Your Guide to Working with a Careers Adviser

What is Careers Guidance

Finding the right career path can be difficult for school leavers. The average person has 12 jobs in their lifetime; some individuals will have more, and others may have less. Finding a career that suits an individual takes time and patience.

Career guidance is helping individuals make educational and employment choices based on understanding how to achieve their end goal.

Whether you have it all mapped out or not, career advice and guidance can help explain the options and spark other ideas. It is a confidential and nonjudgmental conversation.

Why is career guidance Important?

Chatting with a Career Adviser lets you evaluate your strengths and career aspirations. You can identify suitable career paths and understand which qualifications or standards must be met to progress and prepare you for the next stage of education, employment, or training.

Benefits of a Careers Interview

- increased motivation and self-confidence
- greater self-awareness
- identification of more achievable ambitions
- improved decision-making skills
- increased awareness of opportunities

Thinking about choosing a 'career' can feel like a huge decision and while some young people may know exactly which direction they want to take, many are still trying to find their vocation well into their 20s or even 30s.

Topics for discussion are endless; below are the main points often raised: -

Identifying your skills.
Exploring specific career paths.
Exploring options after year 11 or year 13
Work Experience
Apprenticeships
Degree Apprenticeships
Colleges/6th form colleges V School 6th Forms

Universities – what do they offer?
Understanding the job market.
Searching and applying for jobs
Developing your CV.
Applying for various training schemes.
I want to discuss my ideas with someone unconnected to my everyday life.

Careers Interview Preparation

It will help if you have some specific questions prepared before your career interview to guide the conversation and get the most out of your time.

Below are some ideas to help you. Please feel free to make notes and bring them to your interview.

- What career ideas do I already have?
- What qualifications and experience are required for the career I am interested in?
- What planning have I already done, if any?
- Have I explored all my options?
- Any specific questions about my career choices?

Careers Adviser

Mrs Johal

In school on -

Monday

Thursday

Where -

The Radio Station

