

12 4.6: My Fit Factors

PHASE OVERVIEW

Pairs will work towards reviewing the mentee’s post-secondary options and analyzing the pros and cons of each option. Pairs will focus on financial aid and reading award letters to support the mentee in making a fiscally responsible decision. There are also opportunities for pairs to explore personal finances. The phase will culminate in the mentee choosing a post-secondary pathway for themselves.



LESSON OBJECTIVE

Students will review their fit factors and compare/contrast those of their top 3 post-secondary options.

PURPOSE

Deciding which post-secondary option to choose is both a momentous occasion and difficult decision for many students. It can be easy to get caught up in the excitement of acceptances and forget to think rationally about what to do after high school. This lesson gives students the opportunity to look back at the fit factors they value as they gear up to make their final post-secondary choice.

AGENDA

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| 5 min | <i>Do Now: Accessing The Fit Factor Guide</i> |
| 25 min | <i>Learn and Engage: My Fit Factors</i> |
| 10 min | <i>Mentor Connection</i> |



KEY TAKEAWAY

Reviewing my fit factors will help me organize my thoughts and compare my post-secondary options, so that I can figure out which one is the best fit for me.

FACILITATOR NOTES:

We are asking all students to engage with fit factors. Factors such as location, size, diversity, and finances apply to all pathways. Pages 1 & 2 of the guide are for students comparing college options. Pages 3 & 4 are for students considering pro-pathways. We recommend that you put the Fit Factor Guide on Google Classroom or another digital space for students to access.

MATERIAL: 12.4.6 Presentation, Fit Factors for Senior Year

Do Now: Students will access their senior year fit factor guide.		Notes:
Slide 2: 5 min	TALKING POINTS Please access and open your “Fit Factors for Senior Year Guide.”	

Learn and Engage: Students will review their fit factors and research fit factors for their top three post-secondary options.		Notes:
Slide 3: 1 min	<i>Have a student read the key takeaway:</i> Reviewing my fit factors will help me organize my thoughts and compare my post-secondary options, so that I can figure out which one is the best fit for me.	
Slide 4: 4 min	TALKING POINTS Many of you are trying to decide what is the best path for you next year. Even though you should consider how your decision will affect the people you care about, this is ultimately about making the best decision for you. You are the one that has to live with your choice. You are the one who will go to that school, do that job, or participate in that gap year program. So, you should feel comfortable with your own decision. Whether you’re planning to go straight to a 2- or 4-year college or considering other pathways, such as apprenticeships or gap year programs, it is important to compare your options using the fit factors that we used to build your post-secondary list. Before we compare your options, let’s review our fit factors. Can someone explain what we are referring to when we discuss a school/program’s size? How about location? Diversity? Academic fit? Student supports? Financial fit?	
Slide 5: 20 min	TALKING POINTS You will have the rest of class to work on fit factors. First, you will identify the top three post-secondary options you are considering. For each pathway, research each fit factor. You can easily do this through a google search. Write down your learnings so you can eventually compare and	

	contrast your top three options. Take this assignment seriously since it is your final chance to think through your options before you make your final decision.	
Slide 6: Mentor Connection	TALKING POINTS Your mentor is here to support you as you work towards making your final decision. Please begin your message to them.	



Mentor Connection

1. Share your high and low from this week with your mentor.

My high from this week was...

My low from this week was...

2. What are 3 reasons why your top option is a best fit for you? Be specific (look at your Fit Factors) and include the pros and cons.

The 3 reasons why my top option is the best fit for me are:

1. _____
2. _____
3. _____



Mentee Connection

Overview

Your mentee has been receiving decisions (and will continue to) from the colleges and post-secondary programs that they applied to. It is important for them to reevaluate which ones are best for them based on their personal fit factors. The time to make a decision on their post-secondary option will come soon.

Your Response

- 1. Share your high point and low point from the week.**
- 2. Ask your mentee which post-secondary option they are the most excited about.**