

Directors Room (A) - Session 1

Title:

MVP toolkit for engaging with local community & cocreating with workforce

Co-design: How to make it happen

Facilitator: Georgie Watson & Karen Williams

Not able to attend the session today? Please share any questions or information here:

Record of the session (notes, photos, links to video, actions agreed, etc):

Example of personalised care plans Bristol, North Somerset and South Gloucestershire LMS by Rozzy

Held a codesign event, looked at content for PCP, people contributed ideas on paper at event



Karen Williams (Tameside): codesign an infographic on birth stats for the unit. Trust did their own and showed to MVP who wanted lots of changes and to co-produce from scratch.

Donna Butland (Somerset): make it relevant to Better Births, be accountable to Maternity Transformation Programme. Until trust realise they are wasting their time NOT reproducing nothing will change. Use Better Births work to start coproduction and once it's working look to other areas of work.

Georgie Watson (Kernow): there are time pressures but we are flexible. Kill with kindness. Work to maintain relationships. Find something staff need help with and give them answers.

CO-CREATE...

Think about involving us right at the beginning!



Relationships with Professionals are Key



Things are changing so quickly its easy to get left behind



We understand that there are time pressures, but we can be flexible.

Culture change is slow & messy!



Using themes for MVP meetings works well. Tameside chair does 2 minute vlog to let people know what's going on in the MVP.

Georgie: I take squeaky ducks to meetings and squeak them if anyone says something we don't understand like acronyms.

At my best card deck...



Different ways to communicate and think about their strengths and what they are good at.

Co-creating Welfare website has good resources. Lego, fishbowl etc.

CO-CREATE

The Challenges

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Self-awareness
Emotional Intelligence
UnConscious Bias

We are translators not public representatives



Know your Values
+ Stick with it!



Finished poster (with input from children at the bottom 😊). Writing reads 'Know your values and stick with them!'