

Abby Foreman

Media and Journalism, Advertising & Public Relations undergraduate student at the University of North Carolina at Chapel Hill.

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EXPERIENCE/VOLUNTEER WORK

Saint Mary's Summer Camp, Raleigh, NC—Lifeguard, Head Guard

July - August, 2021-2023

- Supervised swimming activities and ensured water safety
- Performed one water rescue and coordinated staff as Head Guard in 2022-2023

Joel Lane Museum House, Raleigh, NC — volunteer, intern

(2020-2023)

- Volunteer at The Joel Lane Historical Museum House, helping with preparation for tours, scanning, uploading, and sorting primary and secondary documents into an online database

North Carolina State Archives, Raleigh, NC- 2019

- My journal depicting my time during the COVID-19 pandemic was submitted and now resides in the NC archives

Summit Church College Program, Chapel Hill, NC —student leader

(2024-ongoing)

- Lead a biweekly discipleship group, facilitating discussions and guiding spiritual growth

Summit Church, Chapel Hill, NC — Guest Services Volunteer

(2023-ongoing)

City Project, Summit Church College Summer Program — summer of 2024

- Support raised \$5,500 to pursue a two-month discipleship and missional program with Summit College where I served locally, nationally, and internationally

EDUCATION

Saint Mary's High School, Raleigh, NC — 2019 to 2023

- Honor roll, Visual Art Prefect, Belles newspaper, National Honor Society President, National Spanish Honor Society, National Art Honor Society Vice President, Service League Club, Varsity Swim Captain

William and Mary National Institute of American History and Democracy Program, Virginia — 3 credit college class, received A-, 2019 summer course

University of North Carolina at Chapel Hill, Chapel Hill, NC— 2023–present

Major: Media and Journalism: Advertising and Public Relations, Minor: History

- Dean's list-fall 2023, spring 2024

SKILLS

Communication

Canva, Adobe Photoshop, Adobe Premiere Pro, Microsoft, Powerpoint

CPR, First-Aid, and Lifeguard Certifications

Working knowledge of Spanish

Figma

CSS and HTML coding

Proficient in writing in AP Stylebook format

Content management

Support raising

AWARDS/RECOGNITIONS

National Honor Society (Pres. 2022-23)
2021-23

Art Honor Society (VP 2023) 2021-23

AP Scholar Award 2022, 2023

Member of Beacon 2023

Dean's List: UNC-Chapel Hill 2023, 2024