Human Growth and Development Student Opt-Out

Hockinson School District

Student Waiver

Elementary school students in grade 4 will receive instruction on bullying, bystander training, and healthy friendships. Students in grade 5 will receive human growth and development and HIV/AIDs instruction on May 19-21, 2026. **Links to all lesson materials can be found on page 2 of this document and can be previewed by HHES families at their convenience.** This form is only for students who are **OPTING OUT** of this instruction. **PLEASE RETURN BY Friday, May 14.** Alternative assignments will be given and worked on in a separate location.

Instruction to be waived:

_____ **HIV/AIDS**

_____ **Human Growth and Development**

_____ **Both HIV / AIDS and Human Growth and Development**

Student Name (Printed) **School** **Grade**

_____

Parent/Guardian Name (Printed) _____

Parent/Guardian Signature _____ Date: _____

Parent/Guardian: If opting out, please return this form to your student's teacher either in person or through email by MAY 14, 2026.

Questions or concerns? Please email meredith.gannon@hocksd.org and/or jennifer.sawyer@hocksd.org

Human Growth and Development Instruction Opt Out Process

1. The District will notify you by email and on the district website, at least 30 days prior to instruction, of your opportunity to review the Scope and Sequence and the Human Growth and Development materials.
2. Review the Scope and Sequence document and corresponding materials for your student's grade level.
3. Determine if you want your student opted out of any of the listed lessons.
4. If your student will **PARTICIPATE IN ALL** the lessons, **you do not need to take any action**.
5. If your student will be **OPTED OUT of SOME OR ALL** of the lessons, **you need to fill out the Opt Out Form for your student by May 14, 2026.**

Fourth Grade	
Hockinson Heights Elementary School - Scope and Sequence:	
Topics Covered and Corresponding Lessons	
Day 1 - Being Assertive What does it mean to be assertive? Assertive responses	Second Step Social-Emotional Learning Curriculum ● Grade 4, Unit 1, Lesson 3
Day 2 - Bullying Standing Up for Others Empathy Asking For and Offering Help	Collaborative Classroom Social-Emotional Learning Curriculum- ● Topic: Bullying Tuesday and Thursday lessons

Fifth Grade	
Hockinson Heights Elementary School - Scope and Sequence:	
Topics Covered and Corresponding Lessons	
Day 1 - Human Growth and Development Boys and Girls in separate locations	Girl video https://www.youtube.com/watch?v=gv21b3ZpSLg Boy video https://www.youtube.com/watch?v=2XF0awGRTWs
Day 2 - HIV/AIDs All students during PE class	HIV/AIDs video https://www.youtube.com/watch?v=lvjcQ_I9JZU