

# POSITIVE DISCIPLINE WORKSHOP

## MS / HS

**Facilitators:**                      **Annur Ortiz**  
                                              **Erin L. Glab**  
                                              **Harold Morales**

**Total time:**                      **2 hours**

	ACTIVITY	METHODOLOGY	TIME	MATERIALS
1	<p>Welcome.</p> <p>Presentation of the agenda.</p> <p>Agreements of Distribution roles.</p> <p style="text-align: right;">2:00-2:10</p>	<p>The agenda is read, workshop agreements are established from among everyone and roles are distributed voluntarily (Time management, flip chart, parking area, photos)</p>	5 minutes	<p>Cardboard with the written agenda.</p> <p>Memos</p> <p>Flip chart and marker.</p>
2	<p>The two lists: Where are we and where do we want to go?</p> <p>Objective: To know what teachers really want for their students.</p> <p><b>Page 276</b> 2:10-2:30</p>	<p>Objective: To help teachers think about what they really want for their students. By listening to the problems and dreams of other teachers, they realize that they are not alone.</p>	20 minutes.	<p>Flip chart and label one paper with "Challenges" and another with "Life Skills".</p> <p>Markers.</p>
3	<p>Adolescent Power</p> <p><b>Page 321</b></p> <p><b>2:30-2:45</b></p>	<p>Objective: To understand the importance of giving power to adolescents to avoid rebellion (aggressive or passive) and the struggles</p> <p>The instructions on page No 281 are followed</p>	15 minutes	A Pencil
4	<p>Asking vs. Telling &amp; Do As I say</p> <p><b>Page 260</b></p>	<p>Objectives: Demonstrate how challenging (such as not listening) can be used to teach valuable life skills</p>	20 minutes	<p>List of remains and life skills</p> <p>Statements with</p>

	<b>2:45-3:05</b>	Help students feel respected and able to figure things out for themselves.		questions and orders
5	<b>Teachers Helping Teachers</b>  <b>Page 251</b>  <b>3:05-3:45</b>	Objective: Learn from the experiences of other teachers and build together strategies for approaching discipline under the PD approach.	50 minutes	0
6	Closing Activity: Ball of yarn.  Objective: Reflect on what has been learned and share it with others.  <b>3:45-3:55</b>	Group members are asked to move their chairs and make a tightly taped circle.  They are asked to share what is good about the activity and what they leave behind (to improve in the future).  After two minutes of reflection it begins and once the first one shares, it will be passed on to another person and so on.  It concludes.	10 minutes	Ball of yarn or a ball of yarn.