

CogniVerse Book Club 2024-25

April 23, 2024, [The Better Brain](#)

May 28, 2024, [Change Your Brain Everyday](#)

June 25, 2024, [Why We Sleep](#)

July 2, 2024, [Change Your Diet Change Your Mind](#)

August 27, 2024, [The Brain That Changes Itself](#)

September 24, 2024, [Your Brain On Art](#)

October 22, 2024, [Struck By Genius](#)

November 26, 2024, [The Menopause Brain](#)

December (No book club)

January 28, 2025, [Healthy Brain Happy Life](#)

February 25, 2025, [Dopamine Nation](#)

March 25, 2025, [Awe](#)

April 22, 2025, [The Optimism Bias](#)