



Course Information Sheet

Course Name: Fashion Design I

Instructional Material: Apparel: Design, Textiles, and Construction

First Semester:

| Week | Topic |
|---------|-----------------------------------|
| Week 1 | Introduction to Fashion Design |
| Week 2 | Elements and Principles of Design |
| Week 3 | Fashion Sketching & Croquis |
| Week 4 | Drawing Flats |
| Week 5 | Fabric & Textiles |
| Week 6 | Color Theory for Fashion |
| Week 7 | Introduction to Sewing |
| Week 8 | Basic Hand Sewing Stitches |
| Week 9 | Patterns & Draping |
| Week 10 | Simple Garment Construction |
| Week 11 | Fashion History: Part 1 |
| Week 12 | Fashion History: Part 2 |
| Week 13 | Sustainable Fashion |
| Week 14 | Mood Boards & Concept Development |
| Week 15 | Sourcing Materials |
| Week 16 | Beginner Draping |
| Week 17 | Digital Fashion Design. |
| Week 18 | First Semester Showcase |



Second Semester:

| Week | Topic |
|---------|-------------------------------------|
| Week 19 | Intermediate Sewing Techniques |
| Week 20 | Pattern Making: The Skirt Block |
| Week 21 | Pattern Making: Darts & Seams |
| Week 22 | Construction of a Skirt |
| Week 23 | Pattern Making: The Bodice Block |
| Week 24 | Construction of a Bodice |
| Week 25 | Intermediate Draping |
| Week 26 | Fitting & Alterations |
| Week 27 | Final Project Brainstorming |
| Week 28 | Final Project: Design & Sourcing |
| Week 29 | Final Project: Pattern Making |
| Week 30 | Final Project: Construction Phase |
| Week 31 | Final Project: Finishing & Details |
| Week 32 | Final Project: Critique & Revisions |
| Week 33 | Building a Professional Portfolio |
| Week 34 | Resume & Cover Letter Workshop |
| Week 35 | Preparing for a Fashion Show |
| Week 36 | Final Presentation & Showcase |