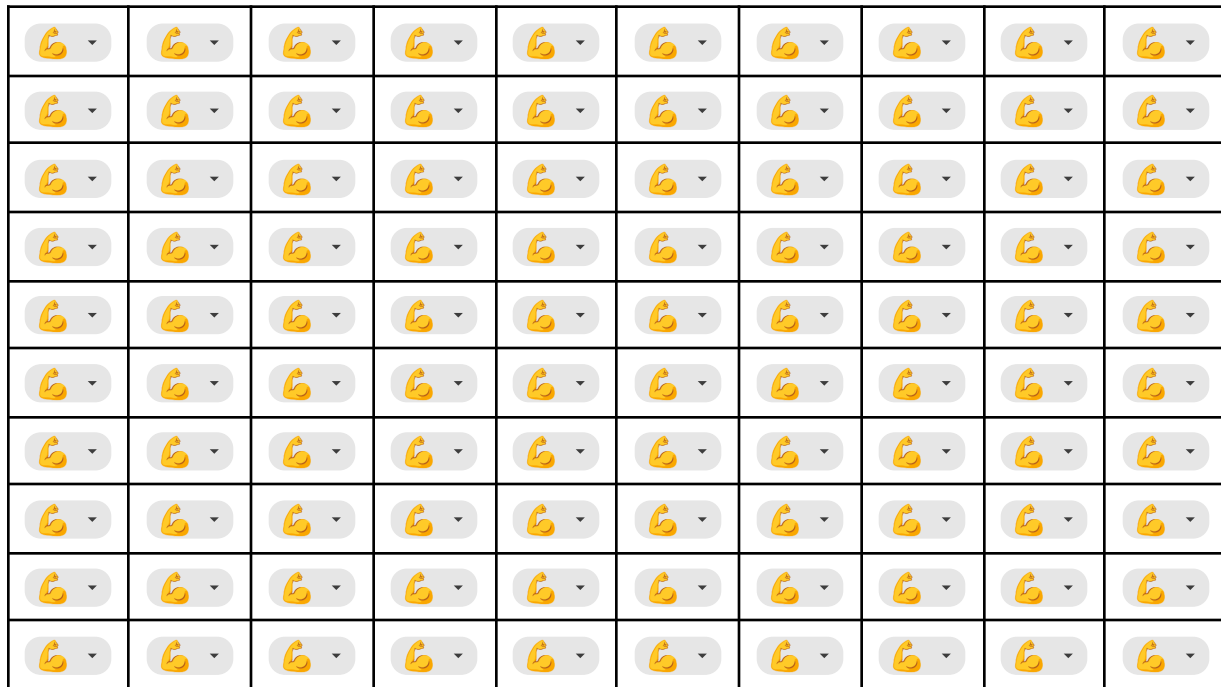


Click “File” → “Make A Copy” to create your own editable copy

100 G WORK SESSIONS AWAY



G Work Checklist

- ☒ ~~Set a desired outcome and plan actions~~
- ☒ ~~Pick an attitude~~
- ☒ ~~Hydrate, Caffeinate, Get the blood flowing~~
- ☒ ~~Remove distractions~~
- ☐ Set a timer for 60-90 mins
- ☒ ~~Get started~~
- ☒ ~~Evaluate afterwards~~

G Work Session Tracker Template

SESSION #1 - June 6, 5:00am-7:00am

Desired Outcome:

- Master Copywriting

Planned Tasks:

- Task 1: Analyze copy
- Task 2: Make posts on IG and FB to gain followers and generate more sales for current client.
- Task 3: Learn how to effectively use copy for the IG and FB posts.

Post-session Reflection

- Notes: My morning session was a WIN for me, I made enough time to create a morning post on FB and IG for my client and got to finish some lessons.
-

SESSION #2 - June 6 + 1:00pm-3:00pm

Desired Outcome:

- Objective Master Copywriting

Planned Tasks:

- Task 1: Make afternoon posts for current client.
- Task 2: Market research on clients market.
- Task 3: Find market customer language.

Post-session Reflection

- Notes: Was a good G session, made it easy for future posts with the customer language research I made.
-

SESSION #3 - June 6 + 4:00pm-8:00pm

Desired Outcome:

- Objective: Master Copywriting.

Planned Tasks:

- Task 1: Make an evening post for current client.
- Task 2: Complete 3 G sessions for today.
- Task 3: Get a WIN.

Post-session Reflection

- Notes: Completed the 3 G sessions and today was non stop wins, feeling ahead, I'm learning more as I complete my tasks.
-

SESSION #4 - June 7 + 5:00am-7:00am

Desired Outcome:

- Objective: Master Copywriting.

Planned Tasks:

- Task 1: Customer language research.
- Task 2: Create posts on IG and FB for morning and afternoon for client.
- Task 3: Finish some lessons

Post-session Reflection

- Notes: Completed all my tasks and got ahead on some work for my client.
-

SESSION #5 - June 7 + 1:00pm-3:00pm

Desired Outcome:

- Objective Master Copywriting

Planned Tasks:

- Task 1: Studying copy.
- Task 2: Completed a market research doc.
- Task 3: Finish some lessons.

Post-session Reflection

- Notes: This session was a WIN, helped me understand more copy.
-

SESSION #6 - June 7 + 4:00pm-8:00pm

Desired Outcome:

- Objective: Master Copywriting.

Planned Tasks:

- Task 1: Finish evening posts on IG and FB for client.
- Task 2: Do some customer language research.
- Task 3: Get ahead on clients work.

Post-session Reflection

- Notes: This session was WIN, my research makes my copy a lot easier for me.
-

SESSION #7 - June 8 + 5:00am-7:00am

Desired Outcome:

- Objective: Master Copywriting.

Planned Tasks:

- Task 1: Make posts on IG and FB for client.
- Task 2: Make reels on IG and FB for client.
- Task 3: Rewatch some lessons.

Post-session Reflection

- Notes: Completed the before the session ended so created more posts for the afternoon.
-

SESSION #8 - June 8 + 1:00pm-3:00pm

Desired Outcome:

- Objective Master Copywriting

Planned Tasks:

- Task 1: Post afternoon posts on IG and FB for client.
- Task 2: Make evening posts for client.
- Task 3: Get ready posts for tomorrow morning.

Post-session Reflection

- Notes: Was a good session because I made better posts for client.
-

SESSION #9 - June 8 + 5:00pm-8:00pm

Desired Outcome:

- Objective: Master Copywriting.

Planned Tasks:

- Task 1: Study copy.
- Task 2: Search for market customer language.
- Task 3: Rewatch some lessons.

Post-session Reflection

- Notes: WIN session, studying newsletter copy helps with creating better posts for client.
-

SESSION #10 - June 9 + 5:00am-7:00am

Desired Outcome:

- Objective: Master Copywriting.

Planned Tasks:

- Task 1: Make better posts for client.
- Task 2: Market research.
- Task 3: Customer language research.

Post-session Reflection

- Notes: I have made a lot of improvement with clients' posts but I'm not getting any results.
-

SESSION #11 - June 9 + 1:00pm-3:00pm

Desired Outcome:

- Objective Master Copywriting

Planned Tasks:

- Task 1: Research competitors' posts.
- Task 2: Rewatch some lessons.
- Task 3: Get results with clients' social media.

Post-session Reflection

- Notes: I need to keep finding way to get results.
-

SESSION #12 - June 9 + 5:00pm-8:00pm

Desired Outcome:

- Objective: Master Copywriting.

Planned Tasks:

- Task 1: Get results for clients' social media..
- Task 2: Rewatch some lessons.
- Task 3: Look at competitors' social media posts.

Post-session Reflection

- Keep searching how to get results for clients' social media.
-

SESSION #13 - June 10, 5:00am-7:00am

Desired Outcome:

- Master Copywriting

Planned Tasks:

- Task 1: Get results for clients' social media.
- Task 2: Make the morning and afternoon posts on IG & FB for client
- Task 3: Rewatch some lessons.

Post-session Reflection

- Notes: Need a lot of progress on how to get result for my clients social media growth.
-

SESSION #14 - June 10 + 1:00pm-3:00pm

Desired Outcome:

- Objective Master Copywriting

Planned Tasks:

- Task 1: Do online customer language research.
- Task 2: Make evening post on IG & FB for client.
- Task 3: Look at competitors' accounts.

Post-session Reflection

- Notes: Haven't gotten any results on my clients social media.
-

SESSION #15 - June 10 + 6:00pm-8:00pm

Desired Outcome:

- Objective: Master Copywriting.

Planned Tasks:

- Task 1: Get results for clients' social media..
- Task 2: Look at very good copy from experts.
- Task 3: Look at competitors' social media posts.

Post-session Reflection

- Notes: The posts I am making for my client are reaching more people than his previous posts and it's being consistent.
-

SESSION #16 - June 11, 5:00am-7:00am

Desired Outcome:

- Master Copywriting

Planned Tasks:

- Task 1: Get results for clients' social media.
- Task 2: Do morning posts on IG & FB for client.
- Task 3: Rewatch some lessons.

Post-session Reflection

- Notes: The posts I am making for my client are getting more attention than their previous posts.
-

SESSION #17 - June 11 + 1:00pm-3:00pm

Desired Outcome:

- Objective Master Copywriting

Planned Tasks:

- Task 1: Do afternoon and evening posts on IG & FB for client.
- Task 2: Market research.
- Task 3: Research market customer language.

Post-session Reflection

- Notes: Need to keep looking at strategies for getting attention with my social media copywriting.

SESSION #18 - June 11 + 6:00pm-8:00pm

Desired Outcome:

- Objective: Master Copywriting.

Planned Tasks:

- Task 1: Get results for clients' social media..
- Task 2: Do morning posts for tomorrow morning for client.
- Task 3: Watch new lessons on TRW.

Post-session Reflection

- Notes: I don't stop learning but I need to keep doing what I'm doing and that's action.
-

SESSION #19 - June 12, 5:00am-7:00am

Desired Outcome:

- Master Copywriting

Planned Tasks:

- Task 1: Get results for clients' social media.
- Task 2: Watch lessons from TRW.
- Task 3: Search for prospects.

Post-session Reflection

- Notes: I have 5 prospects that hopefully will be future clients.
-

SESSION #20 - June 12, 1:00pm-3:00pm

Desired Outcome:

- Objective Master Copywriting

Planned Tasks:

- Task 1: Watch TRW lessons.
- Task 2: Get familiar with Chatgpt.
- Task 3: Do afternoon and evening posts on IG & FB for client.

Post-session Reflection

- Notes: Chatgpt is very useful for getting info on copy.
-

SESSION #21 - June 12, 7:00pm-10:00pm

Desired Outcome:

- Objective: Master Copywriting.

Planned Tasks:

- Task 1: Learn to make AI's my slaves.
- Task 2: watch TRW lessons.
- Task 3: Do Morning posts for tomorrow.

Post-session Reflection

- Notes: Working on making results for clients social media.
-

SESSION #22 - June 13, 5:00am-7:00am

Desired Outcome:

- Master Copywriting

Planned Tasks:

- Task 1: Get results for clients' social media.
- Task 2: Do afternoon posts on IG & FB for clients' social media.
- Task 3: Watch TRW lessons.

Post-session Reflection

- Notes: Woke up and gained a couple followers on IG and FB.
-

SESSION #23 - June 13, 1:00pm-3:00pm

Desired Outcome:

- Objective Master Copywriting

Planned Tasks:

- Task 1: Make evening posts on IG and FB for client.
- Task 2: Watch TRW lessons.
- Task 3: Grow my social media/X

Post-session Reflection

- Notes: I need to grow my socials to get clients.
-

SESSION #24 - June 13, 7:00pm-10:00pm

Desired Outcome:

- Objective: Master Copywriting.

Planned Tasks:

- Task 1: Get results for clients' social media.
- Task 2: Watch TRW lessons.
- Task 3: Do morning posts on IG and FB for client.

Post-session Reflection

- Notes: I am growing clients' socials for his furniture business for a month in exchange for a testimonial.
-

SESSION #25 - June 14, 5:00am-7:00am

Desired Outcome:

- Master Copywriting

Planned Tasks:

- Task 1: Get results for clients' social media.
- Task 2: DO afternoon & evening posts on IG and FB for client.
- Task 3: Watch TRW lessons.

Post-session Reflection

- Notes: Gaining followers for my client I just need to stay consistent.
-

SESSION #26 - June 14, 1:00pm-3:00pm

Desired Outcome:

- Objective Master Copywriting

Planned Tasks:

- Task 1: Watch TRW lessons.
- Task 2: Prospecting for customers.
- Task 3: Land a client.

Post-session Reflection

- Notes: Goal is to start making some money with copywriting.
-

SESSION #27 - June 14, 5:00pm-7:00pm

Desired Outcome:

- Objective: Master Copywriting.

Planned Tasks:

- Task 1: Get results for clients' social media.
- Task 2: Do morning posts for client.
- Task 3: Market customer language research.

Post-session Reflection

- Notes: The copy I use for the IG and FB posts are attracting more followers/customers.
-

SESSION #28 - June 15, 5:00am-7:00am

Desired Outcome:

- Master Copywriting

Planned Tasks:

- Task 1: Get results for clients' social media.
- Task 2: Do afternoon and evening posts for client.
- Task 3: Watch TRW lessons.

Post-session Reflection

- Notes: Getting better at Copy it feels like a WIN.
-

SESSION #29 - June 15, 1:00pm-3:00pm

Desired Outcome:

- Objective Master Copywriting

Planned Tasks:

- Task 1: Watch TRW lessons.
- Task 2: Prospecting for customers.
- Task 3: Land a client.

Post-session Reflection

- Notes: Trying to land a client that want more followers/attention.
-

SESSION #30 - June 15, 5:00pm-7:00pm

Desired Outcome:

- Objective: Master Copywriting.

Planned Tasks:

- Task 1: Get results for clients' social media.
- Task 2: Do morning posts for client.
- Task 3: Customer language research.

Post-session Reflection

- Notes: I am creating copy for posts a lot faster.
-

SESSION #31 - June 16, 5:00am-7:00am

Desired Outcome:

- Master Copywriting

Planned Tasks:

- Task 1: Get results for clients' social media.
- Task 2: Do afternoon and evening posts on IG and FB for client.
- Task 3: Learn what else do I need for the posts to perform better.

Post-session Reflection

- Notes: I need to keep improving the posts for my client.
-

SESSION #32 - June 16, 1:00pm-3:00pm

Desired Outcome:

- Objective Master Copywriting

Planned Tasks:

- Task 1: Watch TRW lessons.
- Task 2: Prospecting for customers.
- Task 3: Customer language research.

Post-session Reflection

- Notes: Haven't landed a client, I need more followers on my socials.
-

SESSION #33 - June 16, 7:00pm-8:00pm

Desired Outcome:

- Objective: Master Copywriting.

Planned Tasks:

- Task 1: Get results for clients' social media.
- Task 2: Do morning posts for client.
- Task 3: Look at what other competitors are doing.

Post-session Reflection

- Notes: I am getting more knowledge and ideas for posts.
-

SESSION #34 - June 17, 5:00am-7:00am

Desired Outcome:

- Master Copywriting

Planned Tasks:

- Task 1: Watch lessons from TRW.
- Task 2: Study good copy.
- Task 3: Prospect for customers.

Post-session Reflection

- Notes: Found some very good copy and learned a lot from it.
-

SESSION #35 - June 17, 1:00pm-3:00pm

Desired Outcome:

- Objective Master Copywriting

Planned Tasks:

- Task 1: Do afternoon and evening posts on IG and FB for client.
- Task 2: Study good copy.
- Task 3: Watch TRW lessons.

Post-session Reflection

- Notes: Got a new follower for my client on IG but not getting the results I want.
-

SESSION #36 - June 17, 7:00pm-8:00pm

Desired Outcome:

- Objective: Master Copywriting.

Planned Tasks:

- Task 1: Get results for client.
- Task 2: Do morning posts for client on IG and FB.
- Task 3: Look at what posts are performing better and getting more results.

Post-session Reflection

- Notes: I learned what is getting more attention and being more effective for the posts.
-

SESSION #37 - June 18, 5:00am-7:00am

Desired Outcome:

- Master Copywriting

Planned Tasks:

- Task 1: Do afternoon and evening posts for client.
- Task 2: Study good copy.
- Task 3: Deliver better results for client.

Post-session Reflection

- Notes: Studying copy helps my posts be more effective on attention grabbing.
-

SESSION #38 - June 18, 1:00pm-3:00pm

Desired Outcome:

- Objective Master Copywriting

Planned Tasks:

- Task 1: Watch TRW lessons.
- Task 2: Study good copy.
- Task 3: Prospect for customers.

Post-session Reflection

- Notes: I know soon I'll land a client and he will be paying me for my skill.
-

SESSION #39 - June 18, 6:00pm-9:00pm

Desired Outcome:

- Objective: Master Copywriting.

Planned Tasks:

- Task 1: Do morning posts for client on IG and FB.
- Task 2: Look at the best performing posts I've done for my client.
- Task 3: Watch TRW lessons.

Post-session Reflection

- Notes: I have been posting on my X to grow my social media to possible land a client faster.
-

SESSION #40 - June 19, 5:00am-7:00am

Desired Outcome:

- Master Copywriting

Planned Tasks:

- Task 1: Watch the real world lessons.
- Task 2: Prospect for clients.
- Task 3: Study good copy.

Post-session Reflection

- Notes: The copy I use for my IG and FB are getting the results I need.
-

SESSION #41 - June 19, 1:00pm-3:00pm

Desired Outcome:

- Objective Master Copywriting

Planned Tasks:

- Task 1: Do afternoon and evening posts.
- Task 2: Study good copy.
- Task 3: Prospect for clients.

Post-session Reflection

- Notes: I am ready to have more than 1 client.
-

SESSION #42 - June 19, 6:00pm-9:00pm

Desired Outcome:

- Objective: Master Copywriting.

Planned Tasks:

- Task 1: Watch The Real World lessons.
- Task 2: Gather insights in good copy.
- Task 3: Research customer language.

Post-session Reflection

- Notes: Keep mastering copy there is a lot more to learn.
-

SESSION #43 - June 20, 5:00am-7:00am

Desired Outcome:

- Master Copywriting

Planned Tasks:

- Task 1: Do morning posts on IG and FB for client.
- Task 2: Do afternoon posts for client.
- Task 3: Do evening posts for client.

Post-session Reflection

- Notes: Finished the posts earlier than expected so after watched TRW lessons.
-

SESSION #44 - June 20, 1:00pm-3:00pm

Desired Outcome:

- Objective Master Copywriting

Planned Tasks:

- Task 1: Watch TRW lessons.
- Task 2: Look at what posts are performing better.
- Task 3: Look at what the competitors are doing.

Post-session Reflection

- Notes: Gathering more strategies for future posts.
-

SESSION #45 - June 20, 6:00pm-9:00pm

Desired Outcome:

- Objective: Master Copywriting.

Planned Tasks:

- Task 1: Watch TRW lessons.
- Task 2: Prospect for customers.
- Task 3: Search for customer language.

Post-session Reflection

- Notes: I need more followers in my socials.
-

SESSION #46 - June 21, 5:00am-7:00am

Desired Outcome:

- Master Copywriting

Planned Tasks:

- Task 1: Do morning posts on IG and FB for clients' social media.
- Task 2: Watch TRW lessons.
- Task 3: Study good copy.

Post-session Reflection

- Notes: Need to keep using TRW chats to improve my work with feedback
-

SESSION #47 - June 21, 1:00pm-3:00pm

Desired Outcome:

- Objective Master Copywriting

Planned Tasks:

- Task 1: Do afternoon and evening posts for client.
- Task 2: Chat with people in the real world.
- Task 3: Watch TRW lessons.

Post-session Reflection

- Notes: TRW chats are incredibly helpful.
-

SESSION #48 - June 21, 6:00pm-9:00pm

Desired Outcome:

- Objective: Master Copywriting.

Planned Tasks:

- Task 1: Do morning posts for tomorrow.
- Task 2: Watch TRW lessons.
- Task 3: Study good copy.

Post-session Reflection

- Notes: I keep learning new stuff from the same copy.
-

SESSION #49 - June 22, 5:00am-7:00am

Desired Outcome:

- Master Copywriting

Planned Tasks:

- Task 1: Watch TRW lessons.
- Task 2: Study good copy.
- Task 3: Online customer market research.

Post-session Reflection

- Notes: Apply all the info of copy on my clients posts.
-

SESSION #50 - June 22, 1:00pm-3:00pm

Desired Outcome:

- Objective Master Copywriting

Planned Tasks:

- Task 1: Do afternoon and evening posts for client.
- Task 2: Apply what I learned on the posts.
- Task 3: Look at what posts perform the best.

Post-session Reflection

- Notes: Today's posts should perform good.

SESSION #51 - June 22, 7:00pm-9:00pm

Desired Outcome:

- Objective: Master Copywriting.

Planned Tasks:

- Task 1: Watch TRW lessons.
- Task 2: Look how the posts are doing from today.
- Task 3: Do morning posts for tomorrow.

Post-session Reflection

- Notes: My posts are getting more likes.
-

SESSION #52 - June 23, 5:00am-7:00am

Desired Outcome:

- Master Copywriting

Planned Tasks:

- Task 1: Watch TRW lessons.
- Task 2: Look how the posts are doing from yesterday.
- Task 3: Study good copy.

Post-session Reflection

- Notes: Posts are performing a lot better but not my expectations.
-

SESSION #53 - June 23, 2:00pm-3:00pm

Desired Outcome:

- Objective Master Copywriting

Planned Tasks:

- Task 1: Do afternoon post.
- Task 2: Watch TRW lessons.
- Task 3: Chat in TRW.

Post-session Reflection

- Notes: Keeping up with the posts performance.
-

SESSION #54 - June 23, 6:00pm-8:00pm

Desired Outcome:

- Objective: Master Copywriting.

Planned Tasks:

- Task 1: Do evening posts.
- Task 2: Grow my socials.
- Task 3: Watch TRW lessons.

Post-session Reflection

- Notes: My X follower count is growing by the days.
-

SESSION #55 - June 24, 5:00am-7:00am

Desired Outcome:

- Master Copywriting

Planned Tasks:

- Task 1: Do morning posts for clients' social media.
- Task 2: Watch TRW lessons.
- Task 3: Chat in TRW,

Post-session Reflection

- Notes: Important to chat in TRW for tips.
-

SESSION #56 - June 24, 1:00pm-2:00pm

Desired Outcome:

- Objective Master Copywriting

Planned Tasks:

- Task 1: Do afternoon posts and evening posts.
- Task 2: Look at what posts are performing well.
- Task 3: Watch the real world lessons.

Post-session Reflection

- Notes: All posts I am doing perform a lot better than the clients old posts that's a WIN.
-

SESSION #57 - June 24, 7:00pm-8:00pm

Desired Outcome:

- Objective: Master Copywriting.

Planned Tasks:

- Task 1: Watch TRW lessons.
- Task 2: Grow my X followers.
- Task 3: Prospect for customers.

Post-session Reflection

- Notes: I have reached 40 followers on my X that's good.
-

SESSION #58 - June 25, 5:00am-7:00am

Desired Outcome:

- Master Copywriting

Planned Tasks:

- Task 1: Do morning post for clients IG & FB.
- Task 2: Watch TRW lessons.
- Task 3: Chat in TRW

Post-session Reflection

- Notes: Posts aren't getting much attention.
-

SESSION #59 - June 25, 1:00pm-2:00pm

Desired Outcome:

- Objective Master Copywriting

Planned Tasks:

- Task 1: Do afternoon posts.
- Task 2: Watch TRW lessons.
- Task 3: Look at my clients posts performance.

Post-session Reflection

- Notes: I feel like I am missing something important on the posts.
-

SESSION #60 - June 25, 7:00pm-8:00pm

Desired Outcome:

- Objective: Master Copywriting.

Planned Tasks:

- Task 1: Do evening posts for client.
- Task 2: Grow my socials.
- Task 3: Chat in TRW

Post-session Reflection

- Notes: I have 47 followers on X now.
-

SESSION #61 - June 26, 5:00am-7:00am

Desired Outcome:

- Master Copywriting

Planned Tasks:

- Task 1: Do morning posts.
- Task 2: Grow my social.
- Task 3: Watch TRW

Post-session Reflection

- Notes: I'll keep growing my X so I can prospect more.
-

SESSION #62 - June 26, 1:00pm-2:00pm

Desired Outcome:

- Objective Master Copywriting

Planned Tasks:

- Task 1: Do afternoon posts.
- Task 2: Watch TRW lessons.
- Task 3: Chat in TRW.

Post-session Reflection

- Notes: Getting more power level.
-

SESSION #63 - June 26, 7:00pm-8:00pm

Desired Outcome:

- Objective: Master Copywriting.

Planned Tasks:

- Task 1: Do evening posts.
- Task 2: Comment on trending posts on X
- Task 3: Grow my social.

Post-session Reflection

- Notes: Getting more followers.
-

SESSION #64 - June 27, 5:00am-7:00am

Desired Outcome:

- Master Copywriting

Planned Tasks:

- Task 1: Do morning posts.
- Task 2: Watch TRW lessons.
- Task 3: Chat in TRW.

Post-session Reflection

- Notes: Getting more power level.
-

SESSION #65 - June 27, 1:00pm-2:00pm

Desired Outcome:

- Objective Master Copywriting

Planned Tasks:

- Task 1: Do afternoon posts.
- Task 2: Watch TRW lessons.
- Task 3: Chat in TRW.

Post-session Reflection

- Notes: Posts are performing the same.
-

SESSION #66 - June 27, 7:00pm-8:00pm

Desired Outcome:

- Objective: Master Copywriting.

Planned Tasks:

- Task 1: Do evening posts.
- Task 2: Grow my social/X.
- Task 3: Socialize on X.

Post-session Reflection

- Notes: X is easy for followers.
-

SESSION #67 - June 28, 5:00am-7:00am

Desired Outcome:

- Master Copywriting

Planned Tasks:

- Task 1: Do morning posts.
- Task 2: Watch TRW lessons.
- Task 3: chat in TRW.

Post-session Reflection

- Notes: I need to start doing my side hustle as well.
-

SESSION #68 - June 28, 1:00pm-2:00pm

Desired Outcome:

- Objective Master Copywriting

Planned Tasks:

- Task 1: Do afternoon posts.
- Task 2: Grow my socials.
- Task 3: Watch TRW.

Post-session Reflection

- Notes: Doing flipping as well.
-

SESSION #69 - June 28, 7:00pm-8:00pm

Desired Outcome:

- Objective: Master Copywriting.

Planned Tasks:

- Task 1: Do evening posts.
- Task 2: Search for items to flip on FB marketplace.
- Task 3: Watch TRW.

Post-session Reflection

- Notes: Need to be smart on what you buy.
-

SESSION #70 - June 29, 6:00am-7:00am

Desired Outcome:

- Master Copywriting

Planned Tasks:

- Task 1: Do morning posts.
- Task 2: watch TRW lessons.
- Task 3: Chat in the TRW.

Post-session Reflection

- Notes: Looking at the chat in TRW.
-

SESSION #71 - June 29, 2:00pm-3:00pm

Desired Outcome:

- Objective Master Copywriting

Planned Tasks:

- Task 1: Do afternoon posts.
- Task 2: Watch TRW lessons.
- Task 3: Grow my socials.

Post-session Reflection

- Notes: Need to keep growing to get clients.
-

SESSION #72 - June 29, 7:00pm-8:00pm

Desired Outcome:

- Objective: Master Copywriting.

Planned Tasks:

- Task 1: Do evening posts.
- Task 2: Watch TRW.
- Task 3: Look at chat in TRW.

Post-session Reflection

- Notes: Posts are doing a little more better.
-

SESSION #73 - June 30, 5:00am-7:00am

Desired Outcome:

- Master Copywriting

Planned Tasks:

- Task 1: Do morning posts.
- Task 2: Watch TRW lessons.
- Task 3: Grow my socials.

Post-session Reflection

- Notes: I stopped prospecting, waiting to get more followers.
-

SESSION #74 - June 30, 1:00pm-2:00pm

Desired Outcome:

- Objective Master Copywriting

Planned Tasks:

- Task 1: Do afternoon posts.
- Task 2: Watch TRW lessons.
- Task 3: Look for opportunities to earn money on daddy coin.

Post-session Reflection

- Notes: Learning how to enter and get out the market.
-

SESSION #75 - June 30, 7:00pm-8:00pm

Desired Outcome:

- Objective: Master Copywriting.

Planned Tasks:

- Task 1: Do evening posts.
- Task 2: Look at marketplace.
- Task 3: Watch TRW.

Post-session Reflection

- Notes: Looking for items I can resell for profit.
-

SESSION #76 - July 1, 5:00am-7:00am

Desired Outcome:

- Master Copywriting

Planned Tasks:

- Task 1: Do morning posts.
- Task 2: Improve my posts for my clients social media.
- Task 3: Search market customer language.

Post-session Reflection

- Notes: Need to start scheduling my posts.
-

SESSION #77 - July 1, 1:00pm-2:00pm

Desired Outcome:

- Objective Master Copywriting

Planned Tasks:

- Task 1: Do afternoon posts.
- Task 2: Watch TRW lessons.
- Task 3: Study good copy.

Post-session Reflection

- Notes: Learning from old school copy.
-

SESSION #78 - July 1, 6:00pm-8:00pm

Desired Outcome:

- Objective: Master Copywriting.

Planned Tasks:

- Task 1: Do evening posts.
- Task 2: Watch the TRW lessons.
- Task 3: Look at my posts performances.

Post-session Reflection

- Notes: Keeping track of the effective posts.
-

SESSION #79 - July 2, 5:00am-7:00am

Desired Outcome:

- Master Copywriting

Planned Tasks:

- Task 1: Do morning posts.
- Task 2: Watch TRW lessons.
- Task 3: Grow my social media.

Post-session Reflection

- Notes: Got 50 followers now.
-

SESSION #80 - July 2, 1:00pm-2:00pm

Desired Outcome:

- Objective Master Copywriting

Planned Tasks:

- Task 1: Do afternoon posts.
- Task 2: Watch TRW lessons.
- Task 3: Look at marketplace.

Post-session Reflection

- Notes: I need to be faster with my work.
-

SESSION #81 - July 2, 6:00pm-8:00pm

Desired Outcome:

- Objective: Master Copywriting.

Planned Tasks:

- Task 1: Do evening posts.
- Task 2: Search for customer language.
- Task 3: Look at what other competitors are doing.

Post-session Reflection

- Notes: Learning from others.
-

SESSION #82 - July 3, 5:00am-7:00am

Desired Outcome:

- Master Copywriting

Planned Tasks:

- Task 1: Do morning posts.
- Task 2: Watch TRW lessons.
- Task 3: Study good copy.

Post-session Reflection

- Notes: Implement what I learned in the copy I do.
-

SESSION #83 - July 3, 1:00pm-2:00pm

Desired Outcome:

- Objective Master Copywriting

Planned Tasks:

- Task 1: Look at my money in crypto.
- Task 2: Watch TRW lessons.
- Task 3: Do afternoon posts for client.

Post-session Reflection

- Notes: Keep being consistent with posts.
-

SESSION #84 - July 3, 6:00pm-8:00pm

Desired Outcome:

- Objective: Master Copywriting.

Planned Tasks:

- Task 1: Do post.evening for client.
- Task 2: Watch TRW lessons.
- Task 3: Study good copy.

Post-session Reflection

- Notes: Need to start landing clients soon for my success.
-

SESSION #85 - July 4, 5:00am-7:00am

Desired Outcome:

- Master Copywriting

Planned Tasks:

- Task 1: Do morning posts for client.
- Task 2: Watch TRW lessons.
- Task 3: Study good copy.

Post-session Reflection

- Notes: Action is the only way to succes.
-

SESSION #86 - July 4, 1:00pm-2:00pm

Desired Outcome:

- Objective Master Copywriting

Planned Tasks:

- Task 1: Do afternoon posts.
- Task 2: Watch TRW lessons.
- Task 3: Write down my plans for future posts for client.

Post-session Reflection

- Notes: I'm going to start doing my own copy and reviewing it.
-

SESSION #87 - July 4, 6:00pm-8:00pm

Desired Outcome:

- Objective: Master Copywriting.

Planned Tasks:

- Task 1: Do evening posts.
- Task 2: Watch TRW lessons.
- Task 3: Start reviewing my own copy.

Post-session Reflection

- Notes: Stealing great copy.
-

SESSION #88 - July 5, 5:00am-7:00am

Desired Outcome:

- Master Copywriting

Planned Tasks:

- Task 1: Do morning posts for client.
- Task 2: Watch TRW lessons.
- Task 3: Look at what other competitors are doing.

Post-session Reflection

- Notes: Get ideas/steal.
-

SESSION #89 - July 5, 1:00pm-2:00pm

Desired Outcome:

- Objective Master Copywriting

Planned Tasks:

- Task 1: Do afternoon posts.
- Task 2: Watch TRW lessons.
- Task 3: Grow my social media.

Post-session Reflection

- Notes: I have 61 followers on X.
-

SESSION #90 - July 5, 6:00pm-8:00pm

Desired Outcome:

- Objective: Master Copywriting.

Planned Tasks:

- Task 1: Do evening posts for client.
- Task 2: Watch TRW lessons.
- Task 3: Posts on my X.

Post-session Reflection

- Notes: Interact with other people on X.
-

SESSION #91 - July 6, 5:00am-7:00am

Desired Outcome:

- Master Copywriting

Planned Tasks:

- Task 1: Do morning posts.
- Task 2: Watch TRW lessons.
- Task 3: Look at what is performing the best on the posts for my client.

Post-session Reflection

- Notes: Improve clients posts.
-

SESSION #92 - July 6, 1:00pm-2:00pm

Desired Outcome:

- Objective Master Copywriting

Planned Tasks:

- Task 1: Do afternoon posts.
- Task 2: Watch TRW lessons.
- Task 3: Study good copy.

Post-session Reflection

- Notes: Keep getting better and improving for the posts.
-

SESSION #93 - July 6, 5:00pm-6:00pm

Desired Outcome:

- Objective: Master Copywriting.

Planned Tasks:

- Task 1: Do evening posts.
- Task 2: Watch TRW lessons.
- Task 3: Posts on my social.

Post-session Reflection

- Notes: Keep getting more followers on X.
-

SESSION #94 - July 7, 5:00am-7:00am

Desired Outcome:

- Master Copywriting

Planned Tasks:

- Task 1: Do morning posts.
- Task 2: Watch TRW lessons.
- Task 3: Grow my socials.

Post-session Reflection

- Notes: Do notes on the lessons.
-

SESSION #95 - July 7, 1:00pm-2:00pm

Desired Outcome:

- Objective Master Copywriting

Planned Tasks:

- Task 1: Do afternoon posts.
- Task 2: Watch TRW lessons.
- Task 3: Study good copy.

Post-session Reflection

- Notes: Reading good copy alone just helps me improve.
-

SESSION #96 - July 7, 5:00pm-6:00pm

Desired Outcome:

- Objective: Master Copywriting.

Planned Tasks:

- Task 1: Do evening posts.
- Task 2: Watch TRW lessons.
- Task 3: Language Market research.

Post-session Reflection

- Notes: Keep improving for big checks.
-

SESSION #97 - July 8, 5:00am-7:00am

Desired Outcome:

- Master Copywriting

Planned Tasks:

- Task 1: Do morning posts.
- Task 2: Watch TRW lessons.
- Task 3: Grow my social/X

Post-session Reflection

- Notes: 67 followers on X.
-

SESSION #98 - July 8, 1:00pm-2:00pm

Desired Outcome:

- Objective Master Copywriting

Planned Tasks:

- Task 1: Do afternoon posts.
- Task 2: Watch TRW lessons.
- Task 3: Study good copy.

Post-session Reflection

- Notes: Getting sleepy probably need some caffeine.
-

SESSION #99 - July 8, 6:00pm-8:00pm

Desired Outcome:

- Objective: Master Copywriting.

Planned Tasks:

- Task 1: Do evening posts.
- Task 2: Watch TRW lessons.
- Task 3: Search customer language.

Post-session Reflection

- Notes: My client now wants me to keep doing posts for him but for he will pay me now 100 a month big win for me.
-

SESSION #100 - July 9, 5:00am-7:00am

Desired Outcome:

- Master Copywriting

Planned Tasks:

- Task 1: Do morning posts for client.
- Task 2: Watch TRW lessons.
- Task 3: Analyze good copy.

Post-session Reflection

- Notes: Was revising my past post for my client and found very good improvements.
-

SESSION #101 - July 9, 1:00pm-2:00pm

Desired Outcome:

- Objective Master Copywriting

Planned Tasks:

- Task 1: Do afternoon posts for client.
- Task 2: Watch TRW lessons.
- Task 3: Search for online customer language.

Post-session Reflection

- Notes: Furniture neache is interesting for attention grabbing.
-

SESSION #102 - July 9, 6:00pm-8:00pm

Desired Outcome:

- Objective: Master Copywriting.

Planned Tasks:

- Task 1: Do evening posts.
- Task 2: Watch TRW lessons.
- Task 3: Grow my power level.

Post-session Reflection

- Notes: Need a lot of power level.
-