## AGOGE NEW IDENTITY TEMPLATE

Ideal Version of Yourself 3-6 Months From Now

Power Phrases (2-3)
<ul> <li>I am Vojtěch Bobek and I always win.</li> <li>I am invincible, nothing can hurt me.</li> <li>I am always going full force, foot on the gas, all thrusters blowing.</li> </ul>
Core Values (2-3)
<ul><li>□ Bravery</li><li>□ Abundance</li><li>□ Relentlesness</li></ul>
Daily Non-Negotiables (2-3)
<ul> <li>□ Daily checklist</li> <li>□ Penef client work</li> <li>□ X + IG + TikTok checklist</li> <li>□ Daily affirmations + metaphors that make you memorable</li> </ul>
Goals Achieved
<ul> <li>□ Earning \$5K a month</li> <li>□ Is registered as an entrepreneur, because he showed his dad that he can ace school, be a social god, date beautiful girls and conquer in business</li> <li>□ Has a following of 5k people on X</li> <li>☑ Has an amazing instagram profile, with high-quality photos, that draws people in</li> <li>□ Is always posting multiple angles of his life, yet remains mysterious</li> <li>□ Has multiple social circles full of high value men and beautiful feminine women</li> </ul>
☐ He effortlessly sleeps with beautiful women, has crazy, fun nights out as a reward

have to worry  He's gamed al  He's successfu	to help Penef scale and made them massively successful. Now they never about not having deals again. I the cute girls in his class so they fight over who does him a favor a different man during the AGOGE program super crushing it.  his back pain and moves smoothly.
Rewards E	arned
<ul> <li>□ A new phone -</li> <li>□ Golden Vacier</li> <li>□ Macbook</li> <li>□ Airpods</li> <li>□ My own car</li> </ul>	
☐ He loves life, h☐ He flows, his e☐ He's always so☐ He moves slov☐ He has that irr	wly and takes his time, the world happens FOR him esistible spark in his eyes, it's like a light shining through his skin
☐ He kills it at w cigars, but tha	s his things in order, he never slacks. ork, school, dating life, social life - WHO IS THIS MAN? He only smokes t's okay. nergized, I've never seen him tired I wonder what this guy smokes. Wish
☐ He's so intense☐ He listens to h	e, yet careless. I love his energy. I want more of it. high energy music only - UK drill, Lil Baby, etc. o himself of the rewards. He rewards himself when he knows that he's
fulfill his masc	sses right for the occasion, I love the way his clothes fit him. He has such

$\hfill \square$ He never talks about negative things, when others talk shit to him, he always laughs it
off, ignores them and keeps killing it.
☐ He's a savage. He doesn't stop and always gets it. How does he do it?
$\ \square$ He's calm, cool and confident. He always keeps his class. But he never takes shit from
people and doesn't fear standing up for himself.
☐ He's assertive. He never reacts, he only responds.
☐ He wears chinos and pants that fit him.
☐ He walks calmly and confidently. He takes his time.
☐ He's such a professional. He dominates everything.

## Day In The Life

Make it as vivid as possible. What does he FEEL like as he goes through each part of his day? Add images vision board style. Use the first person and present tense, i.e. "I walk through the streets..."

I get up at 4:30 am. I make my bed, I say a short gratitude prayer to God. I dress up and go to the bathroom to brush my teeth, wash my face, clean my eyes, comb my hair and spray some cologne on me. Then I go back to my room where I read this paper, the daily affirmations and the metaphors that make you memorable. Then I go to the kitchen, make myself a shot of espresso macchiato and eat a cup of greek yogurt. As I'm eating the yogurt, I check my plans for today, and make sure that they match the goals I read about here. Then I go to my room and I feel immensely happy, because conquest awaits. I create 2 posts for Facebook for my client, schedule tweets for the day, and get other work done - this is my G work session for the day.

Then I have another shot of espresso macchiato as a reward and eat instant oatmeal to fuel me during the morning. I feel pride and my inner flame is burning like wildfire. I am a professional that gets it done. I always deliver. Then I take my daily dose of creatine, pack my stuff and leave the house.

I walk to the bus stop, calmly and confidently, with the abundance mindset.

I work while I'm waiting for the bus, then I get on the bus, I work/study on the bus. Then I get off the bus, play myself a song of my choice as a reward for the work I got during the morning as I walk to school. I feel like a king.

I put my things into the locker, take my backpack/gym bag and walk to my class. There I greet the people, chit chat and get some work done (replies, etc.). I pay attention in classes and take notes, so that I don't have to study at home. I'm perspicacious, I write down the dates of the exams and I also preplan a study session when I enter the exam in my calendar. I only feel focus, and dedication to absorb the knowledge right here, so that I can focus on work during my personal time.

During the breaks and classes I chit chat with my classmates (mostly girls and my two friends, build up the relationships and social status + flirt a bit). I smirk as they become more attracted to me, enjoy the companionship of my two long-term friends and showcase god-like social skills.

After school's done, I eat my lunch or I eat my lunch during the break and finish school work/study at school. I feel happiness, because yet another challenge is coming my way.

Then I go to the gym. I go all in during my workouts, bringing myself to my limits with each additional rep and crushing my fitness goals. I cold approach new people, both men and cute girls, I make friends, dates, wing girls - you name it.

After my workout, I take a shower, dress up, put a cologne on + comb my hair and go to the bus stop. I am proud of the work I got done at the gym, and am ready to dive into the simple tasks that await me. I get work/studying done on the bus. I feel focused, energized and fulfilled,

I come home, eat a giant nutritious meal to hit my macros for the day, unpack and go to my room. I work there, watch the power up call, etc. I destroy each task at hand, my focus is like a laser beam of doom.

Then, when my work is done - I go talk with my sis/parents or I go out for dinner/talk with a friend/date (on the weekends). I get back home. I take a shower, OODA loop, and then hit the

hay at 8:30pm.



Ask yourself throughout the day:

WHAT WOULD HE DO RIGHT NOW? And then just do it.