

Choosing a Karate School For Your Kids - 5 Tips



Are you considering enrolling your kids in the martial arts, but don't know where to start? Well, I would like to help those of you out there that have kids and are interested in enrolling them in the martial arts find a great school. I've had the opportunity to train at many schools as well as run my own school for years and would like to give a few tips that can help you make this important decision.

Ok, now onto the really important information....how does one go about picking out a good martial arts program for your family?



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Here are 5 tips for selecting the best school for your kids:

- 1.) What benefits are you looking for? Every school will have a slightly different focus. Some schools focus on self-defense while other schools focus on fitness. Clearly defining the type of benefits you are looking for will help you weed out programs quickly.
- 2.) How far away is the school from your house? With time being tighter than it has ever been this is a very important point to consider. Most schools will want you to attend 2-3 days per week because skills build upon themselves. Look for a school that has a flexible schedule that will work for you or a school that has more than one location that you could attend class at if your schedule becomes busy.
- 3.) Check into the owner's background. Unfortunately, the martial arts industry is riddled with owners that have a less-than-stellar personal background. Remember that martial arts instructors are role models and that your children will try to emulate their behavior. Most states in the U.S. have public domains that you can do a background check on.
- 4.) How long has the school been in business? This point is very important in today's economy. Many martial arts school owners have 'cashed' students out and then shut their doors. Look for a school that has been around a minimum of five years.
- 5.) Ask to take a FREE trial lesson. That's right, it is common in the martial arts industry to offer this to students. By trying out a free class you can see what you're getting before committing.

James Martial Arts Academy

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