - Black Lives Matter (https://secure.actblue.com/donate/ms_blm_homepage_2019)
 - Black Visions Collective (<https://www.blackvisionsmn.org/>)
- And call/sign/text...
 - Contact the Minneapolis District Attorney and Mayor. Leave a message for them demanding that 4 officers including Derek Chauvin (Badge #1087) and Tou Thao (Badge #7162) be arrested for the Murder of George Floyd.
 - Minneapolis Mayor's Office, Jacob Frey: (612) 673-2100
 - Template: "Hello, my name is [your name]. I'm calling because I demand accountability for the racist murder of George Floyd. I urge you to defund the Minneapolis Police Department during the special budget session and instead invest in community programs that will help reduce the amount of violence in Minneapolis. George Floyd should be alive today, and we must start providing

more support towards community efforts in order to prevent this brutality and violence from happening in the future. Thank you."

- Minneapolis District Attorney, Mike Freeman: (612) 348-5550 or email: citizeninfo@hennepin.us
 - Template: "I'm calling because I demand accountability for the racist murder of George Floyd. I demand that you press charges against all of the officers involved in the incident, including Derek Chauvin and Tou Thao. George Floyd should be alive today, and all cops involved must be held accountable for his murder. This will bring justice to George's family and prevent this brutality and violence from happening in the future. Thank you."
- Contact your U.S. senators and congressional representatives to demand federal action on police brutality and racial injustice.
 - The Rice area is represented in congress by:
 - Senator Ted Cruz- [Email](#) or Call (713-718-3057 or 202-224-5922)
 - Senator John Cornyn- [Email](#) or Call (713-572-3337 or 202-224-2934)
 - Representative Dan Crenshaw- [Email](#) or Call (281-640-7720 or 202-225-6565)
 - For other areas, you can find your representatives [here](#).
 - Currently, the House Judiciary Committee is [considering](#) taking up several pieces of legislation on these issues, including the following:
 - [H.R.4408](#) - Eric Garner Excessive Use of Force Prevention Act of 2019, which would ban the use of chokeholds by police officers.
 - [H.R.1636](#) - Commission on the Social Status of Black Men and Boys Act, which currently has bipartisan sponsorship in both the House and the Senate, would create a federal commission to investigate and develop policy recommendations regarding education, criminal justice, health and labor disparities experienced by black men and boys.
- [Justice for George Floyd](#) Change.org petition.
- [Justice for Breonna Taylor](#) Change.org petition.
- Text "Floyd" to 55156, and "ENOUGH" to 55156 and "JUSTICE" to 55156 to sign petitions for Breonna Taylor and Ahmaud Arbery.
- Among [other opportunities for action endorsed by Black Lives Matter](#).
- With [additional opportunities for action compiled by Rice students](#).