

Lista publikacji o których wspominamy w podcaście:

1. Livingston G. Dementia prevention, intervention, and care: 2024 report of the Lancet standing Commission. *Lancet*. 2024 Aug 10;404(10452):572-628.
2. Peng Z. i wsp. Neuroprotective Effects of *Asparagus officinalis* Stem Extract in Transgenic Mice Overexpressing Amyloid Precursor Protein. *J Immunol Res*. 2021 May 10;2021:8121407; Chan T.C. i wsp. A Standardized Extract of *Asparagus officinalis* Stem (ETAS®) Ameliorates Cognitive Impairment, Inhibits Amyloid β Deposition via BACE-1 and Normalizes Circadian Rhythm Signaling via MT1 and MT2. *Nutrients*. 2019 Jul 17;11(7):1631
3. Zenimoto T. i Takahashi M. Effect of a Standardized Extract of *Asparagus officinalis* Stem (ETAS®50) on Cognitive Function, Psychological Symptoms, and Behavior in Patients with Dementia: A Randomized Crossover Trial. *Hindawi Evidence-Based Complementary and Alternative Medicine* 2023.
4. Mikhailichenko N. i wsp. Evaluation of the beneficial effects of ETAS ® on normal aging or mild cognitive impairment subjects: A pilot randomized controlled trial. *Journal of Pharmacy & Pharmacognosy Research*, 12 (1), 154-165, 2024.
5. Gao Y. i wsp. Association of neuroticism with incident dementia, neuroimaging outcomes, and cognitive function. *Alzheimers Dement*. 2024 Aug;20(8):5578-5589. doi: 10.1002/alz.14071. Epub 2024 Jul 10