180. Dislocated Shoulder

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Hello Everyone,

Welcome to another episode of Luke's English Podcast the podcast for learners of English .. This is Luke speaking, how are you doing? I hope you're well !

Now yesterday my mum send me a text message with a photo attached to it and the text just said "Have you seen this?" and when I looked at the photo and what I see is a picture of my brother in a hospital, that's right you know... the sort of oxygen mask that people wear when they are in hospital so they can breath oxygen - He was in a hospital in a hospital bed with this mask on. He had like a drip attached to his arm and I thought: oh my God what's happened? So, I quickly sent him a message and he was able to use his phone and we exchange a few messages and it turns out he fell of his skateboard, didn't he. He fell of his skateboard and he dislocated his shoulder. So nothing too serious but it was certainly very painful for him. Now, he's 39 years old and he still skateboarding which is fine really I mean, you know, it's a sport like any other sport... we might associate skateboarding with something that children do but actually these days it's an adult sport isn't it and it has been for quite a long time.
He has always been into skating since he has got his first skateboard when he was ten years old and it's something he does regularly. But he has had lots of different accidents over the years. He has broken his arm, he has broken his ankle. He has had various sprains and **ligaments** damage. He has dislocated his finger and now of course, he has dislocated his shoulder, too. So, he's been damaged and beaten up a lot by skateboarding but this is the worst one that he had ever had.
So, today, I decided I would give him a skype call in order to… Well, first of all, of course just check that he is okay. Just make sure that he is feeling alright and secondly I thought: Well, why not interview him about this accident that he experienced, so he can tell everyone about it and we can enjoy listening to the story. So, that's exactly what I did. I decided I would give him a skype call and you are going to hear the results of that in just a moment. So we talk about his accident. He explains exactly what happened, exactly how it felt and all the details. And then we

talk a little bit about skateboarding and what he loves so much about it and all that kind of things.

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So, you can listen to it in this episode. This is a skype call, so of course it's recorded over skype which is something that people do all the time now of course. The quality is not absolutely perfect. Sometimes there is a little bit of disturbance. Sometimes the reception breaks up a little bit. But it's never for too long. Usually it clears up after a few seconds. But that's it. So, I hope you enjoy the episode. And I will speak to you again at the end. But, here we go. Now you can listen to my skype call with my brother about his accident. Speak to you again, soon. Bye.

Hello, it's me again and I have just decided before playing you the conversation, I have just decided that since recording this interview I have listened back to it and I thought: I wonder if my listeners are going to understand that. Maybe what is going to happen is that they'll listen to some of it and they will not really understand or they will not understand enough to be able to continue listening, right?

Obviously, I want you to keep listening. That's why I am doing these podcasts. But I want to try and help you and, you know, I want to give you some help to allow you to enjoy and to learn from it. So, what I wanted to tell you is that after listening to the conversation I had with my brother I went through the first 15 minutes and I've written down lots of the vocabulary that is used. I tried to pick out things that I thought that you might not understand or things that a learner of English might have trouble with.

So, I have done that for the first 15 minutes. I would have done it for the whole episode, but there is not time unfortunately. There just isn't time. But at least I have taken vocabulary from the first 15 minutes. And you will actually find a list of sentences that contains the vocab on the web page for this episode. But also the next episode of Luke's English podcast which I am going to record in just a moment will explain all that vocab for you. Alright? So, wait, hold on to the next episode and you will understand the first 15 minutes of this conversation completely and also just listen to the rest of it and don't get put off if you don't understand everything, right? Because, you know, good learners realize that the best way to use authentic listening is like this, is to just keep listening even if you don't understand everything. Alright? If you kind of get… if you only understand 50%, 60, 70% and you think: Oh, I'm not understanding everything, I am going to stop listening, that is not really good for your English. You need to put your English under pressure. You need to listen to things that you don't completely understand because in that sort of feeling of not understanding everything, in that slight sense of confusion that's your brain working it out and that's where you actually learn, Allright? So do keep listening even if you don't understand everything. So you understand the first 15 minutes after I explained it for

you but you should also just carry on listening to all of it and I´ll speak to you again on the other side of the conversation. Alright? Good. That's it then. I shut up now and you can listen to the conversation, alright? Good!.
Here it is.

Luke: Hello
James: Hello, I think I pressed the wrong button.
Luke: I don't think you did
James: Can you see me?
Luke: I can see you, yeah, can you see me?

James: I will wait for you to come up now ,
Luke:here I am,
James:I got it
Luke: Okay, So, hey, how are you?
James: Hello, I am not too bad, thanks.
Luke: Apparently you had a bit of an accident, recently.
James: Yes, the day before yesterday I came a cropper on my skateboard and dislocated my arm, my left.
Luke: Dislocated your left arm?
James: Dislocated my shoulder,.
Luke: Okay, so that means that your shoulder actually… your arm popped out of its socket.
James: Yeah, it popped out of its socket, out of the shoulder, yeah.
Luke: Oh, my god and, how do you feel?
James: I feel okay now. I feel a little bit - sort of -run down, I suppose that would be the word, sort of tired and achy but I am basically fine.
Luke: Okay, this is the latest in a fairly long line of accidents that you have experienced due to skateboarding, right?
James: I know, I am 39 now. I am probably now too old for it… I appreciate that ...but you know
Luke: Okay,
James: It is very common to pick up some injuries over a long lifetime of that kind of sport.
Luke: Yeah,
James: can I just close the window, because it is something a bit noisy here
Luke: Yeah, go ahead. (My brother is now closing the window. That is the sound… that exploding sound was James, closing a window.)
James: Just the twatty landlord or releasing the gardener some sort of rubbish taken usually.

Luke:There was a nice bird singing in the background.

[8:50]

James: Yeah a black bird

Luke: So, ok, right now. First of all, can you just tell us about what happened, what happened in the accident? Can you just give us the story? Tell us in some details what happened? The pain...

James: A block...sort of bar thing...it's a block with a slow raised section on top.

Luke: Ok. Sorry, you were skating on a block

James: No. Skating it, skating the block, not on the block.

Luke: What does it mean?

James: I was doing the board slide on it, but it kept sticking, so the last… the first time I tried it, went a bit faster and leant back a little bit more.

Luke: Yeah

James: As I was coming off the block I landed fine, but slightly on the tail of the board, so slightly off balance and I put my hand down to sort of stop myself falling, but carried on sliding out. My feet slid underneath me and I kind of overextended my arm behind my head kind of thing. I'm not quite sure.

09:09

Luke: I understand it, you mean you arm went back a few far.

James: I'm kind of slammed down on my body. My weight came down on my arm. I immediately jumped up and it felt really-really weird. It didn't feel any pain, but it felt all wrong, you know. And then I realized, I felt something was seriously wrong. I could feel kind of a shelf almost where the arm where the shoulder-blade stopped and then there was a two-inch gap and then my arm kind of started.

Luke: Did it look different?

James: Yeah. It looked clearly different and it felt completely different, so I knew at that point, that I'd dislocated my arm… my shoulder.

Luke: Yeah. Did it feel, I mean, like...?

James: It felt horrible. But to start with there wasn't any pain. The pain came a few minutes in. After I sat down. And my friends started looking at it and they phoned an ambulance.

L: Right.

J: I would normally - I have injured myself before and I don't normally get an ambulance because I think it's a bit wasteful for like self-inflicted injury. And I get a bus or a taxi to NHS but this time I thought it warranted it because I couldn’t move at all.

L: Yes, so...

J: it was hard to even get up.
L: When the pain arrived what was it like? What kind of pain was it?
J: Extreme muscular pain, like when you tear ligaments or if you sprain an ankle. That kind of pain. But just constant. And there was no way of making it more comfortable because obviously it was out of socket, so however you sort of held your arm it would hurt more.
L: Right. Ok. And so, what, the ambulance arrived...
J: Well, my friends brought me beer… I had that beer very quickly and then the ambulance arrived after about 10-15 minutes. They got me in the back of the ambulance, put my a bag and stuff in the back and sat me down, had a look at it, cut my shirts off with some scissors.
L: Oh, no.
J: And they were kind of going “ooh” which... makes you feel a bit uncomfortable when someone is like wincing, looking at you injury, you know.
L: Especially if they're specialists.
J: Yeah.
L: (Sort of) doctors going: ooh, oh, look at that! Goodness, it looks nasty, doesn't it?
J: Yeah, it ....
L: It's not very... not very promising is it?
J: And then they tried to get a needle into for a drip. And they couldn’t get a vein to bleed properly. So they had to do that three times. That's quite annoying.
L: Wait a minute, A drip… what’s that?
J: It's where they put stuff into your bloodstream.
L: Yeah.
J: Intravenous it's called.
L: So they sort of put a little tube into one of your veins.
J: Yes.
L: So, that they can...
J: They have hit... they tried to hit three different veins before they found one that worked. And then they put some intravenous paracetamol into me, which didn’t really do anything.
12:00
L: Paracetamol. No honestly, people don't know what paracetamol is. Trust me.
J: It’s an over-the-counter pain-relief pill like you take normally when headaches and stuff.
L: Alright. And you were like...
J: There is a punchline to a joke.
L: ... there is a joke ...
J: " aspirins in the jungle?" -"Because the parrots eat them all"

L: Yeah, "Why there are no aspiring in the jungle?" -"Because the parrots eat them all." (parrotseat'emall) (paracetamol)
J: It's not a good joke.
L: No. And I'm sure that 90 per cent of the people listening to this won't get the joke. I'll explain it later.
J: congratulations and be... don't worry if you don't find it funny.
L: I'll explain it later and then you definitely will find it funny. Right. So, anyway, you're like... Haven't you got anything stronger than paracetamol? As: "I don't have a headache."
J: No, I didn't. I didn't say anything, I just sort of gritted my teeth and didn't say a lot of religious and just (sort of) tried to ignore what was going on. And then they drove me with the 'woo-woos' on.
L: The woo-woos?
J: The hospital sirens.
L: Yeah.
J: But I couldn't really appreciate it, because I was just sort of staring at the floor, really feeling a bit sick.
L: You're saying me: normally you would have been like: Oh, the woo-woos. This is exciting.
J: Well, hold on, I have never been into one, I've never been into one of those before and not for a long time anyway, but I really could not appreciate it.
L: So, can I just say you something. I know you've dislocated your shoulder and you're a bit sick, but could you stop fiddling with a...
J: Sorry.
L: It's all right, it's what normally happens- It's OK. It's just for the benefit of the listening community. Thank you very much James if you could just stop fiddling with things and proceed...
J: I've stopped!
L: ...proceed with the story whenever you're ready.
J: I can't remember where right now. The hospital. They wheeled me in. You know, I feel like a bit of an idiot being wheeled through... people.
L: Ironically, isn't it? Considering you did the... you got the accident by being wheeled around on a skateboard.
J: Really.
L: Ok. Carry on.
J: Some various doctors looked at me sort of very calm. Indian doctor looked at me and seemed quite (you know) you know, you feel relax when the doctor seems quite in-control.
L: Yes.

J: He's told me exactly what would happen. I'd need an x-ray to check that nothing was broken, then if nothing was broken then they'd give me some more drugs and then put it back in, and then they'd give me another x-ray to check that nothing had broken while they were putting it back in, which kind of made me think it might be quite a painful process having it set back.
L: Right.
J: Anyway, they gave me some morphine, and it didn't seem really to do anything and I was, like, grimacing a bit, so they gave me some more. And air, loaded of gas in air like nitrous oxide.
L: Wait a minute. They gave you morphine and they gave you nitrous oxide?
J: Yeah, which is what you have at the dentist's or they use at the dentist's.
L: Nitrous oxide is also called laughing gas, isn't it?
J: Yeah.
L: You're breaking up a little bit actually. The sound is. I don't know why that is?
14:58
J: Do you find that breaking up is very hard to do?
L: Yeah. Breaking up is _very_ hard to do. That's a reference to an old song by... Name the artist who recorded that song. "A-na-na-na Cause breaking up is hard to do."
J: Lots of people did it, I don't know who wrote it.
L: Neil Sedaka.
J: Did he? Are you sure he wrote it?
L: I'm almost certain but there is only one way to find out. I'm going to check on the magical world wide web.
J: There's lots of people on the song, I know.
L: Let's have a little look. Neil Sedaka...
J: It's called "Take it easy on yourself", isn't it?
L: Take it... No, that's an other one: (Luke sings) "Take it easy on yourself cause breaking up is so very hard to doooo."
J: That is one I was thinking of.
L: Alright. OK. Well, I was thinking of this which I was about to play, here is Neil Sedaka. Breaking up is hard to do. Let's have a little listen to this. Should start any second now.
J's phone: <ringtone>
L: That's your ringtone. Ladies and gentlemen, that's my brother's mobile phone, that's not Neil Sedaka's Breaking up is hard to do.
J: Hello. (on the phone)
L: He is now talking to his girlfriend_.
-the call continue. Until (16:47)
L: Oh, so sweet.

J: She's just checking all is OK because she sent me a text and I haven't written back yet.
L: Ah, oK.
J: She is a bit worried about me because I was bit so groggy yesterday, not feeling very together
L: How do you feel today?
J: I feel OK. Feel a bit sort of run down, bit beaten up.
L: Yeah.
J: But fine. Just thanks for it wasn't more serious.
L: Yeah. A good thing you didn't hit your head.
J: Yeah. Or anything else. So I did'nt shatter my, you know, collarbone or something like that, you know, that would have been horrible.
L: Oh God. Yeah.
J: I mean, I was kind of quite pleased when I found that was a dislocation because it could have been something worse, you know...
L: Yes.
J: Because over the dislocation, dislocation once it's back, as long`as you don't pull it out again.(17:30)
L: Yeah.
J: It's relatively... simple.
L: Yeah.
J: It doesn't require operations and things. You know.
L: You don't need a cast in... It's... Nothing is broken it's just some muscle damage and stuff.
J: I mean, one of my friends recently broken his collarbone and he showed me the x-ray and it's completely broken.
L: God. Auch.
J: And he didn't operate at the time for some reason. So it's worse now. It's going to be very problematic for him.
L: Yeah.
J: So it's been worse.
18:00
L: Ok. So, you're quite lucky in a way. Do you think you are lucky or unlucky?
J: I've been skateboarding for a long time and it's inevitable like you're going to have some kind of injury in that time.
L: OK.
J: And you could say I was lucky on one thing, One thing I do kinda blame it on that day. Because I went to sk… skatepark for a bit peace and quiet. You know.
L: Yeah.

J: Sort of... It's a bit like fishing for some people. That's sort of man time when you sort of don't communicate. You just grunt and sort of. You know, it's kind of therapeutic in a way, to just skate around. So, anyway I was sitting there trying to get a sun some time and go on, you know, inbetween skating skating.
L: Yeah.
J: And this… A guy there is a mate of mine, so not going to mention him by name. He is really... always talks, all the time. There are these people that just don't shut up.
L: Yes.
J: _I'm going_ ... It's probably sounds a bit him by name. But sometimes you just want some peace and quiet.
L: Yeah.
J: He is not someone that talks with you or to you, he just talks at you.
L: Yes.
J: You know. He doesn't really even ask your opinion and he just talks, talks, talks. And I was like: for god's sake, just leave me alone!
L: Yeah.
J: So I skated off, even though I was quite tired, to just get away from him and have some time for myself. And I think that's a wish for... I wasn't... I was a bit tired, I wasn't really feeling it. I should have probably just gone home.
L: Yeah.
J: And I thought: I was fine, I injured myself for not being in the right frame of mind to skate on the road a friend of mine to skate.
L: Yes. OK. So, it's his fault then basically?
J: Essentially it's his fault.
L: Are you going to take him to court?
J: And yeah... No, I'm just going to silently hate him.
L: OK. So, we were talking of "Breaking up is hard to do". I don't know how we started talking about that. Do you remember? No?
J: No.
L: Ok. Well anyway I just thought I'd play some of it just so that the listeners would realize it is an actual song. Alright? And this is it. This is...
Audio: ... and we do quite a bit of this because ...
L: Ok, there is an interview with Neil Sedaka at the beginning of this video. We don't want that, do we? We don't want to hear his opinions, we just want to hear his singing.
J: Yes, (20:11)_____
L: Go on.

<music> (horrible sound)

L: Take it easy on yourself. Right?

<music> ...breaking up is so very hard to do.

L: Ok, how about this, this is the Neil Sedaka one I was talking about.

<music> …

don't you leave my heart in misery.

If you go then I'll be blue.

Cause breaking up is hard to do.

Remember when you held me tight. And you kissed me...

J: Ok.

L: All right, I'm stopping it. Alright. God, you are like: Ok, just stop it! Please!.

21:00

<music>

L: Alright. Eh!, what's that?

J: I'm going to try find a song on a sample from that "Breaking up is hard to do" song.

L: You've sampled "Breaking up is hard to do". You sampled the… the first one, the Walker Brothers.

J: Yeah.

L: Take it easy on yourself. That's an amazing song, isn't it?

J: Yeah, it's brilliant.

L: I daresay is a massive production in... like boom…. A big emotional number. The Walker Brothers were incredible. Who is that guy which Walker was it when he went off on his own?

J: This is it.

L: Alright.

J: If you recognize the… the strings.

<music>

L: Easy on yourself. Yeah. Wo-wo-wo. Can you do a rap on top of that?

J: No.

L: Ok.

J: I'm thinking I got all these tunes and they couldn't require vocals. So, I'm thinking I could try some vocals but I'm going to put my voice through like a distortion pedal or something.

L: Yeah.

J: So make it sound really really rough.

L: Yes.

J: Because I wouldn't… I want to disguise my voice as much as possible. Some tries it sometime.

L: The Beastie Boys used to do it, didn't they?
J: Yeah. They used to have a really cheap plastic microphone and they used to sing through it. You've seen that thing.
L: Yeah.
J: Yeah, I've got this bullshit mic. It's made out of plastic.
L: Yeah. mayb... my first mic in my workshop class. Yeah.
J: Yeah, anyway. But it's like this big plastic hollow microphone. It's got a really... It so much sounds like you are rapping through a telephone.
L: Yeah.
J: You know, it's a very reduced compressed thing, you know... very reduced...
L: Sound.
J: Very reduced range.
L: Aha.
J: So, I saw more (22:54)____ very compressed mid sound.
L: I think you can achieve that using garageband.
J: Yeah, but it's quite nice to do the… you know, naturally, you know what I mean, without using digital effects.
L: Yeah. So we've just...
J: I think we talked when I was kind of just being wheeled into the hospital, didn't we?
L: Yeah. Where we were... As far as we got was that they gave you a paracetamol and you're like: sorry, but have you got anything stronger, because that's not doing anything for me. And they said: sure, what do you want? You said: morphine? Maybe a bit of laughing gas? And they were like: sure, alright how much do you want?
J: They could tell how much I needed it. I didn't ask to us for anything. I can tell from your reaction how ... much … you ...
L: But the morphine didn't really do anything to you?
J: Didn't seem to. Didn't reduce the pain.
L: Ok. So...
J: Anyway So, they took me after x-ray again with my arm still out, which is quite uncomfortable.
L: Yes.
J: I Had the x-ray and James veiling in pain - ooooohhhh and nothing broken.
L: Good.
J: So they went back, Indian doctor (23:58)____ came back, he looked a little bit like an Indian version of Mark Wahlberg.
24:05
L: Wait a minute. ...

J: He had a cut (24:06)_____ hair. (24:07)____ Mark Wahlberg nose. You know, Mark Wahlberg quite slightly piggy nose.
L: Yeah.
J: He had his nose and he's kind of general features. And I was tempted to go: man, you realize you look like an Indian version of Mark Wahlberg but I thought: No, I won't say anything.
L: Mark Wahlberg, ladies and gentlemen, you know who he is. He is an actor from Hollywood.
J: ... He said (24:31)____ you're going to give you two more drugs now. One is an anti-sickness drug which just stops you feeling noxious from the muscle relaxant which I'm going to give you.
L: Yes.
J: And he said: you will probably pass out and you will probably wake up and not know where you are.
L: OK, and you were like...
J: Sweet bring it on. So he shot me up with this transparent gang.
L: He injected it into you?
J: Yes. Oh yeah, that's how they do it, isn't it?
L: Right, yeah.
J: So, I didn't pass out. I slightly fell a bit to my pain kind of lifted a bit. And he simply took my arm that was dislocated, gently, lifted it towards the socket and just sort of smoothly popped back in
L: Yeah. Did you make a noise?
J: No, no. But at that...
L: It's a pity.
J: At that point my muscles were extremely relaxed, you know, that's (25:25)_____ before.
L: Yeah.
J: And he was like: oh, that went in quite easily, didn't it? And I was like: Yeah, it's amazing.
L: That's what she said. Anyway go on.
J: So ... at that point I had been in the nap I think. I come and lay there semi-consciously. Kind of staring at the ceiling enough thank God, it's back in.
L: Yeah.
J: And then I took a selfie of myself on one mobile phone.
L: Right.
J: With the gas mask on and everything.
L: Yeah, I've got that selfie. Do you mind I publish that, or not?
J: .Well, you can if you want to.
L: Are you sure?
J: That's fine, that's fine.

L: Alright. Ok. I will GEO tag it of…. I'll tag... I won't GEO tag it, don't worry. Go on.
J: So then I went in for another x-ray. And I felt fine then and I sort of chatting a bit before.
L: Yeah. And you were like: if you got any more... got you more morphine or...
J: No. And then they... As I was wheeled back in from the second x-ray some other guy got brought into resuscitation.
L: Yeah.
J: Who apparently I overheard overhearing.
L: Yeah.
J: And I overheard them saying he had been moped crash and he'd gone over the handlebars a few times.
L: Oh dear.
J: He had been going at some speed and (26:41)_____ rolled, tumbled over (26:44)_____itself_?_.
L: Oh God.
J: So at that point I started to feel very lucky to be alive, and to have a relatively minor accident happened to me. Because they'd brought (26:56)_that shit they'd rather do_??__ in the films. You know. And they were all holding up blood and plasma and stuff.
27:00
L: Yeah.
J: So eight people crowded around his bed. I couldn't actually see the bed.
L: Yeah.
J: Just the tops of their heads. They were obviously trying to resuscitate him.
L: Yes.
J: So for all I know that guy died. I really don't know.
L: Oh God!
J: So, you know, I just kind of felt thankful at that point. And Cannot stop of making moves, signs. Well _sort of_ (27:24)____ basically.
L: Yeah.
J: Because I had enough.
L: Yeah.
J: OK, and he said, now you have to walk out and, you have to get taxi but then when I saw that I could still remember who I was and I did those tests on your eyes and said "who are you?" and all this kind of stuff. I was (like): what do you mean? I mean, you know, (27:42)____ where I live...
L: What do you mean? I am d'Artanian from the Three Musketeers. That's like, you know, stop asking me these stupid questions. I've got to go and save the Royal Family of Paris.

J: Yeah.
L: That was meant to be humorous.
J: So I just went home.
L: Right. How did you get home?
J: I started walking out of there and then there was a smooth bit of pavement so I skateboarded home. (28:05)____.
L: You skateboarded home. So hold on, just stop fiddling, for a second.
J: Sorry, I cannot help I ...
L: That's alright. It's ok. It's fine. I'm not angry.
J: Just I'm... you know...
L: You're fiddler.
J: ... psychological problem which causes me to fiddle with things all the time.
L: Yeah, ok.
J: I do not... (28:24)__thought_?__ that!
L: What? No, Not what?.
J: Anyway.
L: Ok. So, you just spent some ...
J: (28:31)_____ from the shop and took some painkillers. And had some cider
L: Ok, good. All right, and the rest is as they say history.
J: Then my girlfriend came home and looked after me and made me eat some food. We ordered curry and (you know) we just (sort of) tried to relax for the rest of the evening.
L: Ok. And now you've got to spend six weeks of not skateboarding.
J: Oh, yeah, obviously not skateboarding. But more, you know, more importantly just resting the arm, not really lifting above my head. I can't really. If I wanted to dislocate this arm again apparently, I'd probably could.
L: Really?
J: At this stage because it still quite weak.
L: OK. So don't go any events in which you'll need to raise your hands in the air. Don't go to any like happy hardcore… gigs.
J: No.
L: Hands in the air! Like ...
J: Au.
L: Hand in the air, maybe.
J: No. Swimming for monkey bars or... no repelling. Or (29:31) _up___.

L: Yes. Just go to take it easy. Do you need anything? Do you like... do you need anything at all? I don't know if I can help you, but... do you want something? Do you want some cheese from Paris?

J: Yeah, it would be nice. Are you now allowed to send food through the post mail?

L: I don't know. I actually don't know if I am allowed to do that or not. I Will see. I still got your Christmas, New Year, birthday present. It still got that.

J: (29:59)_____

L: Yeah. I've returned it, got the right size. So I'll send...

J: Right.

L: I'll be sending... Yeah, extra large. I'll be sending that to you.

30:09

J: I'd like some… send me, I'd like Armagnac.

L: Armagnac? You mean, the alcohol?

J: Yeah.

L: I's a kind of sweet liqueur.

J: It's like bit like cognac, basically, just a little bit less... I don't know what the difference is. It's like cognac.

L: Ok, alright. ...

J: Sort of brandy.

L: I'll look to get you some Armagnac then.

J: Not almanac. Because then you'll end it with an annual.

L: Almanac. That's like in "Back to the Future II"...

J: All my mouth mourn almanac _by the Kinks.

L: Yes. We're making references now that most people won't understand. But... That's just the way it is, isn't it? So, right, are you going to keep skateboarding? Now is.. Are you going to keep doing it?

J: I don't know. I won't give up.

L: What would you do if you gave up? What would you replace it with?

J: Kung Fu?

L: Yeah.

J: Could you... Could you type touchy your kung fu or white crane kung-fu or...

L: Flying monkey style kung fu?

J: Monkey take peach.

L: Yeah. That's a move. Monkey take peach. That's a devastating move that one.

J: I probably will carry on skateboarding but I'll probably just skate even less than I do now and even more carefully.

L: I'm sure that it's really good exercise.
J: I (31:28)_____ into ... It's good (31:29)_____ exercise skateboarding. It's not very efficient as far as... which are your work out. But it's good for overall cardiac, you know, you build a real sweat on.
L: Yeah. Yeah. Your body temperature rises, you sweat a lot.
J: You breathe very heavily. You know, you are really out of breath which is quite good for you. You stretch yourself far away.
L: Yeah.
J: I was thinking I might get more into skate photography. Because that way I can still go skating.
L: Yeah.
J: And there is something to do. So I won't feel like I'm just hang around.
L: Yeah.
(32:02)
J: And that's what a lot of the actual proper good skateboarders do when they can't skate anymore. They go into photography.
L: Right. Yes.
J: I am already into skateboarding, into photography. But I might take my camera down more often. And then my skateboard down less often.
L: So where do you skate then.
J: Usually a place called Stockwell skatepark.
L: Ok, south London.
J: Which is south London. Yeah. It's actually Brixton more than it's Stockwell.
L: Can you just tell us a little bit about the place? Where you skate?
J: I think it was built at around 1977, Originally. It's been resurfaced a few times since then.
L: Yeah. I understood that the site originally was where a german bomb had landed during the World War II.
J: I think that might be bollocks.
L: Really? I quite like that story. Nevertheless, the truth ges in the way of a good story.
J: It's not true. I don't think.
L: Ok. Alright. Well, if you could choose not to believe this, but I heard that the site was open because there was a large area that being destroyed in the war. And this was an area like... open area that being destroyed for a few years after the war. In the seventies they decided that they'd use it to make a skate park. What a lovely story that is. And then all the young people could skate in this place that have originally a bomb had fallen in. But apparently that's not true, ladies and gentlemen. What a disappointment. All right. So it's like a...

33:28

J: It has been there since the seventies, so.

L: Ok.

J: It's one of the oldest skatepark in the country.

L: It's basically series of concrete, balls and ramps and blocks.

J: Yes, the original stuff because it was from the seventies because it was a less... it was more aligned to surfing when it first started skateboarding.

L: Yes.

J: So the old skateparks had more curves, bumps, heaps, not really heaps, curves glaucous There is no leaps to anything.

L: There is no edges.

J: No edges.

L: Just rounded curved surfaces that you can glide around like surfing.

J: Lots of the original bits are like that, but there are new bits as well. So the newer bits are a bit more modern as a bowl, like modern style bowl in one side and with, you know, coping and... an edge… a leap. And there is a (34:23)_____ which is kind of concrete leap, you know, so it's a good compromise between the old style which is pretty much quite rare now and some newer elements.

L: Ok. Alright. And so 39 but you are still able to skate, that's fine. When did you start?

J: I skate with the guy who is in his sixties as well.

L: Really?

J: Yeah, he is sixty four. Or... I think...

L: Seriously?

J: Yeah. He skates with his children. They are about fifteen or something.

L: And is he good?

J: He is pretty good, he is being skating for a long time. He just carves really. He doesn't really do any tricks. He just carves around like a surfer would. You know.

L: Yeah.

J: So, he carves round the main bowl and... just... he doesn't really leave the ground. He is always in contact with the ground.

L: Right.

J: He is more of a seventy. He probably started in the seventies which is which is probably why.

L: So... he carves around, he is not jumping, he is not doing tricks he's just sort a like Jet Lee carving around like a surfer.

J: Yeah. And he is good at carving now because that's the skill in itself. There are some modern skaters that can't actually carve.

L: Yeah.
J: Carving means moving around the bowl always turning, not kick turning, but all four wheels on the ground. And it's the skill in itself.
L: Yes. Ok. When did you start skating?
J: Probably when I was about... ten years old?
L: And why was it skateboarding that grabbed you? because most kids play football or other sports, but you're just immediately got locked into skateboarding, why?
J: Oh, we start... I think you remember we used to play around on BMX bikes and bikes in general and roller skates and (36:02)_____ all of those things because kids...
L: Yeah.
36:00
J: ... When I first have got on skateboard it was more fun probably than those I don't really quite know why. It was probably more of an exciting sensation. And then a skatepark opened near us in Ealing. I can't remember what it's called. Do you remember how is it called?
L: No. It's too long ago. That's like thirty years ago or something.
J: Remember, in the window that had this really cool skateboards, and stuff, and wheels. And they also had a little video ...
L: Yeah, actually that ... that used to be video shop, didn't it? Or was it the toy shop "Giggles"?
J: No, that was on the other side of the road. This was something else. It was ... skateboard, scooter and roller-skate shop.
L: Yeah, I vaguely remember now.
J: They showed videos in the window and we used just (36:52)_____ . We staring up them in the street. Looking it into the shop window. And they showed solo skate videos in there.
L: Yeah.
J: And I think the one they used to show was the such for animal chin.
L: Yes.
J: Or future primitive, one of the early... very early (37:09)____ _____ videos. Seeing them really opened my eyes to this amazing... It just looked amazing basically.
L: Yeah.
J: And it was also, you know, England can be quite drab and boring place.
L: Excuse.
J: ... it looks more like futuristic or not futuristic, just exciting. Like their bright colors, amazing graphics. I mean for a kid it's kind of... it's mind blowing really because... It's like your introduction to another... another world.
L: Another world.

J: Really... I can't explain. I didn't really know what good music was then. I didn't... You know, you're a kid.
L: Yeah.
J: You know. And it was kind of like opening your eyes to a whole new load of things that you didn't even know existed.
L: ♪♫A whole new world♫♪ Like that kind of thing. Was it that? Was it like a Disney movie moment? You like... watched the videos
J: No, I wasn't. I just really liked the graphics, the colours, the wheels, the... it was like: AH, what the hell was this? You know. It's a bit better than most stuff around, you know.
L: Yeah, it's better than BMXing or whatever.
J: It's just… I suppose exotic and fun and cool. You know.
L: Yeah, I think as well maybe something to do with. You're quite visual person. You're an artist and a designer and... you often draw sketches and things. And I've noticed that you often sketch pictures of people skating. People in different grab, poses or whatever. I think there's something about the aesthetic of skateboarding.
J: ... it looks very cool. It's almost like the aesthetic. Especially the 80's stuff by fifties muscle cars. You know, that kind of cool seventies thing?
L: There's... Yeah.
J: ... about the look of a skateboard itself which is very aesthetically pleasing and (38:58)_____it's kind of cool look to it__.
L: Yeah.
39:00
J: And it's an object which is very functional but is only designed... it's not really a practical object, is it? It's not really something useful. It's like an electric guitar or a cool car or something like that. It's a kind of object of desire that has not real practical use.
L: It's an aesthetic and yet functional item. Isn't it?
J: I can't really put my finger on why I like it so much But there is something very cool about that
L: OK. Alright. I remember that you got your first skateboard when you were about ten.
J: I got... I bought a skateboard from a kid from school for one pound. And it was a "Volcan Flyer!
L: Yeah.
J: Made in England. With really cheap trucks made out of tinplate. (aluminium)
L: What a trucks?
J: They are the bits that holds the wheels on and they allow the board to turn.
L: Ok.

J: And it was a piece of chunk. And it'd been in his kid's garden probably for about 20 years. And it was falling apart. It was mouldy and rotten wood.
L: Yeah.
J: But it was a pound and it was all I could afford. It was my dinner money or something or my pocket money. And I still ride round on that loving and I has a skateboard. You know. My parents were quite disapproving. I didn't really... don't think they really like skateboards very much.
L: Yeah.
J: And they didn't buy me one for oh I asked one for quite a while and so we pastering them.
L: I remember you got into a lot of trouble with dad... once, because you used to skate in the kitchen and this is something that you continued to do for the rest of your life. Skating indoors in the house. And you skated in the kitchen. In the kitchen we had a white rug, you know, like a carpet on the floor in the kitchen. And I remember you were skating on the rug. And the skateboard had black rubber wheels and it left these very horrible black marks all over the white rug. And mom and dad saw these and they got really angry. Dad for some reason didn't really like the skateboard. There's something about the skateboard he didn't like. In a similar way to the way parents may hate rock music that their kids are listening to and think, you know, are going to make them drop out of school. There was something about the skateboard that mom and dad didn't like very much.
J: Distrustful... untrustworthy dangerous american.
L: Yeah. But the roller-skates were ok.
J: Right. I mean, look at me now. Just (41:30)____ my shoulder, so that's probably the point.
L: Yeah. But the roller blades they were fine. They were like in fact they bought us the roller-skates.
J: We never had roller-blades we had roller-skates.
L: Roller-skates. That's made that clear.
J: I never wore a roller-blade in my life. I'd like to make that very clear.
L: Do you...
J: That's a delicate politician. I want to make one thing very very clear. I have never never worn roller-skates with that woman.
L: I have here in my hands a report from 1988 which stated that you in fact received a pair of roller-blades as a gift from your parents. Now, how do you answer these claims?
42:09
J: No, that's false report because I never did.
L: Ok. Alright. Fine. That's the most casual politician ever: "No, it's not true, isn't it?
J: I don't say it's not not true. I never did that. I never wore a roller-blade.
L: Yeah. Ok.

J: Not roller skates, roller boots.
L: Ok. So, what... skateboarders traditionally hate rollerbladers. Why is that?
J: Because it is really annoying.
L: Yeah?
J: I mean it's kind of joke, it's not… it's slightly an in joke, it's not completely serious. But they are very annoying. I mean, you've seen them among you.
L: Yeah, the way they fly around the skate park in everyone's way. And there's something I think...
J: Something is ugly about the rollers... the roller-blade. It just looks stupid. And they grab their boots. They do jumps and grab their shoes.
L: Yeah.
J: It's like. With the skateboard when we do a grab. The skateboard is not attached to anything. So, in a way grabbing is either difficult or useful or there's some purpose for it.
L: You're holding the skateboard ...
J: You're holding the skateboard like, you know, it's holding your feet sometimes. But with the... grabbing your foot... I mean I can jump in the air and grab my foot probably quite easily.
L: ... why you're grabbing your foot? You know, like you think your shoes are going to fall off? It's pretty stupid.
J: Yeah. They are really annoying that's the worst most annoying children. Generally rollerbladers.
L: Alright. Ok. So any rollerbladers out there just be aware skateboarders for some reason don't like you. All right. It's like football fans. You know.
J: They think (43:30)_____ recently by their Razor scooter brigade.
L: _Brasers cooters. is this little metal cutter?
J: No, (43:37)_____ because not so much because... It's a prejudice but because they're generally own by very young children. And the parents of these children think that a good place to take their six-year-old or five-year-old is the skatepark. Skatepark is not the same thing as a play area or creche or a playground. It's not really designed for under fives or under tens. You have to have a certain level of spatial awareness to be safe in a skatepark.
L: Yeah, people are flying around and speed, dislocating their shoulders.
J: It's not a playground. It's a skatepark. So when the parents let their little Jimmy or little Timmy or whoever roll around without spatial awareness is liable to get themselves hurt. And you can say to parents - look, there is no way of saying it without them taking offence. You say - look, it's dangerous for them to be here. They say "we watch out for them. It's up to you to watch out for my kid.
L: Yeah.

J: He has no spatial awareness, he shouldn't be here. This isn't a playground. They get really angry and annoy of you.
L: Right.
J: And they're making a point of letting the kids scant your way. Lo and behold, ten minutes later, this kid gets knocked over because they're not looking where they're going. And the parents gets really upset. And you, it's... I've seen that happened many… I've never run into a kid but I've seen that so many times. And the parents don't understand that skatepark is not a place for under tens.
L: Yeah. That should be made clear to these parents. There should be a big sign saying - just think. Just generally think.
J: Yeah.
45:07
L: Alright. Ok, good. So I don't want you to be exhausted because I know you're recovering from an injury, but it's being good to talk to you and I'm sure that all my listeners agree that we wish you all the best for your recovery and just take care, alright? Don't fall off the skateboard again in the near future. Just watch out for yourself, alright?
L: What's that noise? It's a ukulele.
J: I thought you told me not to fiddle with things and make noise.
L: Good point.
J: ... ukulele.
L: Very good point. Good point, well made. Ok. Do you have anything else to add before we sign off?
J: Can I suggest that your listeners watch the David Neilsen section from Speed Freaks?
L: Alright, is that available as a video on Youtube?
J: Slightly if I can find it now. **Video**: https://youtu.be/y2T0_YIvLP8
L: Yeah, because if you just say the David Neilsen section from Speed Freaks then they will not understand what you're talking about. I think this is a skate video. Speed Freaks was a skate video produced by Santa Cruz skateboards from, probably about 1989 I think. David Neilsen was one of their professional skaters. He skated for ...
J: He skate for Santa Cruz Wheels and ice street skateboard. (phone ringing) Excuse me.
L: Are you sure he is not on a Hockus Pockus the ice street video?
J: Of course I'm sure!
L: Alright. Ok. Don't get ... Don't lose your temp.
J: No, I can't find the... I have to send you another section instead of. I have to send you the ... maybe the whole thing.
L: Speed Freaks skate video. I remember Speed Freaks...

J: Oh, there's the whole video here. I'll just send you the whole video.
L: Ok. I remember Speed Freaks ... Yeah?
J: (47:08)_____ _____ _____ _skateboarding we have to a teenage boy.
L: Ok.
J: and you might understand what, you know… I mean, it's just some cool old school skating from 1989 and it's good music as well. Another thing what skateboarding got me into lots of interesting music that I never would have heard otherwise.
L: It was mainly American punk music, isn't it?
J: Right, inside Black flag, (47:30)_Dawson junior_?_, people like that. Which should have a big skate following. They are quite well known now, but at the time, in the 80s-90s, no one around you heard of them.
L: Yeah.
J: The first song we heard in 1989 was only skateboard video and you're like - what the hell is this music? ... it's... Yeah, there you go.
L: Alright. I remember watching Speed Freaks with you. We used to watch it all the time. because back in, you know, the late 80s early 90s when we didn't have the Internet, we didn't have the Youtube all we had was a bunch of videos in a box. VHS-s and we would watch them again and again and again. And we had Star Wars, we had Ghostbusters, and we had Indiana Jones, we had all the skate videos. So we used to watch Speed Freaks a lot. Because that was like the only skate video that we had. And I remember all of it. I just... The whole thing because the video begins with a bunch of food like being thrown on the floor. Remember that was like burgers and tomatoes and ketchup and stuff being thrown on the floor over the beginning titles. And then there is a guy, a big fat american guy … Who said "Speed Freaks!" and then he burps. It's like Speed Freaks… and then the video begins and it's like you know, bunch of like dodgy american kids who are... all are punk-rockers. And they're all brilliant, they're all amazing skaters and the whole video is just really cool, really good music...

48:54

J: And it's (48:54)_____ Southern California and it's all kind of that California light which is seen in all the cowboy movies and stuff. And it really look like a bunch of cowboys basically or a bunch of punkster. Their grandparents were probably cowboys, you know, and they just look - the light is very Californian and yellow and it's almost... it's very weird. For a kid living in a boring town in England it looks very cool.
L: For those people who may be don't get the references we're talking about it may help if you think of something like the Red Hot Chilly Peppers from 1989. You know, really old early Red Hot Chilly Peppers videos when there're just like these surfer dudes, these skaters and punks who were probably like,you know, doing all sorts of dodgy drugs and things as well. Just this

weird alternative lifestyle which just… I mean it's cool. The videos are amazing and ... they were like innovators men, you know?
J: And the graphics are really cool just super cool for a young kid who's probably finds football and stuff quite boring.
L: I was...
J: I mean it was compared to cricket. It was a lot more interesting in cricket…
L: A lot more sexy and dangerous.
J: Or Rugby ,you know, it never appealed to me - that stuff
L: I always found it kind of funny that we would watched these videos of these guys in California, these really cool dudes in California skating and these amazing places and then we would like go outside with our plastic skateboards in an like country lane in the British countryside and we were like...
J: Pub car.
L: Yeah, we go to the pub car park and rolled around on skateboards and we, you know, in our heads it was like - California in 1989. But in reality it was like Worrikshear, you know...
J: Yeah.
L: Raining in (50:40)__Worrikshear_?_
J: Exactly, drizzling and really terrible concrete and really terrible tarmak and ...
L: Yeah.
J: we would just... Yeah.
L: Good times.
J: Good times… punctuated by periods of deep depression.
J: ...That'0s a terrible joke.
L: And poor exam results at school.
51:00
J: Yeah, let's not talk about that.
L: Let's not talk about that too much. That's another story for another time. Well, it's been good to talk to you, glad that you are ok and glad that you've been given a prescription of rather powerful painkillers.
J: They could be more powerful if you ask me.
L: Really?
J: They didn't... they don't do much for me.
L: Ok. They're not sort of giving you a nice warm (51:26)_buzz_?_.
J: No, in a slightest.
L: It's a pity. Because at least if you've had an injury, you know, one of the advantages is you get some strong painkillers that make you feel very good.

J: They’re quite stronger but they don't really affect me, you know.
L: Yeah.
J: So, I can tell. I suppose that's what their aim to do, you're not supposed to get high than I. They’re supposed reduce your pain in your arm.
L: Must to just bring you back to normal I suppose.
J: Yeah. And that's why I need some Armagnac sent over from Paris.
L: Ok, We'll all get working on that. OK, I’m going to send you some Armagnac. Alright. It's been a pleasure talking to you.
(52:00)
J: And talking to you. Thank you for having me on your podcast.
L: It's always a pleasure...
J: Can I just dare? How is your French coming along?
L: My French is coming along a little bit. It's much better than it used to be. And I'm able to do various basic things. I'm able to understand a lot more than I could. I was just testing myself the other day by listening to the news on TV without watching the screen and I understood most of what they were talking about. But when it comes to me actually having to say anything complicated then it’s just a disaster. I don'know. I am probably a bit of a hypocrite, because I spend all my time teaching people how to learn a language and then I don't really do it myself. My French is not advancing as well as it could be. My excuses are getting better and better all the time. My excuses are coming along really good.
J: I’d say that’s good, that’s good. Maybe you should watch more French films without any subtitles.
L: Maybe I sh... I should. We go to the cinema and watch French films sometimes. They tend to be pretty similar the French films. You can guarantee that there will be certain things in the French film.
J: Ok, let me guess of you.
L: Ok, go on.
J: Laying around in bed smoking.
L: Laying around in bed smoking. Certainly smoking. Yes. And laying around in bed. Yes. Good.
J: Talking about sort of existential - you know - why we're here in a cafe.
L: They don't really talk about existential why we're here, but often that's the theme of the film. But it's not directly explicitly talked about, but it just a general existential theme.
J: It’s about a man with a bad jumper being bored. Just generally acting bored and arrogant.
L: Yeah. Very long scenes of domestic situations in which people smoke and have affairs.
J: Yes. They are all coming to that.

L: That’s the main thing. It's just people having extra marital affairs. That's it. Almost every single French film I've seen is about someone having an affair with someone else. And there are always will be naked breasts. Always.

54:07

J: Oh, yeah.

L: I think it's like a government requirement. That in order to get some funding for a film you have to...

J: They may be get tax (54:15)_____ per tit.

L: Maybe. That could be - I think it's... there’s a form - an administrative form that has to be completed before you can get financing for you film. And it's basically like : OK, I've got an idea for a film - and the guy goes: OK, tell us...

J: How many tits are in it?

L: How many tits with it ? Well, two. - OK, good.

J: Ok, that's a good start...

L: This is the foundation.

J: Can you push this thing further? We have excellent taxes for it if you bring up number above six.

L: We were thinking may be as well as the breasts you could have maybe an extra marital affair or two? -OK, fine.

J: Is there much smoking in the film.

L: Yeah.

J: Have you seen the French connection recently?

L: The French connection - the old movie - William Friedkin filmed from the seventies with Gene Hackman? No, I haven't seen it recently, no.

J: I've watched in the commentary recently I didn't realize how much of it was true.

L: Really?

J: The whole conspiracy was all true. That all happened.

L: It's a film about cops in chicago in the seventies.

J: It’s New-York, isn't it?

L: No, it's Chicago, isn't it?

J: Is it?

L: Yeah, because there’s the whole scene with the raise... Or maybe it is New-York. I thought it was Chicago because there is a raised train track.

J: I think it's New-York cause they just don't show any of the big landmarks.

L: I'm going to find out. Hold on a second. “ French connection movie location?” And we’re going to find out in just a second. Oh, yeah! New-York City. Brooklyn. Yeah. You're right. Yeah, I thought it was Chicago but I was wrong. It's actually in NYC.
J: I didn't realize all that stuff is basically true.
L: You know the actor who is in French connection, Gene Hackman, who is on of the greatest Hollywood actors of all time, he's never made a bad film. No, that's not true. That he’s made one bad film. All the other films that he is in are all good.
J: What bad films he made?
L: Superman 4.
J: Oh I was gonna say he is pretty good in that, he makes it good.
L: Goodness,. Superman 1 is great. It’s really a good film.
J: He is Lex Luthor, isn't it?
L: He is Lex Luthor. Superman 4 come on, no.
J: I haven't seen it
L: That's the film in which Superman fights superhero called Nuclear Man.
J: No, It doesn't bring me any bell.
L: It's awful. It's absolute shite. It's terrible. But Superman 1 is great film allround. Superman 2 is not bad. It's got general Zod in it.
J: Yes, Superman 2 is great ...
L: Superman 3 is the one with Richard Pryor in it.
J: Yeah, that was good.
L: That's... it's ridiculous really. But it's quite entertaining. Superman 4 is just plain bad. It's just terrible. But it does have Gene Hackman and he is always good to watch.
J: Still bad than the Dark Knight rises (56:59) ____ isn't it?
57:00

L: Oh, God, yeah. And it's much better then the new Superman film which is not satisfying. It's a real pro... We could do a whole podcast about superheroes and we will. We...
J: ...We will just be slagging them off
L: Not necessarily. Some of the superheroes are great but...
J: No, I don’t want (57:17)____ I just don't know the (57:19)____ film very often.
L: The Avengers was alright, don't you see, did you see that?
J: No. They are not superheroes, are they?
L: No, no, not the old Avengers from the sixties, but the Marwell Avengers.
J: Ah,I don't know_...
L: Ironman, Incredible Hulk, other people, Captain America,

J: (57:35)_____ _____ _____ _____
L: Thing is from Fantastic Four. Yeah, he is in a Fantastic Four film too.
J: Because I like Thing,
L: Yeah.
J: He is like a real New-Yorker. He was like: Hey!
L: We'll come back to the subject to superheroes in a future episode...
J: Let's wind this up.
L: We're going to wind this up. Because I could have explained a joke that you made. The paracetamol joke and then we're going to call it a day.
J: And can you link that Speed Freaks video? If you find the full thing on YouTube.
L: I need to link Speed Freaks? What else, maybe take it easy on yourself? Braking up is hard to do? Ok, And I think that's it, isn't it? Your photo of you in the hospital and I think that's pretty much it. Yeah. Have you enjoyed my Stand Up recently? I sent you some videos of me doing Stand Up comedy.
J: Yes, It was pretty good, really good, really good. You get in very relaxed on stage.
L: But too relaxed maybe.
J: I think it's good. Sometimes loses a bit of a momentum when you kind of got moving on the scene a bit and you kind of going like Eddie Izzard.
L: You're breaking up.
J: (58:56)_____ in the subject ...
L: You're breaking up. I can't... I'm losing you. Hello?
J: Well, let's just say goodbye.
L: Ok, you've become a kind of robot. An android or dalek or something. Are you still there? I think he is gone.
J: Yeah...
L: Yeah, are you there? Goodbye then. Commrnications have broken down. Here Luke's English podcast we're experiencing some technical difficulties, just bar with us for a moment and as soon as James is back we'll say goodbye to him and then that we'll be pretty much the end of the podcast. James, are you still there? No, I think we've lost him.
J: I'm going to say Bye, bye...
L: Bye. Alright, he is gone. So, ladies and gentlemen that's the end of this episode of Luke's English podcast. A conversation with my brother in which he told us all about this injury that he experienced. Right,

Joke

So I have a joke to explain. We talked about paracetamol. Paracetamol is a painkiller, it's a common painkiller that you buy over the counter. You can just go into a chemist and buy it. It's a

painkiller if you got a headache, for example, Paracetamol. Ok. Another common painkiller is aspirin. Aspirin. Oh, he is coming back.

Skype call...

L:Hello? Hi? Hello?

J: Sorry...

L: OK, I just want you to call me back to say goodbye. Oh, no, I've lost him again. Oh, dear. Hello? No, (1:00:29)____. If we were in South Korea.

J: bye, bye, bye...

L: Goodbye, ...

L: Hi and goodbye. Alright? OK. If we were in South Korea that wouldn't happen. Because they've got amazing Internet. So, anyway.

Paracetamol it's a painkiller. The other painkiller is called aspirin. Very common. OK. Now, here is the joke, I'll tell it to you, you probably won't understand it, then I'll explain it. And you'll just go:

-Oh, OK, thank you. Right.

So, why are there no aspirins in the jungle?

Because the paracetamol.

The parrots eat ‘em all. Ah, dear..

Ok, the parrots eat them all. Parrots are birds that live in the jungle. There are no aspirins in the jungle because the parrots eat them all. Which sounds a bit like paracetamol. Yes.

Alright. On that bombshell it's time to wish you all a fond farewell and I'll speak to you again soon. Send me your emails and comments and things. I’m always glad to hear from you. And that's it for now. Alright. So, take care and I'll speak to you soon. Alright? Good. Bye then. Bye, bye, bye, bye, bye, bye

<music>

It's not actually goodbye yet because I'm finished. Actually I just wanted to say a couple more things.

One of them is well done for listening all the way to the end of the episode. Brilliant. Well done you. You are one of those clever extra special listeners. Well, either you an extra special clever listener who realize is that you should keep listening even if you don't understand absolutely

everything but you should just push through that barrier and keep listening because it's better for your English. Either you one of those people. Or you just found it interesting and worth listening to and you are able to put up with the things that you don't understand. Either way, you know, nice one basically.

What's the other thing I wanted to tell you? That’s it! I wanted to just remind you that I will be in the next episode going through a number of bits of language from the first fifteen minutes of this interview with my brother. Ok? So you can expect that to come up on the Internet in your iTunes, on your RSS feed or however it is you choosed to listen to Luke's English podcast, you'll find the next episode to be a sort of summary, bits of vocabulary, key bits of language from the first fifteen minutes.

Alright. So that's it. And this really is goodbye. For this episode at least. For now. Alright? Good. Alright, then bye, bye, bye, bye.

♫♪ music ♫♪

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This episode last 63:41 min and it’s being finished by: Ninjas, the Orion team: srzh, Jack, ptholome.

The End