



Welcome to the 2025/26 Bowling Season!!!

Hi, my name is Jenny Nichol. As the president of the Peace Area Youth 5 Pin Council, I would like to take a moment to welcome all returning and new bowlers to a brand-new season! Myself, the board and all the coaches are looking forward to a great season with all the kids! We have a lot of exciting opportunities for our YBC program and are working on growing our participants as well as our competitions.

You will find A LOT of **IMPORTANT** information in the pages to follow! So please, take some time to read through it, mark any pages you feel may be useful and keep the board contact information handy for any questions, suggestions, communication, etc.!

Please make sure to fill out the PAY5PC sheets legibly and hand them back in or fill them out online! This paperwork also includes a FOIP consent form. Please read it carefully and hand it in along with your contact details. If you have more than one contact person, please fill in the secondary contact person information. All information is input into our email system, to avoid mistakes, please make sure all information is legible.

Formats & Definitions:

POA, Pins Over Average, means that you try to beat your established average. Example would be:

Sue has a league average of 142

In her first game, she bowls a 180 (+38 pts over)

Her second game is a 124 (-18 pts below)

Her third game is 160 (+18 pts over)

After 3 games she is +38 pts over her average.

Scratch is the highest total score wins. Example would be:

Bob finishes a game with 201

Sue finishes a game against Bob with a 202, Sue wins the game.

Handicap - is a percentage of the difference and added to your score. Example:

The tournament is giving 80% of 275. The average is 150.

Equation is: $275 - 150 = 125$ multiplied by $80\% = 100$.

In a game I bowl a 250, then I would add 100 (80%) and my final score is 350.

Match Play - is when 1 player vs 1 other player.



Communications

Communication between the board and parents is KEY to a successful season! Going into our second year with this council, we have had some feedback on communication issues. As a board, we will strive to ensure information is being passed on in a timely manner whenever possible. There are several ways that we use to communicate with our membership and are always open to having conversations with parents/bowlers at the lanes. Below are all of our communication channels we have.

WEBSITE: This has EVERYTHING on it!! Please look at www.pay5pc.com

- ☐ A list of tournaments - sign ups
- ☐ A list of Coaches
- ☐ Fundraising
- ☐ Newsletter
- ☐ Sponsors/opportunities
- ☐ Much more!!

Bulletin Board: Located on the back wall at HJ's, we will post upcoming tournaments and fundraisers along with any other important information. Please take a moment when arriving for the league to keep up to date!

Newsletter: There is a monthly newsletter that is **emailed** out to all parents. It has an Important Date section as well as accomplishments of our participants, pictures from bowling events, etc. so keep an eye out for that!

Facebook: Information, upcoming events and deadlines, as well as pictures, will be posted on our Peace Area Youth 5 Pin Council page. To help stay informed, please follow us at: <https://www.facebook.com/share/1LCuaVMGS8/?mibextid=wwXlfr>

Email: There will be a welcome email sent out on Sept. 29/25. If you do NOT receive this email, check your spam email folder or contact Madison Richards or Jen Nichol to verify correct information has been submitted. If you have any questions, you can email info@pay5pc.com as well.

Announcements: Trish & Gerald do announcements before league begins every Saturday. Please be respectful and quiet while these announcements are being made as it can be difficult to hear them. Often there will be sign up sheets on the front counter.

Please make sure you check it out and bookmark pay5pc.com



24 HOUR RULE

The 24-hour rule is a concept that many sports throughout Canada have adopted in an effort to reduce the impact of an emotional conversation between a parent/guardian and a coach, team official, or Judge of Play following a game or practice, especially in the presence of a player or players.

As parents/guardians, we will not always agree with a coach's decision. Coaches too make mistakes and are developing daily just as the players are. However, it is important to recognize that a coach's role is to make decisions for the team first and player second. Often, we tend to recognize our coaching staff's decisions through our players first and team second. Also, we need to understand that most players are not aware of any problems until we, as parents/guardians, bring them to their attention.

Briefly, this means that parents/guardians are not allowed to confront a coach, team official, or judge of play to discuss any "negative" game or practice situation with the coaching and management staff until at least 24 hours has passed from the completion of the game or practice. After 24 hours have elapsed, the parent/guardian may address their concern with the Coach or Manager.

AT NO TIME will a parent/guardian EVER confront a Judge of Play. If a parent/guardian has a fundamental issue with how a game was officiated, the parent/guardian will channel said concerns through the Coach or Manager.

If the parent/guardian feels the issue of concern remains and has not been appropriately addressed, the parent/guardian may submit a **formal complaint** to the board through our website: www.pay5pc.com or contacting the President at president@pay5pc.com

If a parent/guardian violates the 24-Hour Rule, this will be viewed as a violation of the Parent Code of Conduct, and the Coach may file a **formal complaint**.



Fundraising

There is fundraising that is mandatory for all participants in the YBC program for Bowl AB as well as fundraising through PAY5PC.

Chocolate Sales: This is a fundraiser for **Bowl Canada**. Every bowler is expected to sell a minimum of 2 cases of chocolates. Trish & Gerald preorder these and they can be picked up at the alley when they come in. The cost for a case of chocolates is \$150 that you will **need to pay for upfront**. Once you sell the case, you keep the money from the sales and therefore receive your initial payment back. If you are unable to afford the upfront payment, please have a conversation with Trish & Gerald to see if an arrangement can be made.

There is a draw that participants can enter for selling the chocolates. All sales are tracked and anyone that sells a minimum of 2 cases will be entered into these draws through Bowl Canada.

Battery Drive: This is a year-round fundraiser for PAY5PC. We collect car, boat, RV, etc. batteries and store them. Once we have a decent number of batteries collected, we will take them in to be recycled. This was a huge success last year and helped to cover a lot of the start up costs and year end awards!

Hafner Classic Raffle - October: There will be a silent auction table set up from the Monday before the tournament until the Sunday of the tournament. **Every bowler will be asked to bring in a themed based item for their division worth \$10-15.** With all board members also contributing to a basket, this has proven to be a very successful fundraiser that we intend to do every year!!

Online Store – Oct/November: The store did not do well last year, but we are hoping that will be a different story this year with the possible addition of some new items. Available were t-shirts, hoodies and towels last year. These items make great Christmas gifts, and the best part is, it is ALL online ordering! You can share the store on FaceBook or in emails and even text! It's a great way to show support for our youth program!!

Europa Meats Sale February: This is a simple fundraiser and Europa has been fantastic to work with!! Order sheets will be emailed out and available to pick up at the lanes. They will have what items are available to order with total cost on them (GST is included in prices). Order forms need to be turned into Jen Nichol along with cash (e-transfer is also an option). The orders are placed as they come in, once Europa has the order ready, usually no longer than a week, the customer or the bowler can pick up the order.

PAY5PC uses the money to pay for shirts, tournament fees (if needed) and year-end expenses (food & trophies). There may be financial assistance available for hotel/fuel costs. **If you know anyone that would be interested in being a sponsor, please let us know!**



Others may be added throughout the year, please check the website, your email and the newsletter for most updated information!

Competitions

There are 2 different in league competitions, so make sure you are participating in league or at least pre bowling if you can't make it.

All tournament dates can be found on the website.

POA Match Play is not something that you need to sign up for. Every bowler is automatically entered into, and points will begin to be awarded in the first weekend of October. Results will be posted on a regular basis.

Youth Regional Challenge is focused on scratch scores but will include all bowlers as well. Last year it was Dawson Creek and GP in this competition. This year we are happy to announce that Prince George as well as Lloydminster will be joining this season!

We hope to be able to hold a Youth Intercity tournament soon. Updates will be announced on this.

Bowl AB tournaments: As it stands right now, all zone rounds are played in St. Albert/Edmonton area. We hope to help other alleys in the Peace Area get sanctioned and to be able to bring our North zone back, so we don't have to travel as far for zone rounds. These tournaments do have spots that need to be bought and deadlines for sign ups that need to be met. As these dates come out they will be communicated to everyone, so please stay tuned!!

Scholarship tournament: Held in Edmonton at the end of September. HIGHLY recommend all Bantam, Jr and Sr bowlers attend!!

Master/Youth: These are always fun tournaments to go to! The first one will be in Calgary at Paradise Lanes at the end of Oct. There are 3 shifts available to play. Teams consist of 2 youth bowlers (8+) and a Master bowler. Teams can change each shift and the top 12 teams won cash last year. Cost for this is \$50/bowler/shift.

Master/Youth in Red Deer beginning of March. This is a Bantam, Jr, Sr and Master bowler (same sex) bowling together. One per gender division is allowed per shift but if there is enough interest for more than 2 teams we can request to have more enter. If we can have teams decided by mid February this allows ample time to finalize what teams would be allowed to go. This also has 3 shifts.

Costs: All costs are based on 2025/26 season until we have an updated price list. These prices may change. The Master/Youth tournaments have entry fees. We try to find sponsors to cover these costs, but it could cost \$50/person/shift.



Bowl AB tournament fees are usually covered by HJ's or PAY5PC. Depending on fundraising, PAY5 can not always pay these fees. If you know someone that would like to sponsor these costs, please let one of our board members know.

All travel expenses are solely the responsibility of the participants. If time allows, we do try to book group rates with hotels to save some money. If able, PAY5 will try to coordinate a group supper that helps reduce the cost of at least one meal.

Parent Committee

There has been some interest expressed in creating a parent committee. This is something that would help alleviate some of the work from our board members. This committee will be made up of ANY parent of a YBC bowler, no matter what division. This committee will NOT be a formal council and will hold no authority to make decisions or have access to the bank account.

This parent committee, being new this year, will help bridge the gap between the board and the members. The parent committee will be responsible for, but not limited to, the list below:

- Collect ideas, suggestions, etc. to be presented to the board
- Help track and award achievement badges/stars
- Acquire quotes
- Help encourage fundraising
- Help collect & build fundraising baskets, etc.
- Locate central hotels for tournaments with alleys being used
- Identify areas that we could improve Dino & Peewee inclusiveness

If a board member is not available when the parent committee meets, one parent member may be invited to the next board meeting to present what was discussed or asked to email meeting minutes, suggestions, etc. to the secretary to be added to the agenda.

Coaches

All of our coaches have completed, at a minimum, the Community Coaching clinic. All coaches need to have a criminal record check with vulnerable sector check turned in once a year. These checks are required by Bowl AB as well as Alberta 5 Pin, until they have been received, a coach will not be permitted to coach any tournaments.

A quick explanation, there are two levels of coaching available. Community Coach (level 1) enables a person to coach in most tournaments up to the provincial level with the exception of Youth Challenge. Competitive Coach (level 2) is needed for Youth Challenge and at a National level.



Please keep in mind that all coaches are VOLUNTEERS and are giving their time and energy to help your child/children. With that being said, if you do not agree with a certain technique or lesson your child is being taught, please approach the coach and ask for an explanation of the drill/lesson. Open honest communication is **key** to a successful season and to help your athlete improve. Please be civil and courteous as finding volunteers is difficult and we would like to retain the coaches that we do have!

If you are unable to resolve an issue by speaking with the coach, please wait 24 hours and then email info@pay5pc.com with your concerns. We will try to mediate and help resolve the issue any way we can to help everyone have an enjoyable season.

The Board

Jen Nichol President/Web Master	president@pay5pc.com	780-897-1082
Scott Pohl Vice President	vicepresident@pay5pc.com	587-202-7500
Melinda Hamilton Treasurer/Secretary	treasurer@pay5pc.com	587-343-5525
Craig Nichol Fundraising coordinator	fundraising@pay5pc.com	780-518-3989
Denny Fletcher Communications	communications@pay5pc.com	780-512-6852
Steve Petricevic Regional Director	regionaldirector@pay5pc.com	780-380-4724
Thomas Tomkins Alley Director	alleydirector@pay5pc.com	780-605-1395

If you have any questions or concerns, please **ensure that you are speaking with, emailing or texting with one of our board members!** We appreciate our volunteers and coaches, but they do **NOT** represent the board and are not able to change teams, guarantee requests, etc. To avoid confusion, frustration or disappointment, any of the 7 board members listed above will be more than happy to address any issues you may have. **IF that member does NOT know the answer, they will bring the question to the president and the rest of the board.**

Financial Assistance



We are currently discussing financial assistance options. One of our main goals is to keep bowling an affordable sport while encouraging participation in league and tournaments. As we stand right now, our athletes have to travel for zone competitions and costs add up quickly. Bowling registration is very reasonable, but we do understand that even this cost adds up quickly.

We are looking at possibly helping with hotel/fuel costs for families that would otherwise not be able to attend these tournaments and would miss out on these unique experiences. Along with researching grants, our fundraising events are where our money is made, so parent participation is huge!

Registration

Registration for PAY5PC is necessary to relay important information and upcoming dates and events. PAY5PC registration can be done online through our website pay5pc.com or you can fill in the paper copy below.

PAY5PC Registration			
Please print legibly			
	Bowler	Contact 1	Contact 2
First Name			
Last Name			
Division			
Phone			
Email			
DOB			
Does your child have any special considerations the coaches may need to know in order to help your child?			



Is your bowler interested in tournaments, highlight/circle all that apply:

POA

Scratch

None

Many tournaments require travel. Travel expenses are the responsibility of the bowler/parents

Tournaments can/will be held anywhere from St. Albert to Medicine Hat. Once all schedules are out we will update our tournaments lists and hopefully be able to have locations there as well.

We do understand the frustration that comes with last minute tournaments and trying to plan hotels, travel, finances, etc.! Occasionally it can happen that we have one athlete that has to back out at the last minute or we are informed of a tournament with very little notice ourselves. We hope that you can be patient and understanding in these situations as they are not ideal for anyone and we are doing the best we can.



Peace Area Youth 5 Pin

Player Code of Conduct

ALL players are REQUIRED to **READ**, sign and return this code of conduct no later than the 2nd Saturday of league.

- I will **not** have **unrealistic expectations**. I will remember that we are **not** professionals and cannot be judged by professional standards.
- I will **respect** the official's decisions and will not communicate with them directly, as per C5 rules, and I will encourage my team mates to do the same.
- I will **not** **question** the official's judgment or honesty in public.
- I will **encourage** my team mates to play by the rules and to resolve conflicts without resorting to hostility or violence.
- I will exhibit **good sportsmanship** & lane etiquette at practice, league and tournaments.



- I will **never ridicule, shame, yell** or **swear** at my teammates, opponents, coaches or officials for making a mistake. I will **support all efforts** to remove verbal, mental and physical abuse from sporting activities.
- I will **applaud** other players' performances on both teams.
- I will **direct my attention** to the game/practice at hand and will not have any electronic devices distracting me.
- I will **represent & respect** my house, team, city and zone to the best of my ability.
- I will not **consume alcohol, vape** or **smoke** on, or near the vicinity of other players.
- I will not use **bad language**, nor will I harass my teammates, opponents, coaches, officials or spectators.
- I will be **knowledgeable** of the rules and regulations.
- I will **respect the rights** of other players, coaches, fans & officials.
- I will be **responsible** for my own behavior, equipment, etc.
- I will **dress appropriately** for YBC League & any competition I may be participating in.
- I will have **respect for all** the facilities and equipment used in the sport.
- I will **ask questions** for better understanding from the coach in a respectful manner.



- I will be **KIND** to myself and others.

- I **respect** the fact that lane time is precious to ALL bowlers and needs to be used to **not only** improve my bowling, but other players as well.

- I will **respect** the coaches' time, effort and their knowledge to correct and help improve my bowling.

Bowler Name	Date
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Parent Name	Date
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All signed Code of Conduct forms can be given or sent to Jen.

Email: president@pay5pc.com



Peace Area Youth 5 Pin Parent Code of Conduct

ALL parents are REQUIRED to **READ**, sign and return this code of conduct no later than the 2nd Saturday of league.

If children are to grow and develop in their sport or physical activity, an environment of **positive** communication and respect must exist. Parents should observe the following Code of Conduct with their child athletes.

- I will **remember** that my child plays sport for his or her enjoyment, not for mine.
- I will **encourage** my child to play by the rules and to resolve conflicts without resorting to hostility or violence. I will **support** all efforts to remove verbal, mental and physical abuse from children's sporting activities.
- I will **encourage** my child to respect the rights of other players, coaches, fans & officials.
- I will **teach** my child that doing one's best is as important as winning, so that my child will never feel defeated by the outcome of a game/event.



- I will **make my child feel** like a winner every time by offering praise for competing fairly and trying hard.
- I will **never ridicule, shame or yell** at my child for making a mistake or losing a competition.
- I will remember that children **learn best by example**. I will applaud good players' performances on both my child's team and their opponents.
- I will **never question** the official's judgment or honesty in public.
- I will **respect** and show **appreciation** for the trained volunteer coaches who give their time to provide sport activities for my child, understanding that I have a responsibility to be part of my child's development.
- I will **respect** the coach and **refrain** from coaching my child or other players during games and practices, unless I am one of the official coaches of the team.
- I will **educate & encourage** my child to treat other players, coaches, officials, & spectators with respect regardless of race, creed, color, sex or ability.
- I will **demand** an environment for my child that is free from drugs, tobacco and alcohol, and I will refrain from their use when children are around.
- I will have **respect** for all the facilities and equipment used in sport.
- I will **support** the Board in their decisions. Under no circumstances will I try to change a team or coaching staff without an open discussion with the Board before an event.
- I **understand** that fundraising will be done throughout the year and will help & support all efforts when possible. I **understand** all funds raised go towards helping build, not only my child's skills, but to help grow youth 5 pin bowling in our region.



Bowler Name	Date
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Parent Name	Date
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All signed Code of Conduct forms can be given or sent to Jen.

Email: president@pay5pc.com

FOIP CONSENT

Consent to Post or Publish Bowler Information

The Peace Area Youth 5 Pin Council and its affiliates is requesting your permission to use your child's personal information (i.e., photograph, average and/or name, etc.) in public venues, on the Internet, or in publications where the general public may have access to the information in order to communicate with parents, the community and the general public.

By signing this form, you are agreeing that your child's personal information may be used in the following ways by the council and bowling alley. Examples include, but are not limited to:

- video recordings;
- displays;
- posting pictures, videos, podcasts or presentations online;
- external publications such as brochures, program booklets, or newsletters; and
- accessing and posting information to public websites or social media applications (e.g., Facebook, Picasa, Flickr, YouTube, Twitter and other emerging technologies).



There may also be occasions where photos or videos are taken of the bowlers by media or staff, for publication, where students are not identified by name, such as: photographs or videos of bowlers at a tournament, taking part in a fundraiser, etc.

Print Child's Name: _____

Signature: _____

Date: _____

Guardian Signature: _____