

Video Make Up Assignment

(Missed Band Lesson Make-Up)



Step 1) Video record your own practice session (about 5 - 10 minutes of a regular home practice session). Please aim your camera in a way that I can see both your face AND hands (as much as possible). The recording should not necessarily be playing through each exercise once. If you are practicing, it is OK to go through the exercises, scales, or music multiple times to work on fine details to make it as best as possible. **Ideas of what to practice: Mrs. Kamp may assign specific exercises to practice OR give you a choice of what to play.**

Step 2) Send your video to Mrs. Kamp! Upload your video to your school Google Drive and share it with Mrs. Kamp! (kayla.kamp@muskegonorway.org). It is helpful if you change the title of your video file to include your FULL NAME and which Lesson you are making up.

Example Title: Susie Johnson - Lesson #2 Make Up Video

Step 3) Watch the video of your practice session & write down observations. While you watch / listen to your practice session, write down notes and observations about what you saw or heard yourself do. (Examples would be good habits you're creating, bad habits you may have, rhythm or pitch accuracy, etc.)

Video Reflection - Questions to Think About:

- What went well? What are your strengths?
- What still needs some practice?
- What will you do differently next time?
- What is your next goal?
- How will you achieve that goal?

Step 4) Write down your next practice goal. Using your observations from above, evaluate your current progress on techniques and skills and create a practice goal for yourself. Write it down and work towards this goal for your next Lesson!

Questions? Need help? Email Mrs. Kamp!