



Edmonton Scottish United Soccer Club

Scottish United Skill Center

The Scottish United Soccer Skill Centre aims to align with Canada Soccer Association and their grassroots standards. Scottish United's training methodology follows Canada Soccer's Long Term Player Development (LTPD) model, in which our primary focus is to develop the individual in an engaging and dynamic learning environment. Key principles include meaningful coach feedback, high contact time with the ball, and game-realistic training. Volunteer parents are supported in delivering the Scottish United curriculum and play a crucial role in the program's success. Our training methods emphasize developing the player's agility, balance, coordination, technical competency, and decision-making skills. Coaches guide and encourage players to problem-solve.

Skill Center Goals:

1. Keep more young players involved in soccer for longer by providing an enjoyable experience.
2. Produce a clear training curriculum creating the best possible environment for the players.
3. Increase opportunity, engagement, and age and stage appropriate training and competition for more young players to produce more skilled players.

Skill Center Principles:

- **Enjoyment:** Adults observing the game often forget that these players are children and that their main focus is having fun. Coaches' responsibilities are facilitating a training environment that fosters engagement and enjoyment with activities that help children develop holistically.
- **Accessibility:** Open registration at Scottish United's Skill Centre allows players to participate in high-quality programming with more consistent curriculum and standards.
- **Time on Task:** High contact time with the ball and maximum time-on-task. Players learn and develop their skills by owning the ball. Sessions will be game-realistic with a focus on skill development. Players will be afforded the opportunity to make decisions in a dynamic environment.

Program Dates & Locations:

- Program Start Date: April 7, 2025
- Program End Date: June 2
- 2 day program Mon/Wed 5:00-6:00 PM
- Festival Date: Spring Summer 2025 May 24th & June 14th
- Location: Edmonton Soccer Dome
- **Price: \$550.00**

Format:

The section outlines the game formats, rules, and team creation methods:

- U8/U9 Half & Half model:
 - 25 minutes training.
 - 25 mins 4v4 games with no goalkeeper.
- Small goals.
- Size 3 soccer balls.
- Goal kicks for U8/U9 are taken within 5 yards from the goal.
- Pass-ins or dribble-ins replace throw-ins for all age groups to encourage quicker and more successful restarts.
- Substitutions can occur on the fly.
- Coaches will manage the flow and actively engage in the game, moving around to assist players without disrupting the flow of the game.
- Balanced teams are created using chronological ages.

