

ATTENTION: If you speak [insert language], language assistance services, free of charge, are available to you.  
Call (617) 354-0047

**Spanish**

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al (617) 354-0047

**Vietnamese**

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số (617) 354-0047

**Mandarin Chinese**

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電(617) 354-0047

**Portuguese**

ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para (617) 354-0047

**Russian**

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните (617) 354-0047

**Haitian Creole**

ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele (617) 354-0047



## I Speak Statements

- |  |  |
|--|--|
| <input type="checkbox"/> Unë flas <b>shqip</b> (Albanian)                    | <input type="checkbox"/> N a po <b>Klào</b> Win. (Kru)                             |
| <input type="checkbox"/> አማርኛ እናገራለሁ (Amharic)                               | <input type="checkbox"/> ຂ້າພະເຈົ້າເວົ້າ ພາສາລາວ. (Lao)                            |
| <input type="checkbox"/> انا اتكلم اللغة العربية. (Arabic)                   | <input type="checkbox"/> Yie gorngv <b>Mienh</b> waac. (Mien)                      |
| <input type="checkbox"/> Ես խոսում եմ <b>հայերեն</b> (Armenian)              | <input type="checkbox"/> म <b>नेपाली</b> बोल्छु (Nepali)                           |
| <input type="checkbox"/> আমি বাংলা ভাষী। (Bengali)                           | <input type="checkbox"/> Mówię <b>po polsku</b> . (Polish)                         |
| <input type="checkbox"/> Ja govorim <b>bosanski jezik</b> (Bosnian)          | <input type="checkbox"/> Eu falo <b>Portugês</b> . (Portuguese)                    |
| <input type="checkbox"/> ကျွန်တော်မြန်မာစကားပြောသည်။ (Burmese)               | <input type="checkbox"/> ਦਿ ਸ੍ਰਮਾਵਕ ਪੰਜਾਬੀ (Punjabi)                               |
| <input type="checkbox"/> 我说中文 (Chinese Simplified)                           | <input type="checkbox"/> Cunosc limba <b>Română</b> . (Romanian)                   |
| <input type="checkbox"/> 我說中文 (Chinese Traditional)                          | <input type="checkbox"/> Я говорю <b>по-русски</b> . (Russian)                     |
| <input type="checkbox"/> Ja govorim <b>hrvatski</b> . (Croatian)             | <input type="checkbox"/> Ou te tautala <b>faaSamoa</b> . (Samoan)                  |
| <input type="checkbox"/> اینجانب به زبان فارسی صحبت می کنم (Farsi)           | <input type="checkbox"/> Govorim <b>srpski</b> . (Serbian)                         |
| <input type="checkbox"/> Je parle <b>français</b> . (French)                 | <input type="checkbox"/> Waxaan ku hadlaa <b>Somali</b> . (Somali)                 |
| <input type="checkbox"/> Je parle le <b>Français haïtien</b> (French Creole) | <input type="checkbox"/> Yo hablo <b>español</b> . (Spanish)                       |
| <input type="checkbox"/> Μιλώ <b>ελληνικά</b> . (Greek)                      | <input type="checkbox"/> أنا تحدث السودانية (لغوي سوداني) (Sudanese)               |
| <input type="checkbox"/> હું ગુજરાતી બોલું છું (Gujarati)                    | <input type="checkbox"/> Marunong po akong magsalita ng <b>Tagalog</b> . (Tagalog) |
| <input type="checkbox"/> Mwen pale <b>Kreyòl</b> . (Haitian Creole)          | <input type="checkbox"/> ข้าพเจ้าพูด ภาษาไทย (Thai)                                |
| <input type="checkbox"/> मैं हिंदी बोलता हूँ (Hindi)                         | <input type="checkbox"/> እነ ትግርኛ ይዳረብ እየ. (Tigrinya)                               |
| <input type="checkbox"/> Kuv hais <b>lus hmoob</b> . (Hmong)                 | <input type="checkbox"/> Я розмовляю <b>українською</b> . (Ukrainian)              |
| <input type="checkbox"/> Ana m a sụ <b>Igbo</b> (Igbo)                       | <input type="checkbox"/> میں اردو بولتا/ بولتی ہوں۔ (Urdu)                         |
| <input type="checkbox"/> Parlo <b>Italiano</b> (Italian)                     | <input type="checkbox"/> Tôi nói tiếng <b>Việt</b> . (Vietnamese)                  |
| <input type="checkbox"/> 私は <b>日本語</b> を話します (Japanese)                      | <input type="checkbox"/> איך רעד <b>יידיש</b> (Yiddish)                            |
| <input type="checkbox"/> Mi chat <b>Jamiekan langwjj</b> (Jamaican Creole)   | <input type="checkbox"/> Mo gbọ <b>Yoruba</b> (Yoruba)                             |
| <input type="checkbox"/> <b>ykt ꨀꨁꨓꨑ ꨀ</b> (Karen)                           |  |
| <input type="checkbox"/> ខ្ញុំនិយាយភាសាខ្មែរ (Khmer)                         |  |
| <input type="checkbox"/> 본인의 모국어는 <b>한국어</b> 입니다 (Korean)                    |  |
| <input type="checkbox"/> ئە ز زمانى <b>كوردى</b> ده ناخفم. (Kurdish)         |  |



Student Name: \_\_\_\_\_  
School: \_\_\_\_\_

Grade: \_\_\_\_\_

## *Meal Modification Request Form*

Student Name		School
What Food(s) Should be Avoided:		Recommended Substitutions:
Brief Explanation of How Exposure to the Food(s) Effects the Child:		
Are There Any Other Modifications to the Meal Needed:		
Signature of Parent/Guardian	Printed Name	Date
Signature of Medical Authority	Printed Name	Date

Please fill out this form as much as you can and email it to Emma Bischof (Operations Coordinator) at [ebischof@ccscambridge.org](mailto:ebischof@ccscambridge.org) and Katie Forrest (School Nurse) at [kforrest@ccscambridge.org](mailto:kforrest@ccscambridge.org).

Or, you can *print* this form out and mail it to:

**Emma Bischof**  
**245 Bent St.**  
**Cambridge, MA 02141**

**or**

**Katie Forrest**  
**245 Bent St.**  
**Cambridge, MA, 02141**



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mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;

fax: (202) 690-7442; or  
email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

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