



<https://iskandarcenter.com/>

WHAT IS A COMPLEX HERNIA



A hernia occurs when an organ —such as the intestine or fatty tissue—pushes through an opening in the muscle layer of the abdominal wall. Hernias are more common in men. It is estimated that 25 percent of men and about 3 percent of women will develop a hernia at some point in their lifetime.

A hernia can become complex due to several reasons: large hernias (greater than 4 inches or 10 cm), recurrent hernias (hernias that came back after being previously repaired), and/or hernias with wound or mesh infections. Hernias can also be complicated due to their location, previous surgery, obesity, diabetes and other medical conditions. Each time a surgical attempt to close the opening in the lining of the abdominal wall location fails, the nature of the complexity and severity increases. The patient's surrounding tissues can become stretched or weakened, reducing the possibility of positive outcomes.

Many people with complex hernias believe they must live with the condition, being debilitated or facing a diminished quality of life. There is often a concern that life will never feel normal again. There can be a fear of:

A lessened quality of life

Morbidity

Limited mobility

Psychological well-being

Stress related to health and weight management

Greater degrees of body pain

Diminished social and physical functioning

Lessened sexual activity

Missed opportunities

Occupational and career limitations

Related health problems

Loss of pastimes and hobbies

We understand your worries.

Helping hernia patients regain an improved quality of life is our sole focus.

There is hope at The Iskandar Complex Hernia Center.

Company Description

The Iskandar Complex Hernia Center offers complex hernia surgery and advanced abdominal procedures with unparalleled compassion and renowned expertise, so you can enjoy a dramatically improved quality of life.

Contact Details

The Iskandar Complex Hernia Center

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Google Site: <https://sites.google.com/view/iskandarcenter>

Google Folder: https://drive.google.com/drive/folders/1mXYx-KlpX1XifPYNkU96s8Q-0h_Z6Kf5?usp=drive_open

Recommended Resources

<https://mgyb.co/s/8U99S>
<https://mgyb.co/s/4G2OS>
<https://mgyb.co/s/nt6yq>
<https://mgyb.co/s/AReUs>
<https://mgyb.co/s/ln1UL>
<https://mgyb.co/s/GUzQQ>
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Recommended Profiles

<https://www.facebook.com/complexhernia>
<https://www.linkedin.com/company/the-iskandar-complex-hernia-center/>
<https://www.youtube.com/channel/UCrcJQ9n1Gb5b9rwYrFHMGPQ>

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