



California Occupational Therapy Fieldwork Council

Site Specific Weekly Objectives

Outpatient Hand Therapy

Grossmont College OTA Program Level II Fieldwork (10 weeks full-time)

| Week | Objectives |
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| 1 | <ul style="list-style-type: none"> ● Introduction to fieldwork educators and organizational structure ● Receive orientation of facility and overview of clinical services ● Become familiar with schedule and clinic flow ● Begin to review policy and procedure manuals (confidentiality, safety, HIPAA, etc.) ● Review patients' charts ● Participate in structured clinical observation ● Review hand anatomy ● Measure and document AROM/ PROM/MMT with the FWE ● |
| 2 | <ul style="list-style-type: none"> ● Build rapport with <u>2</u> clients (and caregivers) during session with direct supervision ● Assist with adjunctive/preparatory interventions (PAMs, therapeutic exercises) ● Review documentation and billing procedures ● Write <u>2</u> notes on clients observed with input from fieldwork educator-obtain documentation "cheat sheet" or template if available ● Participate in supervisory meeting the fieldwork educator, complete Progress Review form with input from fieldwork educator, submits on Canvas ● |
| 3 | <ul style="list-style-type: none"> ● Provide preparatory interventions with guidance from FEW on <u>3</u> clients ● Observe PAMs and gain understanding for rationale for each with education from FWE ● Begin treatment planning for familiar clients for next treatment with input from FWE ● Write <u>3</u> notes on clients observed with feedback from fieldwork educator ● Homework: research conditions seen thus far, locate an occupation-based intervention (from GC Library databases) via current evidence for one condition and share with FWE ● |
| 4 | <ul style="list-style-type: none"> ● Engage with <u>4</u> clients and caregivers gathering relevant information on client's occupations of ADL's and IADL's ● Suggest and possibly implement 1-2 treatment strategies with each patient ● Write <u>4</u> notes on clients observed with less input from fieldwork educator ● Continue treatment planning for increased caseload ● Provide training on HEP to client/caregivers with supervision (minimal corrections) ● Safe with all medical interventions/precautions with cues ● Recognize and respond with empathy to psychosocial affects from hand conditions seen ● Complete midterm self-evaluation and share with FWE by email before Monday ● Participate in supervisory meeting the fieldwork educator, complete Progress Review form with input from fieldwork educator, submits on Canvas ● |
| 5 | <ul style="list-style-type: none"> ● Treatment plan & provide treatment for <u>5</u> clients with input from FWE ● Accurately describe clinical reasoning to client/caregiver(s) during sessions ● Provide psychosocial support and encouragement as indicated throughout sessions ● Complete documentation on caseload with feedback from FWE ● Meet with FWE and receive midterm evaluation, obtain copy and submit on Canvas ● |

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| 6 | <ul style="list-style-type: none"> ● Identify possible Occupation-Based project (see instructions on Canvas) get approval from FWE then share with Fieldwork Coordinator ● Treatment plan & provide treatment for <u>6</u> clients with feedback from FWE ● Complete documentation on caseload with less corrections from FWE ● Participate in supervisory meeting the fieldwork educator, complete Progress Review form with input from fieldwork educator, submits on Canvas ● |
| 7 | <ul style="list-style-type: none"> ● Continue all tasks from above adding more complex conditions as able ● Add clients to caseload as census permits, complete documentation with less input from FWE ● Safe with all aspects of fieldwork independently ● Continue to address psychosocial needs as they arise, refer to support groups as indicated ● Schedule in-service for staff on occupation-based project ● Identify field trip available opportunities (observe PT, Speech, or other discipline, surgery, etc.) and schedule over remaining weeks ● |
| 8 | <ul style="list-style-type: none"> ● Continue all above ● Completes treatments within pre-established time frame (not over or under allotted time) ● Completes documentation in established time frame on all pts. ● Accepts feedback from supervisor and others and changes methods in response to feedback ● Seeks learning opportunities from supervisor and other staff as available ● Participate in supervisory meeting the fieldwork educator, complete Progress Review form with input from fieldwork educator, submits on Canvas ● |
| 9 | <ul style="list-style-type: none"> ● Continue all above ● Consistent communication with treatment team ● Ongoing learning opportunities with supervisor and rehab team ● States Frames of Reference used at site to supervisor ● Describes OT in layman's terms to pt, family during regular treatment sessions ● Demonstrates adequate time management ● Completes Final self-evaluation and shares with FWE prior to Monday and submits on Canvas ● |
| 10 | <ul style="list-style-type: none"> ● Begins termination process with ongoing pts and provides "Hand-off" to identified therapist ● Completes all documentation ● Obtains final evaluation from FWE, obtains copy via email & submits on Canvas ● Completes any site-specific projects as instructed ● Updates site's FWDF for this year with staff input ● |

Objectives approved by site date:

Objectives received by AFWC date: