



Hello Southeast Enterprises Family!

Electrical Safety!

Click the orange “electrical safety!” button to learn about important safety traits to be successful at work and life! Please start with the first video and watch the 4 videos in the playlist. They will go back to back with each other. Then when you are done click the link below to read energy safety tips!

https://www.bchydro.com/powersmart/residential/savings-and-rebates/everyday-electricity-saving-tips.html?WT.mc_id=rd_21tips

Jigsaw Puzzle!

Click the red “Jigsaw Puzzle” button to try out some interactive, free jigsaw puzzles to improve your problem solving skills and memory! Make them as easy or hard as you want. Try to complete at least 1 a day!

Word Search!

Click the yellow “word search” button to try out some interactive, free Word Searches to improve thinking skills! Make them as easy or hard as you want. Try to complete at least 1 a day!

Memory Matching!

Put your memory skills to the test with this online match this picture memory game! Click the blue “Memory Matching” button to try it out!

Read Along!

Let’s work on our listening skills! Click the blue “Read Along!” button to experience an audiobook of your choice! Look at the available books or choose your own! Pick up where you have left off. Feel free to listen to as many chapters as you would like a day but you must complete at least one to get credit!

Get Fit Workout!

Karen has made some workout videos for us to get fit to! Choose one from the playlist to do. Click the green “Get Fit Workout” video to try them out! Thank you for keeping us in shape Karen!

Check-In!

Click the Purple “Check-In” button to let us know what you have done today! Please fill out the form to receive credit.

Take pictures as you go along with each activity and send them in. We would love to see all the fun and creative things you do with the items this week. Not only can they be fun, but they can help build up skills that can be and used not only at work but in everyday life.

Email them in to:

Sarah@southeastenterprises.org

Have fun and Enjoy!