



## NEKOWSA 2022

### Schedule of Swims

- [Kingdom Swim – July 23, 2022](#) – Our Flag Ship Swim – With a robust weekend, celebrating open water swimming in the Heart of the Kingdom in the Heart of Summer. We offer courses of varying distances including our 25 km Border Buster, 10 miles, 10 km, 5 km, and 1 mile. NO LANES – NO LINES – NO LIMITS.
  - 25 km - \$450
  - 10 Mile - \$275
  - 10 km - \$250
  - 5 km - \$225
  - 1 mile - \$100
  
- [Saturday Clubhous Swim Series](#) – 10, 6.5, 4, 3.3 and 2-mile courses. From The Clubhous out to and around the islands of Derby Bay on Lake Memphremagog. Offered most every Saturday morning from the middle of June, through July, August and the beginning of September with the following choice of distances:
  - 2 miles - \$50
  - 3.3 miles - \$75
  - 4 miles - \$100
  - 6.5 miles - \$125
  - 10 miles - \$150

On the following Saturdays:

- Saturday, June 25, 2022
- Saturday, July 2, 2022
- Saturday, July 9, 2022
- Saturday, July 16, 2022
- Saturday, July 30, 2022
- Saturday, August 20, 2022
- Saturday, August 27, 2022

- Saturday, September 3, 2022
  - Saturday, September 10, 2022
- [NEK Swim Week – August 6 – August 14, 2022](#) - 8 lakes over the course of 9 days – 46 miles. Swim one. Swim them all. Laid Back - Magical - Restorative - Summer at its best.
    - Crystal Lake – August 6, 2022 – 5 miles - \$150
    - Island Pond – August 7, 2022 – 4 miles - \$100
    - Lac Massawippi – August 8, 2022 – 9 miles - \$275
    - Lake Seymour – August 9, 2022 – 6.2 miles - \$175
    - Echo Lake – August 10, 2022 – 7 miles - \$175
    - Clubhous Swim – August 11, 2022 – 6.5 miles – \$150
    - Willoughby – August 13, 2022
      - One Way – 5 miles - \$200
      - Two Ways – 10 miles - \$350
    - Caspian – August 14, 2022 – 3 miles - \$125
    - Swim them ALL: \$950
  - [In Search of Memphre](#) – Our epic, 25-mile, international swim between Newport, VT and Magog, QC. This year we are offering seven three-day windows throughout July, August, and September (we pick the best day of the three to swim) with room for 1 to 3 swimmers in each window. Each swimmer is supported by a motorboat and pilot. We swim to support a more open border with our Canadian friends and to seek our swimmer friendly and elusive lake creature, Memphre Total Fee: \$2,650, with \$500 due within 2 weeks of registration and the remainder due on or before March 1, 2022/ If you need us to provide your crew, there is an extra charge of \$600
    - July 6-8, 2022 – Our first three-day window
    - July 12-14, 2022 – Our second three-day window.
    - July 26-28, 2022 – Our third three-day window
    - August 1-3, 2022 – Our fourth three-day window
    - August 23–25, 2022 – Our fifth three-day window.
    - August 30 - September 1, 2022 – Our sixth three-day window
    - September 5 to 7, 2022 – Our seventh three-day window
    - September 12-14, 2022 – Our eighth three-day window



