

Subject Line: You are on our team!

You might feel like you are exercising so hard and still getting zero results.

“Am I wasting my time?” you might ask yourself.

Why am I getting so tired?

If this is you, let me remind you of something.

You know that you have to work out to get stronger

But, do you have the discipline required to show up?

Do you have the motivation of others cheering you on, when they are on the same journey as you...

If you have these things, you can become the desirable person you want to become.

But, if you stand around, waiting for something good to happen magically...

Nobody will ever respect you and you will never get in shape.

If you *do* want to become highly-respected and honorable, being on a team is one of the easiest steps you can take.

The sense of community is so important when you want to GROW as a person.

If you believe you DO have the willpower to train...

And you are actually serious about transforming your body for the better this time...

Come join our classes, at (CENSORED FITNESS COMPANY),

We offer 7 different types of workouts including TRX, core bootcamp, and circuit training.

From low to high intensity, we strive to make every class fun and different.

So, why not prove to yourself who you are?

Sign up today: (LINK)

