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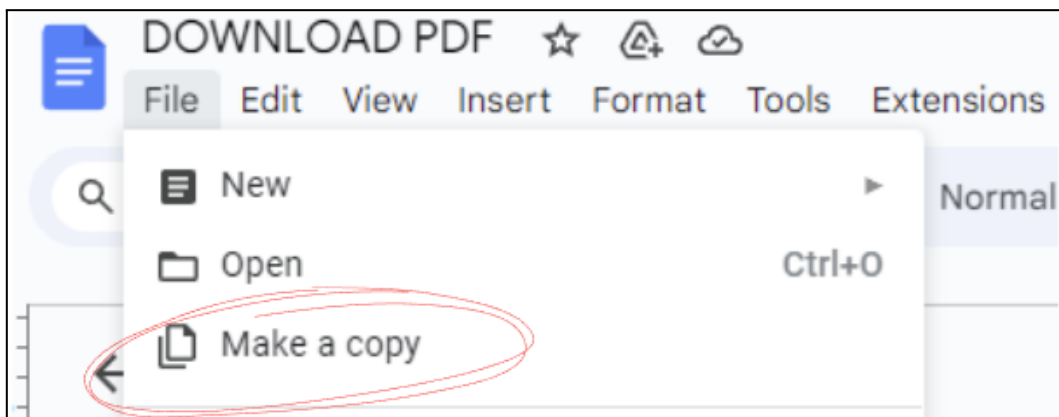
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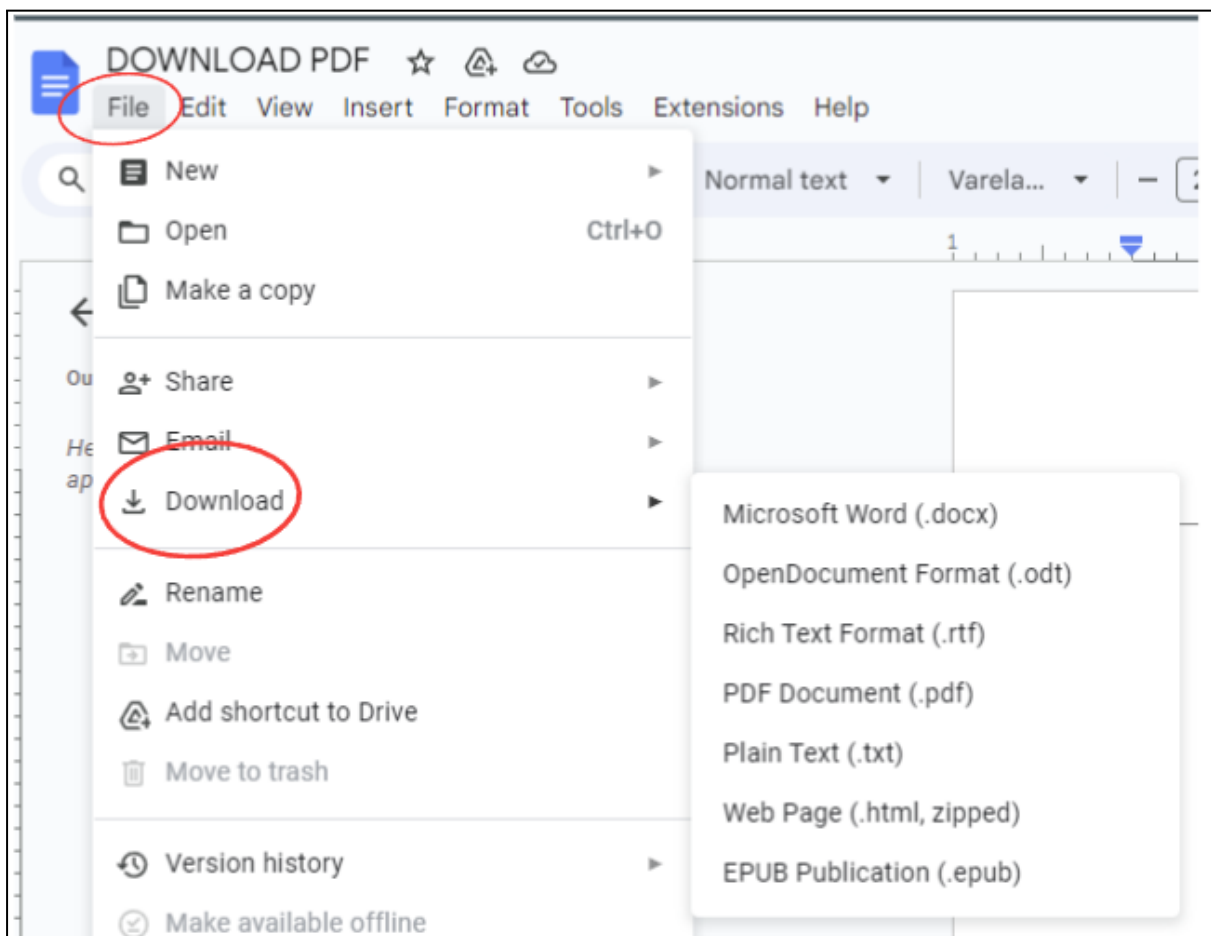
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Transcript

Speaker (Male, 30 years old): Have you ever been walking down the street, lost in your thoughts, when a song starts playing from a nearby café, and for some reason, it feels like it was meant just for you?

Speaker: Or maybe you were scrolling mindlessly on your phone, ready to close the app, when suddenly a message appeared. Something that made you pause, something that felt like a quiet whisper from the universe?

Speaker: Maybe it was a phrase, a sentence, or just a fleeting moment that struck something deep inside you. It's something you didn't even realize you needed to hear.

Speaker: And maybe... that's exactly what's happening right now. There's a reason why you found this video. Or maybe... why this video found you.

Speaker: We go through life thinking we are in control. We set goals, we make plans, we try to map out our future. But life has a way of surprising us. It places people, messages, and moments along our path: Some gentle, some painful. Each one carrying a lesson, a sign, a quiet motivation toward something greater.

Speaker: If you're here, listening to this, maybe you were meant to hear these words. Maybe, in this exact moment, something in you is searching for a reminder, a reason to trust, to believe, to hold on just a little longer.

Speaker: So, take a deep breath. Let go of everything else for a moment.

Speaker: This is for you.

Speaker: Well, everything happens for a reason

Speaker: Life is unpredictable. Sometimes, the things we hold onto the most slip through our fingers. The job we thought we wanted doesn't work out. The person we loved drifts away. The plans we made so carefully fall apart.

Speaker: And in those moments, it's easy to wonder: why? Why do things have to be so uncertain? Why does life take away the things we want the most?

Speaker: But have you ever looked back at a difficult time in your life and realized that: Somehow, it led you to something better? That if things had gone exactly the way you wanted, you might never have discovered something even greater?

Speaker: There's a reason they say, "Rejection is redirection."

Speaker: Oprah Winfrey was fired from her first job as a news anchor because they said she wasn't fit for television. Steve Jobs was kicked out of the very company he built.

Speaker: Imagine if they had stopped there. Imagine if, in their moments of failure, they had decided that life was unfair and simply given up.

Speaker: But they didn't. And neither should you.

Speaker: The disappointments, the heartbreaks, the setbacks—they are not the end of your story. They are just chapters. And maybe, just maybe, something better is waiting on the next page.

Speaker: The world is loud. Everywhere you turn, there are voices telling you what you should do, who you should be, how you should live.

Speaker: Society has a timeline for everything: When you should graduate, when you should find success, when you should settle down.

Speaker: But here's the truth: no one else is living your life but you.

Speaker: Have you ever felt a small voice inside you? A quiet thought that tells you to go a different way? Maybe it told you to try something new. Maybe it told you to walk away from something that didn't feel right.

Speaker: That voice is yours. It's the part of you that knows what's best for you, even when the world says something else. But too often, we don't listen. We doubt ourselves. We let fear take over.

Speaker: What if I fail? What if I make a mistake? What will people think?

Speaker: So, we ignore that voice. We follow the path that seems safe, the one that pleases others. But deep down, something feels wrong. We feel stuck. We feel lost.

Speaker: But here's the truth: that voice inside you is there for a reason. It's guiding you. It's telling you where you're meant to go.

Speaker: And if you take a moment to listen, really listen, you'll hear it. It's still there. It has always been there. Maybe you don't have all the answers yet. Maybe things aren't clear.

Speaker: But trust yourself. Trust that quiet feeling inside you.

Speaker: Because the life that is truly meant for you. It starts when you finally decide to listen.

Because the life that is truly meant for you. How many times have you planned everything down to the smallest detail, convinced that if you just try hard enough, things will go exactly as you want? And how many times have those plans fallen apart anyway?

Speaker: It's frustrating, isn't it?

Speaker: We want things to go smoothly. We want certainty. We want to know what's coming next. But life doesn't work like that.

Speaker: Think of a river. When water meets a rock, it doesn't stop. It doesn't try to push the rock away or force its way through. It simply flows around it, adjusting, moving forward. It trusts the path ahead, even when it twists and turns.

Speaker: But as humans, we struggle with this. We hold on too tightly. We try to force things to go our way.

Speaker: Hey, take a breath.

Speaker: There are things you cannot change. There are moments when no matter how hard you try, you cannot force something to happen. And sometimes, the greatest peace comes from surrendering—not in giving up, but in trusting. Trusting that the delays, the unexpected twists and turns all serve a purpose.

Speaker: Because when you stop trying to control everything, you make space for something even better to come your way.

Speaker: We often think that opportunities will come knocking, clear and obvious, like a sign lit up in bright flashing lights. But in reality, opportunities often come in whispers. In moments that seem ordinary but could change everything if we only paid attention.

Speaker: Think of a time when you said no to something because you were scared. Maybe it was a new job, a new experience, a chance to step out of your comfort zone. What if you had said yes?

Speaker: Sometimes, the opportunity of a lifetime doesn't look like one at first. Sometimes, it's disguised as a simple choice, an unexpected encounter, a chance that scares you just enough to make you wonder "What if?"

Speaker: So be open. Be curious. Say yes, even when you're unsure. Because the things that scare you the most are often the things that will change your life.

Speaker: We compare ourselves all the time. We look at others and wonder why they seem to be moving faster, achieving more, getting further ahead.

Speaker: But what if I told you that there is no race? That there is no single path to success, no perfect timeline you must follow?

Speaker: Einstein didn't speak fluently until he was four years old. Vera Wang didn't design her first dress until she was 40. Morgan Freeman didn't land his breakout role until he was 52.

Speaker: There is no set timeline. Your journey is yours. It's not meant to look like anyone else's.

Speaker: You are not behind. You are not early. You are simply on your own path, at your own pace.

Speaker: So instead of worrying about where you should be, start embracing where you are. Because you are exactly where you need to be.

Speaker: It's easy to focus on what's missing—on the dreams that haven't come true yet, the goals you haven't reached, the places you haven't been.

Speaker: But have you stopped to appreciate where you are now?

Speaker: Even if you're not exactly where you want to be, there are still things in your life worth celebrating.

Speaker: The small moments. The people who support you. The lessons you've learned along the way.

Speaker: Gratitude isn't about settling, it's about recognizing the good that already exists. Try this: each day, write down three things you're grateful for. They don't have to be big.

Speaker: A heartfelt note from a friend, the calm of the morning, and a melody that brought a smile.

Speaker: When you focus on what you have, rather than what you lack, your mindset shifts. You feel lighter. Because life isn't just about getting there. It's about appreciating here.

Speaker: Last but not least, trust that you are meant to hear this. Maybe this message found you at just the right time. Maybe you were meant to hear these words today.

Speaker: There are no coincidences. The things we come across, the moments that make us pause—sometimes they arrive exactly when we need them most.

Speaker: So take this as a sign. A reminder to trust yourself.

Speaker: To listen to that quiet voice inside you. To let go of what's out of your control. To be open to new possibilities.

Speaker: And before you move on with your day, ask yourself: What is one thing I can take from this and apply to my life today?

Speaker: It doesn't have to be big. Just one thought, one shift, one small step.

Speaker: Because the moment that you're in right now really matters. And so do you.

Speaker: Alright, take a deep breath. Let these words settle.

Speaker: You don't have to have everything figured out right now. You don't have to chase someone else's timeline. You are exactly where you need to be.

Speaker: Trust yourself. Trust the path that's unfolding for you, even if it doesn't look the way you expected. Even if it takes time.

Speaker: And as you go about your day, carry this thought with you: You are capable. You are growing. You are enough, just as you are.

Speaker: Thank you for listening. If this spoke to you, hold on to it.

Speaker: And if you know someone who needs to hear it too, pass it along.

Study Materials: This video find you for a reason 🎧

Vocabulary

Word	Pronunciation	Definition	Example
Map out	/mæp aʊt/	To plan something carefully.	Let's map out our travel plans before booking tickets.
Hold on	/hould ɒn/	To keep going and not give up.	When life gets hard, just hold on a little longer.
Slip through (one's) fingers	/slɪp θruː 'wʌnz 'fɪŋgərz/	To lose something you wanted or had.	He let true love slip through his fingers.
Rejection is redirection	/rɪ'dʒekʃn ɪz ,riːdaɪ'rekʃn/	Not getting what you want can lead to something better.	She didn't get the job, but she believes rejection is redirection.
Kick (someone) out	/kɪk aʊt/	To force someone to leave.	I got kicked out of the meeting for being late.
Step out of (one's) comfort zone	/step aʊt ʌv 'wʌnz 'kʌmfərt zəʊn/	To try something unfamiliar or challenging.	He stepped out of his comfort zone and started a business.
Let go of control	/let goʊ ʌv kən'troʊl/	Stop trying to force things to happen.	Let go of control and trust that everything will be okay.
Let (something) settle	/let ... 'setl/	To allow a situation, emotion to stabilize or calm down.	Take a deep breath and let your feelings settle before making a decision.
Pass (something) along	/pæs ə'ləŋ/	To share or transfer information, objects, or responsibilities to someone else.	Can you pass this message along to Sarah?
Come one's way	/kʌm wʌnz weɪ/	To be received or encountered, often unexpectedly.	If a great job opportunity comes my way, I'll take it.

Pre-listening Questions:

1. Have you ever experienced a moment that felt like a sign from the universe?
2. Do you believe that everything happens for a reason? Why or why not?

3. Have you ever made a plan that didn't go as expected? What happened?
4. How do you react when faced with rejection or failure?
5. What are some things you're grateful for right now?

Comprehension Questions:

1. According to the speaker, how does life surprise us?
2. What does the phrase "rejection is redirection" mean?
3. Why does the speaker mention Oprah Winfrey and Steve Jobs?
4. What does the speaker say about life's timeline?
5. How does gratitude help change our mindset?
6. What is the purpose of writing down three things you're grateful for?
7. Why is it important to listen to small opportunities?
8. How does the speaker suggest dealing with failure?
9. What is the main message of the speech?
10. How can letting go of control lead to better things?

Post-listening Questions:

1. How can you start listening to your inner voice more?
2. What can you do to shift your mindset from fear to trust?
3. How do you define success?
4. Which part of the speech resonated with you the most? Why?
5. Do you think trusting the process is easy or difficult? Why?