

# **Mountain Range High School**

## **Girls Swim & Dive**

Head Coach - Hannah Holm - [bur025745@adams12.org](mailto:bur025745@adams12.org)

[Registration for the Winter season opens October 26, 2026.](#)

**The official first day of the Girls Swim & Dive season is Monday, November 9, 2026.** Athletes must have the registration completed before tryouts and participation on the first day of the season; this includes completing the online registration, uploading a current physical (must be on the [required CHSAA form](#)) and paying the district athletic fee.

Athletic Registration link - <https://hello.students.arbitersports.com/>

[All MRHS Athletic Schedules](#)