



School Counselor's Corner

Mrs. Schreibe

As part of the school counseling program, I will teach 6 lessons in Grades 1-5 throughout the school year. Themes for the lessons will be

listed each newsletter.

Lesson Themes This Month:

Understanding emotions
Size of the problem
Friendship
Kindness
Empathy

Coping Strategy of the Month: **Snake Breath**



SNAKE BREATHS



From the Desk of Mrs. Schreiber:

Welcome back Huskies! It has been so great seeing all of you back at Rose Tree for the 2023-2024 school year. I'd love to give a big welcome to our new

students and families- we're happy you are here!

As part of my beginning of year routine, I had the pleasure of hosting new student lunches with Grades 1-5. It was great to get to know all of our new students!

If you feel your child could benefit

from meeting with me, for any reason, please don't hesitate to reach out. My contact information is listed below.

I am looking forward to seeing what this year brings for all!

-Mrs. Schreiber



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