AGOGE NEW IDENTITY TEMPLATE

Ideal Version of Yourself 3-6 Months From Now

Power Phrases (2-3)

- I am Marios Englezos and i will succeed in any given task
- I am responsible for the actions that i take
- This will decide my bloodlines future
- Don't think about doing it just do it it's easier than you think
- Take the risk and slowly evolve into your best version
- Start or join a conversation when you get the chance and improve your social skills

Core Values (2-3)

- Risk taking
- Indefatigability
- Focus
- Critical thinking
- Analyzing
- Relentless

Daily Non-Negotiables (2-3)

- Daily checklist
- Train
- Running for fat loss
- Do homework/study
- Work/broaden my knowledge about copywriting/practice copy

Goals Achieved

- Getting multiple clients at a time
- Became a better copywriter

- Physique goal
- Self discipline
- Make money from clients

Rewards Earned

- Money
- Improved copywriting skills
- Great physique
- Undefeated personality
- Evolution
- Immaculate confidence

Appearance And How Others Perceive Him

- Masculine
- Ambitious
- Disciplined
- Undefeated
- Relentless

Day In The Life

Make it as vivid as possible. What does he FEEL like as he goes through each part of his day? Add images vision board style. Use the first person and present tense, i.e. "I walk through the streets..."

In the morning I visualize myself in the future as a better me and feel ultra powerful, i do a mini workout like a 40 minute walk then i take a shower. After the shower i prepare my breakfast and work until i go to school. At school I'm seen as an ambitious, relentless person that strives to become better every single day. When school is over i try to learn or work as much as possible before my training session. I feel energized after a hard workout and proceed to watching the powerup call of the day while doing a 30 minute walk again. Going home i take a shower and then preparing my dinner before work. The rest of the night i spend working for clients, practicing my copy and studying for school. Then i repeat



